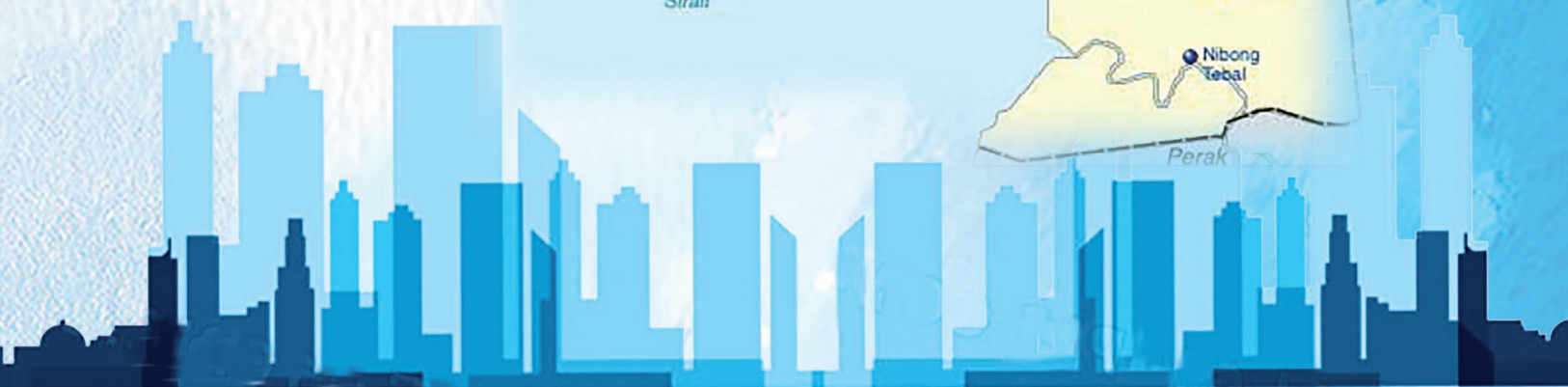




# Penang Family Health Development Association 槟州家庭健康发展协会

## PENYATA TAHUNAN 2023 63rd Annual Report



# PERSATUAN PERKEMBANGAN KESIHATAN KELUARGA PULAU PINANG

## Penang Family Health Development Association

### 槟州家庭健康发展协会

**(Winner of Tun Dr Siti Hasmah Award, 2012)**

The Penang Family Health Development Association (FHDA) is an NGO established in 1961 formerly known as Family Planning Association. We are a not-for-profit registered society with tax-exempt status for donors. FHDA is a partner organization of the Malaysian AIDS Council. Our NGO is a member association of the Federation of Reproductive Health Associations, Malaysia (FRHAM), which is an affiliate of the International Planned Parenthood Federation (IPPF).

We won the Tun Dr Siti Hasmah Award in 2012 for community work on AIDS. This award is presented by the Malaysian AIDS Foundation. In 2016, the then Deputy Minister of Health launched NGO-based Community Based HIV testing & counseling in collaboration for with Jabatan Kesihatan Negeri at FHDA, establishing referral / continuum of care at various Klinik Kesihatan.

**Vision:** To be a leading NGO in the field of sexual and reproductive health and rights  
**Mission:** A caring and effective NGO in community health  
**Motto:** My Body, My Responsibility

#### **Clinical (Integrated Package of Essential Services aka IPES)**

Services for all people - Hormone replacement therapy, wellness checks, family planning, pre and post HIV prophylaxis, women's health screening – blood hormone test, pap smear and ultrasound; men's health blood tests; vaccinations and STI/HIV rapid tests

#### **Mental Health & SRHR**

Counselling available - relationships, gender identity, sexuality, coping with adolescence, carers of special teenagers

#### **Advocacy**

Comprehensive sexuality education (CSE) for young people regarding family development, prevention of teen pregnancy, safe motherhood, and awareness of cyber sexual and gender based violence  
Provide contraception to all who need to prevent unwanted pregnancy.

#### **Outreach (Leave no one behind)**

Charity cash aid and supplies to children affected by HIV (MAY4Kids programme)  
Support for women living with HIV ("Me And You" – MAY Support service)  
"Safe motherhood and pre-pregnancy"- charity food supplies, vaccination subsidy and health screening for women at risk, needy refugees and marginalised migrants  
Health screening and referrals – MSM, TG, women at risk, refugees, needy migrant women  
SRH awareness education  
We welcome volunteers.

#### **Training**

Peer education training (SRH course)  
Single module – gender-based violence, pregnancy, contraception, menstrual cycle, breast-examination, breast cancer, breast feeding, safe sex & HIV/STI, LGBTIQ & SOGIE, support for carers coping with challenged special children

Health education packages for women's health  
Training of trainers  
Training of health service providers  
Training of community health workers  
We are CPD provider for MMA and MOH  
Certified HRDCorp trainer available

### **Young people**

Talks for schools, learning institutions, factory and business organization  
We welcome interns.

### **Aged care**

Charity home visits to vulnerable women at risk in the community.

### **Publications**

Bicara Komuniti manual (facilitators' guide)  
Guidelines for HIV testing (registered National Library barcode, 2011).  
Annual reports (visit our website: <https://www.penangfhda.org>)

### **Funding**

Project grants AND need donations/sponsors for our charity services.  
Online donation Maybank account number: MBB 5570 1800 0092.

### **Contact us:**

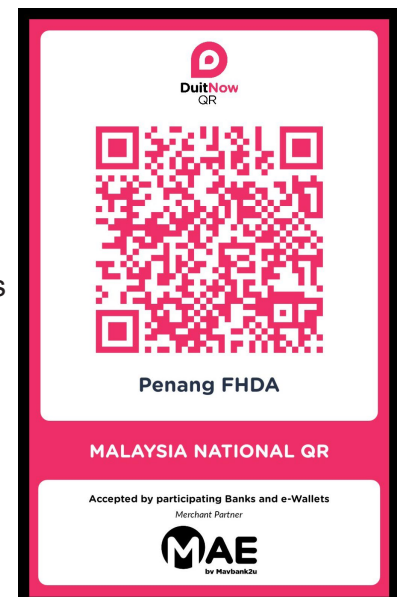
#### **FHDA Office (Tunku Ismail Jewa Centre)**

333 Jalan Perak  
11600 Jelutong, Penang, Malaysia.  
Tel. 6-04-2805594  
H/P: +6011-3660 0297 / +6016-4313144 (Whatsápp message for appointment)  
Open: 9.00am-6.00pm, Tuesdays to Saturdays  
Close on Sundays, Mondays and Public holidays

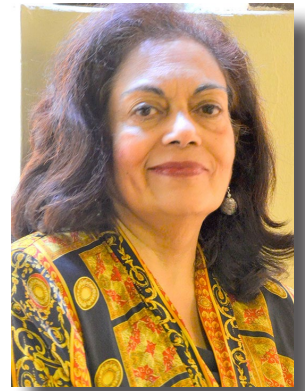
#### **FHDA Batu Uban (clinic)**

556X Century Garden, Jalan Batu Uban, 11700, Penang  
Tel. 6-04-6689481  
H/P: +6011-33068184 (Whatsapp message for health screening)  
Open : 8.30am-3.30pm, Tuesdays to Saturdays  
Doctor's sessions: 9.30am-12.00nn; Wednesdays, Fridays & Saturdays  
Close on Sundays, Mondays and Public holidays

FB: Penang Family Health Development Association  
Website url: <https://www.penangfhda.org>.  
IG: penangfhda  
Email address: [penangfhda2023@gmail.com](mailto:penangfhda2023@gmail.com)



# MESSAGE FROM PRESIDENT



The last year has engaged the committee in a number of activities, other than running the usual clinic sessions and providing support services to clients. The association had to vacate its clinic in Kg Kolam George Town due to the declaration of the building as unsafe and an alternative clinic was found in Century Gardens, Batu Uban. Nevertheless, the association was able to conduct its clinical sessions according to schedules already laid out earlier.

The committee has also worked hard to extend its networks with various organisations, including the Malaysian AIDS Council and participated in a webinar meeting to enhance the visibility of the Asia Pacific region in the UNAIDS Programme Coordinating Board (PCB). It also hosted a visit from trainees of the AIDS Counselling Course from Kementerian Kesihatan Malaysia (KKM). A grant was secured to host a Transhealth Conference at the end of the year, to engage stakeholders in various medical, health and cultural fields to develop new knowledge and understanding of the emerging LGBTIQA community in Malaysia. In this regard, a consensus was reached that the work of the association will not transgress existing rules, norms and mores associated with the transgender community but will focus on health and socio-psychological issues surrounding the community. It is important to note that the Pejabat Mufti Wilayah Persekutuan in its Bayan Linnas Series 5: The Issue of Transgender and Tasyabbuh (resembling/imitating) and its rulings (Revised Edition, muftiwp.gov.my) made a distinction between transgender as an imitation of the physical, sexual, social and cultural characteristics of a gender and Gender Identity Disorder (GID) when a particular gender was medically proven to be transwoman or transman and was unintentional in its adoption of the gender preferred. There is also the issue addressed in the Quran that it is forbidden to change what has been created (4:19) except in circumstances when it can lead to a more healthy, stable and acceptable status in Muslim community.

The fatwas (decree) may change from State to country but there is a general sentiment of conservatism in the acceptance of engendered trans humanity as a progressive pro-choice movement in Malaysia.

Nevertheless, the efforts of the association have been noted by government organisations, in particular health agencies which are keen to extend counselling services to vulnerable populations of the transgender community who have suffered discrimination and prejudice, despite trying to adjust to the norms of Malaysian society. In this regard, a holistic perspective is necessary to resolve critical issues relating to assimilation to the norms of the wider Malaysian society.

Finally I wish to thank the association for their support and confidence in my headship which I must say is helmed by one of the most efficient and committed teams I have been part of in my many decades in the civil society movement in Penang and Malaysia.

A handwritten signature in black ink, appearing to read 'Wazir Jahan Karim'. The signature is fluid and cursive, with a long horizontal line extending from the end.

**Prof Emerita Dato Seri Dr Wazir Jahan Karim**  
President

# MESSAGE FROM CHAIRMAN



It was the beneficiaries who really pushed us to achieve our goals in spite of the many challenges. With their implicit trust, we were focused on ensuring that we fulfilled our mandate and were determined to not let them down. The beneficiaries we served not only come from Penang state but also the northern region as well. Thus, both internal and external factors ensured that we saw through the storms and rode the waves of opportunities whenever they arose. For this, we have several volunteers to thank. They saw the ability in us and jumped hands-on to assist in writing proposals to procure grants to run projects. We thank Dr Kanagalingam K. Kulasingam, Ms Lee Sook Fong, Ms Chen Fong Theng and Mr Bakhtiar Talhah for their initiatives.

We remain cognizant of the need and urgency to embrace the ability to evolve, so that we remain relevant in a time when uncertainty arose in addressing needs like healthcare and nutrition, and making the necessary shift in focus to longer-term, wider-ranging issues surrounding the economy, environment, and society that require urgent attention.

Having this in mind, we convened the “Social and Health Needs of the Transcommunity: Is Enough Being Done?” Conference in November 2024. It covers a multitude of topics on well-being arising from real-world challenges, welfare strategies, and ageing population. The conference is helmed by Dr (Mrs) Gan Kam Ling.

For many years now, we have embarked on a journey of transformation, having a view of how a digital world will impact both members and clients. To this end, we have enabled ourselves with the systems, tools, and capabilities required in this demanding future. At the same time, knowing that we must leave no one behind, we have striven to also empower the workforce with the means to reskill and upskill themselves, and provide them with the support infrastructure to help them adapt.

I am proud of the FHDA team, both staff and volunteers who have provided their utmost excellence in service. This has helped further strengthen our fortress to weather storms. To those of you working hard to bring a better future for all, I thank you. I also take this opportunity to express my gratitude to all our volunteers, employees, stakeholders and donors for their trust and support.

I look back with much pride and I look forward with much confidence that FHDA will persevere and continue to be a beacon through the years to come.

A handwritten signature in black ink that reads "Yeap Meng Chee". The signature is written in a cursive, flowing style.

**Yeap Meng Chee**, BCN, PKT, PJK  
Chairman

# OFFICIALS and COMMITTEE MEMBERS – 2023 -2024

**TRUSTEES:** Dato' Khoo Yeoh Gan Hong, DSPN, DJN, PPN, PKT, PJK, PJM  
 Dr Najeemu Hamzah  
 Dr Pyar Kaur  
 Dato' Dr Yee Thiam Sun, DMPN, DSPN, KMN, DJN, PKT, PJM

**PRESIDENT:** Prof Emerita Dato' Seri Dr Wazir Jahan Begum Bt. Abdul Karim

**EXECUTIVE:** Ms Yeap Meng Chee, BCN, PKT, PJK – Chairman  
**COMMITTEE:** Dr Dinesh Mahalingam – Vice Chairman  
 Mr Lim Beng Poh, DJN, PKT, PJK, PPN – Hon. Secretary  
 Dr Mallise Tong Mun Wah – Hon. Treasurer.  
 Ms Heah Tze-Shuen (Natalie)  
 Mr Goh Yong Jian  
 Mr Damian Lee Wan Tong  
 Ms Tan Lay Pheng, PJM.  
 Dr (Mrs) Gan Kam Ling, PKT (co-opted)  
 Mdm Jubaidah Nagoor, PJK, PPN, PJM (co-opted)

**YOUTH:** Ms Michelle Mah Huey-Li  
**REPRESENTATIVES:** Ms Thurgkasiny Muthukumar

**HON. INTERNAL:** Mr Tan Tee Boon  
**AUDITORS:** Dr Kalaivani Kaliaperumal

Executive committee member	24/6/23	30/8/23	17/1/24	6/6/24	TOTAL
Ms Yeap Meng Chee, BCN, PKT, PJK – Chairman	P	P	P	P	4/4
Dr Dinesh Mahalingam – Vice - Chairman	P	P	P	P	4/4
Mr Lim Beng Poh, DJN, PKT, PJK, PPN – Hon. Secretary	P	AB	P	AB	2/4
Dr. Mallise Tong Mun Wah – Hon. Treasurer	P	P	P	P	4/4
Ms Natalie Heah Tze-Shuen	P	P	P	P	4/4
Mr Goh Yong Jian	P	AP	AP	AP	1/4
Mr Damian Lee Wan Tong	P	P	P	P	4/4
Ms Tan Lay Pheng, PJM	P	P	P	AP	3/4
Mdm Jubaidah Nagoor PJK, PPN, PJM – (Co-opted)	P	P	P	P	4/4
Dr. (Mrs) Gan Kam Ling, PKT – (Co-opted)	P	AP	AP	AB	1/4

P – Present

AP – Absent with apology

AB – X

# SUB-COMMITTEES 2023

## Family Planning & Sexual Reproductive Health Services

Dr Choong Sim Poay - Chairman  
Dr Dinesh Mahalingam  
Dr Yim Poh Yin  
Ms Tan Lay Pheng  
Dr Kalaivani Kaliaperumal

## Young People & Sexual Reproductive Health

Ms Thurkasiny Muthukumar - Chairman  
Ms Yeap Meng Chee  
Ms Michelle Mah Huey-Li  
Ms Natalie Heah Tze-Shuen  
Ms Carlyn Gan  
Mr Goh Yong Jian

## HIV / STIs / Hep C

Dato' Dr Chow Ting Soo - Chairman  
Dr Dinesh Mahalingam  
Dr Ang Peng Peng  
Dr Guan Han Lin  
Dr Hor Chee Peng  
En Bakhtiar Talhah  
Ms Natalie Heah Tze-Shuen

## Resource Mobilisation

Mr Bakhtiar Talhah - Chairman  
Ms Yeap Meng Chee  
Mr Lim Beng Poh  
Mr Damian Lee  
Dr Dinesh Mahalingam  
Dr Mallise Tong Mun Wah

## Management & Administrative

Mr Lim Beng Poh - Chairman  
Ms Yeap Meng Chee  
Dr Dinesh Mahalingam  
Dr Mallise Tong Mun Wah

# SUPPORTING STRATEGIES

**Hon. Legal Adviser**

**Hon. AIDS Advocacy Adviser**

**Hon. MSM Programme Adviser**

**Volunteer Clinic Doctor**

Ms See Swee Sie

Dato' Dr Chow Ting Soo, DSPN, DJN.

Mr Bakhtiar Talhah

Dr Yim Poh Yin, PJK

# REPRESENTATIVES TO EXTERNAL AGENCIES

## Federation of Reproductive Health Associations Malaysia (FRHAM)

Ms Yeap Meng Chee (Vice-President )  
Dato' Dr Yee Thiam Sun (Vice-President)  
Dr Dinesh Mahalingam (Chairman of Medical Sub-Committee)

### Delegates to FRHAM National Council

Dr Mallise Tong Mun Wah  
Ms Michelle Mah Huey-Li  
Dr Dinesh Mahalingam  
Mr Damian Lee

### Delegates to Malaysian AIDS Council

Mdm Jubaidah Nagoor  
Mr Damian Lee  
Dr Dinesh Mahalingam - Vice President  
Dr Mallise Tong Mun Wah - Treasurer

### National Council of Women's Organisations (Penang)

Ms Yeap Meng Chee (Chairperson)  
Dr Mallise Tong Mun Wah (Hon. Treasurer)

### Majlis Kebajikan Masyarakat

Mr Lim Beng Poh



Hon. Legal Adviser, Ms See Swee Sie  
(in black) appointed in 2023



Two FRHAM Long Service Awardees feted - Dato  
Khoo Yeoh Gan Hong and Ms Yeap Meng Chee  
(seated 2nd from left)



## MEMBERSHIP AS AT 31 DEC 2023

MEMBER SHIP TYPE	NEW 2023		CUMULATIVE 31 DEC 2023			TOTAL MEMBERSHIP 2023	NEW 2022			TOTAL MEMBERSHIP 2022
	M	F	M	F	TG		M	F	TG	
Ordinary	2	2	2	3	0	5	0	1	0	147
Life	1	0	97	135	0	232	1	0	0	228
Associate	0	0	1	2	0	3	0	0	0	3
Youth	0	0	6	18	0	24	0	0	0	26
<b>Total</b>	<b>3</b>	<b>2</b>	<b>106</b>	<b>158</b>	<b>0</b>	<b>264</b>	<b>1</b>	<b>1</b>	<b>0</b>	<b>404</b>

Welcome to the following life member:-  
Dr Darshan Singh a/l Mahinder Singh

Many ordinary members defaulted in their subscriptions.



### CONDOLANCES

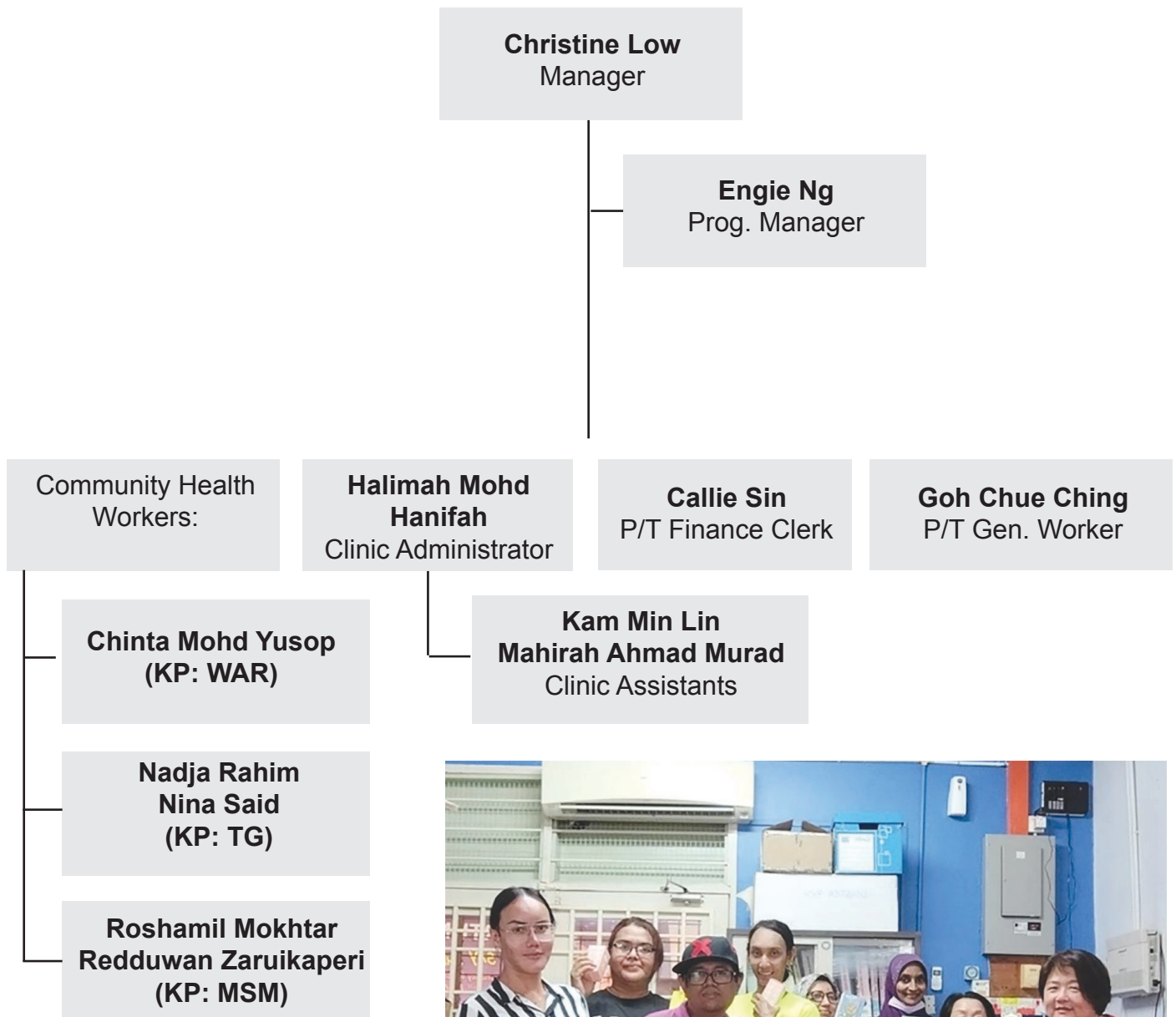
Cik Halimah Bt Mohd Hanifah on 18 June 2024 on the demise of her beloved mother

### UPDATING MEMBERSHIP RECORDS

Members and/or their families are urged to notify the Hon Secretary of:

- change of address
- current e-mail address and mobile phone number
- awards and titles bestowed to members
- demise of members / family members.

# STAFF LIST AS AT 31 DECEMBER 2023



# PILLAR 1: Centre Care on People

**GOAL:** Quality person-centred care to more people in more places

**OUTCOME 3:** Provision of quality and integrated SRHR services accessible by all especially the marginalised and underserved



## Humanitarian Programmes:



Presentation of Raya Hampers by Malaysian Nurses' Association (MNA) for FHDA client

Milk powder and deworming syrup / tablets for Rohingya children 12 years old and below by TKLWAY



Received 20 food hampers for FHDA clients from B40 community



IDC (Penang International Dental College) gave Free Dental Check-up for FHDA clients at Kampong Kolan

**TABLE 1: SRH (Include HIV / STI ) SERVICE DATA**

YEAR	2016	2017	2018	2019	2020	2021	2022	2023
<b>TYPE OF SERVICES</b>								
Pap Smear & Thin Prep	1081	1034	755	748	562	357	378	471
HPV DNA						5	15	10
Breast Examination	1140	1418	812	841	614	385	429	524
General Check by Staff	3001	3751	2873	2714	3493	2670	2528	1039
Minor Gynaecological Treatment	562	151	294	184	102	91	144	153
Ultrasound	386	568	567	625	483	355	391	480
Infertility Counselling	25	16	11	5	20	8	18	6
Marital Counselling	3	0	0	2	0	0	8	0
Pregnancy Testing (UPT)	59	53	24	22	23	31	37	26
Hormone Replacement Therapy	150	122	105	76	67	66	68	43
Hepatitis B Immunization	87	64	93	80	40	82	137	101
HPV Vaccination	34	20	17	30	51	47	46	39
FLU Vaccination						103	39	42
Male Clients	510	314	142	284	719	762	1050	2986
Youth Clients	212	88	53		114	235	208	484
Referral to Other Agencies	421	289	463	484	258	91	188	143
Obstetrics					31	11	38	26
Abortion							4	10
Urology					42	79	101	113
SRH (other)-TG					35	67	199	1339
PREP					101	110	131	220
PEP					18	20	20	16
HAART(ARV)						3	40	59
Blood Test PPKPP (incl.HIV/VR/CD4)					425	573	387	605
Blood Test (STI/VDRL/Hep A/Hep B/Hep C)					84	401	282	333
Rapid Test (SYP)							85	1387
Rapid Test (HIV)					507	285	718	1452

**TABLE 2: PAP SMEAR (THIN PREP) / HPV DNA READINGS**

YEAR	2016	2017	2018	2019	2020	2021	2022	2023
New	125	91	78	124	97	137	86	60
Repeat	956	848	677	624	465	220	292	421
<b>TOTAL</b>	<b>1081</b>	<b>939</b>	<b>755</b>	<b>748</b>	<b>562</b>	<b>357</b>	<b>378</b>	<b>481</b>
<b>Normal</b>	<b>940</b>	<b>823</b>	<b>644</b>	<b>687</b>	<b>481</b>	<b>264</b>	<b>233</b>	<b>391</b>
<b>Referral to specialist for abnormality / malignancy</b>	<b>51</b>	<b>21</b>	<b>21</b>	<b>10</b>	<b>4</b>	<b>2</b>	<b>9</b>	<b>3</b>
<b>Infection (Trichomoniasis, Moniliasis &amp; Actinomyosis)</b>	<b>141</b>	<b>95</b>	<b>90</b>	<b>51</b>	<b>77</b>	<b>91</b>	<b>136</b>	<b>87</b>
<b>TOTAL</b>	<b>1132</b>	<b>939</b>	<b>755</b>	<b>748</b>	<b>562</b>	<b>357</b>	<b>378</b>	<b>481</b>

**Table 3: Ultra Sound Readings**

YEAR	2016	2017	2018	2019	2020	2021	2022	2023
New	386	55	75	113	107	113	102	81
Repeat	0	513	492	512	376	242	289	399
<b>TOTAL</b>	<b>386</b>	<b>568</b>	<b>567</b>	<b>624</b>	<b>483</b>	<b>355</b>	<b>391</b>	<b>480</b>
<b>Normal</b>					<b>436</b>	<b>326</b>	<b>370</b>	<b>257</b>
<b>Referral to specialist for abnormality</b>					<b>11</b>	<b>1</b>	<b>13</b>	<b>15</b>
<b>Fibroid / cysts</b>					<b>36</b>	<b>28</b>	<b>13</b>	<b>208</b>
<b>TOTAL</b>					<b>483</b>	<b>355</b>	<b>396</b>	<b>480</b>

**TABLE4: STATIC CLINIC & OUTREACH ACCEPTORS (FP) DATA**

YEAR	2016	2017	2018	2019	2020	2021	2022	2023
<b>TYPE OF CLIENTS</b>								
New Acceptors	64	83	99	543	869	525	834	2306
Continuing Acceptors	441	486	311	322	635	370	245	117
Revisits	397	485	248	184	178	204	215	1071
<b>TOTAL</b>	<b>1796</b>	<b>1623</b>	<b>1068</b>	<b>2282</b>	<b>3364</b>	<b>1994</b>	<b>1294</b>	<b>3494</b>

**TABLE 5: COMCEFP\* ACCEPTORS (FP\*) DATA**

YEAR	2016	2017	2018	2019	2020	2021	2022	2023
<b>TYPE OF CLIENTS</b>								
New	0	5	0	356	335	20	1000	1680
Continuing Acceptors	392	361	212	215	210	0	750	116
Revisits	196	314	170	12	10	0	0	3
<b>TOTAL</b>	<b>588</b>	<b>680</b>	<b>382</b>	<b>583</b>	<b>555</b>	<b>20</b>	<b>1750</b>	<b>1799</b>

**TABLE 6: CONTRACEPTION METHODS**

YEAR	2016	2017	2018	2019	2020	2021	2022	2023
<b>CONTRACEPTIVE METHOD</b>								
Oral	206	337	112	233	312	102	680	1197
Emergency Contraception	3	1	0	0	0	0	30	6
EVRA Patch	25	0	0	0	0	0	0	
Injection @ 3 months	33	88	25	299	771	424	1069	422
Insertion:								
IUCD*	168	138	136	397	539	327	721	630
Implanon	0	0	0	5	5	8	1	3
Barriers:								
Male Condom	332	475	137	115	55	34	328	3035
<b>TOTAL</b>	<b>767</b>	<b>1039</b>	<b>410</b>	<b>1049</b>	<b>1682</b>	<b>895</b>	<b>2829</b>	<b>5293</b>

**TABLE 7: SOURCE OF REFERRAL (New Acceptors) DATA**

YEAR	2016	2017	2018	2019	2020	2021	2022	2023
<b>TYPE OF CLIENTS</b>								
FHDA's Clients	165	243	85	90	26	29	300	8
FHDA's Staff Including IEC*,	58	25	5	5	281	50	435	1910
FHDA's Members &Volunteers	0	0	0	395	512	446	734	2064
Others (Facebook, Website,	12	22	9	53	50	0	365	4
<b>TOTAL</b>	<b>235</b>	<b>290</b>	<b>99</b>	<b>543</b>	<b>869</b>	<b>525</b>	<b>1834</b>	<b>3986</b>

# The BIG Move - Dr Yim PohYin

Our clinic was served a notice to move out from our premises at Kampung Kolam in the heart of George Town towards the end of 2023 as the building was declared unsafe. And just like that, we left our home for more than half a century (since May 1966).



We left with mixed feelings. Sad, as we had long and deep roots there and yet it was a building in decline, desperately in need of restoration. The staff swung into action and put in a lot of work preparing for the big move. They did an amazing job. Fortunately, Dr. Choong Sim Poey offered us a premise in Batu Uban, next to his clinic at very short notice. On 9 January 2024 the move was done. On 3 February our clinic started operations at the new location to a simple and meaningful opening ceremony by various stakeholders.

We are optimistic that most of our clients and patients will continue to seek our services at Batu Uban. Some will be lost but others who live in this area might be our new clients/patients. The proximity to the nearby Bayan Lepas Industrial Zone is an opportunity.

The challenges we face in the new location are continuity of follow-up of those who stay far away



like in locations such as Tanjung Bungah and George Town; and the lack of a comfortable waiting area due to space limitation. Patients are currently waiting in the car porch area which is warm and humid.

We fervently wish that bamboo blinds can be installed quickly in order to give not only privacy but also comfort. This affects the success of our ability

to retain patients. The other challenge is the lack of a sitting toilet – some of our patients are just not fit enough to squat down. Keeping a full bladder for the ultrasound examination and not being able to relieve oneself after that can be torture!

The clinic location and its physical aspects are undoubtedly important. That is the hardware. However, even more important is the software - the staff and the care we provide. The underlying philosophy behind our service remains unchanged. To provide quality preventive and therapeutic medical care at an affordable cost with compassion.



# PILLAR 2: Outreach services with refugees

**GOAL:** Societal and legislative change for universal SRR

**OUTCOME 2:** People in Malaysia are fully informed and empowered to act on SRH & Rights

## Pillar 2 : Table of outreach services with refugees

Date (2023)	Activity	Site/venue	Number of pax	Team Leader /s
4-Jan	Outreach Health camp and CSE talk on GBV & FP	Taman Senangin, SPT	68	Christine Low
5-Jan	Outreach Health camp and CSE talk on GBV & FP	Taman Brown, DTL	25	Christine Low
7-Jan	Outreach Health camp and CSE talk on GBV & FP	Simpang Ampat, SPS	51	Christine Low
8-Jan	Outreach Health camp and CSE talk on GBV & FP	Alma, SPT	119	Christine Low
11-Jan	Outreach Health camp and CSE talk on GBV & FP	Bagan Dalam, SPU	72	Christine Low
12-Jan	CSE talk on FP	Pajak Song, SPU	50	Yeap MC
13-Jan	Outreach Health camp and CSE talk on GBV & FP ; check registration status UNHCR	Kulim, Kedah	70	Christine Low, Juliana Ooi
15-Jan	Outreach Health camp and CSE talk on GBV & FP ; check registration status UNHCR	Taman Pulasan, SPT	35	Christine Low, Juliana Ooi
18-Jan	Outreach Health camp and CSE talk on GBV & FP	Sungai Dua, DTL	40	Christine Low
19-Jan	CSE talk on FP and GBV	Desa Permai, DTL	30	Engie Ng, Tan LP
25-Jan	Outreach Health camp and CSE talk on GBV & FP	Jelutong, DTL	36	Christine Low
26-Jan	CSE talk on FP	Kota Giam, DTL	23	Tan Lay Pheng
27-Jan	Outreach Health camp and CSE talk on GBV & FP	Kepala Batas, SPU	43	Christine Low
28-Jan	Outreach Health camp and CSE talk on GBV & FP	Machang Bubok, SPT	45	Christine Low
29-Jan	Outreach Health camp and CSE talk on GBV & FP	Butterworth, SPU	73	Christine Low
3-Feb	Outreach Health camp and CSE talk on GBV & FP	Kg Tanah Liat, SPT	70	Christine Low
9-Feb	CSE talk on FP	Simpang Ampat, SPS	19	Dr K. Kalaivani
11-Feb	Outreach Health camp and CSE talk on GBV & FP	Bagan Ajam, SPU	58	Christine Low, Yeap MC
12-Feb	CSE course for teenagers	Kota Giam, DTL	35	Engie Ng
22-Feb	CSE course for children	Tg Tokong, DTL	38	Engie Ng
2-Mar	CSE talk on FP and GBV	Taman Brown, DTL	12	Engie Ng, Tan LP
8-Mar	Planning Meeting for Health Camp in collaboration with KK Tg Bungah (Dr Leow)	KK Tg Bungah and Kg Kochi, Tg Tokong, DTL	7	Engie, staff and volunteers
9-Mar	Lecture and Hands on Skill training for IUCD and Implanon for medical officers and nurses and talk on HIV/condom use for community interpreters	Klinik Mewah 6, Butterworth, SPU	12	Dr Choong SP, Dr Surinder Kaur, Engie Ng, Anis
14-Mar	Perbincangan Bersama Agensi agensi kerajaan negeri mengenai Cadangan Penang Refugee Coordination Group dengan UNHCR Malaysia jemputan Ahli Majlis Kerajaan Negeri Pulau Pinang YB Tuan Phee Boon Poh Bil.1/2023	Bilik Mesyuarat Kerajaan Negeri Pulau Pinang, KOMTAR.	43	Yeap MC, Dr Choong DP, Christine Low
14-Mar	Activism on humanitarian services "Health for all- Leaving No One Behind) SDG 1, 2, 3, 5, 10, 16 – TKLWAY - with YB Tuan Phee Boon Poh	Pejabat Ahli Majlis Kerajaan Negeri Pulau Pinang, KOMTAR.	6	Yeap MC, Dr Choong Sim Poey, Christine Low
15-Mar	CSE talk on FP/HIV/STI, Women's Health	Sungai Dua, DTL	22	Yeap MC, Anis

19-Mar	Health camp in partnership with KK Tg Bungah- GBV awareness for children; dental education, contraceptive, SRHR awareness for refugee & migrant families.	Kampung Kochi, Tg Tokong, DTL	41	Yeap MC & 16 pax medical and youth volunteers
30-Mar	CSE talk on FP /HIV/STI	Kota Giam, DTL	28	Tan LP, Anis
2-Apr	CSE talk on FP and women's health	Kota Giam, DTL	26	Tan LP, Anis
16-Apr	CSE talk on FP, STI/HIV and men's health	Kota Giam, DTL	16	Engie Ng, Dr Kalaivani
20-Apr	CSE talk on FP and child care	Bukit Tambun, SPS	6	Yeap MC, Tan LP
7-May	CSE talk on FP and women's health	Sungai Gelugor, DTL	22	Yeap MC, Goh AC
18-May	CSE talk on FP and men's health	Sbg Jaya, SPT	32	Yeap MC, Engie Ng, Halimah
21-May	CSE talk on FP, SRH	Jalan Mayang Pasir, DBD	21	Yeap MC, Susan Goh, Goh AC
31-May	CSE talk on FP, SRH	Tg Tokong, DTL	26	Yeap MC, Susan Goh, Goh AC
30 May-01 Jun	Reproductive health of migrants & refugees - setting the research agenda by Prof Lilian Miles, Prof Tim Freeman.	Double Tree Hotel by Hilton, KL	30	Dr Choong SP, Engie Ng, Ooi SH, Christine Low
9-Jun	Discussion on Child Protection Referral pathway by UNHCR	Medecins Sans Frontieres (MSF), SPU	22	Dr Kalaivani
18-Jun	CSE talk on FP, infant and pregnancy care	Kota Giam, DTL	42	Engie Ng, Halimah, Mahirah
21-Jun	CSE talk on FP, infant care	Sbg Jaya, SPT	47	Dr Kalaivani, Engie Ng
23-Jun	CSE talk on FP - Depo & Implanon	Flat Tg Tokong, DTL	25	Yeap MC, Kam ML
25-Jun	CSE talk on FP & SRH	Lebuh Macallum, DTL	18	Tan LP, Kam ML, Mahirah
28-Jun	CSE talk on FP, men's health	Tg Tokong, DTL	25	Yeap MC, Mahirah Kam ML.
2-Jul	CSE talk on FP, women's health & vaccination	Byn Lepas, DBD	11	Halimah, Engie Ng
5-Jul	CSE talk on FP, women's health & vaccination	Taman Permai Indah, DTL	27	Yeap MC, Kam ML
12-Jul	CSE talk on FP, child care, men's health and HIV/STI	Taman Permai Indah, DTL	20	Yeap MC, Engie Ng
16-Jul	CSE talk on Hep B, C, STIs, jaundice and gonorrhoea in newborns, emergency contraception	Sg Gelugor, DTL	35	Engie Ng, Anis
19-Jul	CSE talk on FP, HIV/STI	Kota Giam, DTL	23	Mahirah, Kam ML, Engie Ng
28-Jul	Outreach site visit to sick members of a family of 5 in a rural area without piped water supply or electricity	Sg Lembu, SPS	5	Engie Ng, Ooi SH
30-Jul	CSE talk on FP, HIV/STI	Sungai Dua, DTL	35	Tan LP, Kam ML
6-Aug	CSE talk on FP, condom use and nutrition	Bukit Tengah, SPT	24	Kam ML, Engie Ng
8-Aug	CSE talk on FP, condom use and nutrition	Pusat Perniagaan Serdang, SPU	32	Halimah, Engie Ng
9-Aug	CSE talk on FP, HIV/STI	Subang Jaya, SPT	21	Yeap MC, Engie Ng
14-Aug	Brainstorming E-education Materials for Rohingya Adolescents SRH/S.H.Y. model	FHDA Jalan Perak, DTL	4	Yeap MC, Engie Ng, Dr JJ Ng, Christine Low
15-Aug	CSE talk on FP, men's health and HIV/STI & condom distribution	Kota Giam, DTL	26	Halimah, Engie Ng
16-Aug	CSE talk on FP, childcare, men's health and HIV/STI & condom distribution	Sungai Dua, DTL	34	Yeap MC, Yong PL
20-Aug	CSE talk on FP and childcare	Kota Giam, DTL	25	Mahirah, Tan LP
22-Aug	CSE talk for antenatal women's health	Sungai Dua, DTL	17	Mahirah, Engie Ng
27-Aug	CSE talk on FP and childcare	Lebuh Macallum, DTL	25	Pinnie Yeoh, Yeap MC



23-Sep	"Refugee crisis in Malaysia" forum by Caritas Malaysia, Diocese of Penang - sharing of experiences by NGOs	St Anne's Church, Bkt Mertajam, SPT	80	Engie Ng
27-Sep	CSE talk on FP and childcare	Lebuh Macallum, DTL	23	Kam ML, Dr Kalaivani
1-Oct	CSE talk on FP and ante-natal care	Tmn Permai Indah, DTL	28	Kam ML, Yeap MC
10-Oct	CSE talk on FP, pregnancy care	Taman Brown, DTL	12	Halimah, Engie
14-Oct	Nanyang Superb Award to Outstanding Youth (Public Welfare Award) presentation to FHDA Member Dr Hor Chee Peng.	Kuantan, Pahang	1	Dr Hor Chee Peng
15-Oct	CSE talk on FP and ante-natal care	Lebuh Macallum, DTL	19	Tan LP, Dr Kalaivani
18-Oct	CSE talk on FP and ante-natal care	Tg Tokong, DTL	19	Pinnie Yeoh, Yeap MC
25-Oct	CSE talk on FP and ante-natal care	Sungai Dua, DTL	26	Julia Yeoh, Yeap MC
2-Nov	Stakeholder meeting by Medecins Sans Frontieres - Ms Lau, Dr Yousif, Mr Biruk.	FHDA Batu Uban, DTL	9	Yeap MC, Dr Choong SP, Dr Kalai, Quah ML, Christine, Engie
7-Nov	CSE talk on FP and ante-natal care	Taman Brown, DTL	27	Yeap MC, Julia Yeoh, Balqis
14-Nov	CSE talk on FP and menopause	Lebuh Macallum, DTL	16	Engie Ng, Mahirah, Kam ML
21-Nov	CSE talk on FP and women's health	Sungai Dua, DTL	30	Yeap MC, Julia
22-Nov	CSE talk on FP, women's health, vaccination and condom use	Tg Tokong, DTL	27	Pinnie Yeoh, Dr Kalaivani
22-Nov	Multi-stateholders meeting chaired by FMS Dr Leow regarding pre pregnancy awareness and screening	KK Tanjung Bungah ,DTL	7	Yeap MC, Dr Kalaivani
28-Nov	CSE talk on FP, women's health & vaccination and presentation of token of appreciation to MSF mobile clinic coordinator Ms Linda	Taman Brown, DTL	20	Yeap MC, Julia Yeoh, Balqis
5-Dec	CSE talk on FP	Lebuh Macallum, DTL	24	Yeap MC, Halimah
17-Dec	CSE talk on FP, men's health, HIV/STI	Lebuh Macallum, DTL	26	Kam ML, Anis
27-Dec	CSE talk on FP, nutrition, child and pregnancy care	Lebuh Macallum, DTL	23	Yeap MC, Dr Kalaivani, Julia
	<b>Free of charge services</b>	<b>Total reached by volunteers</b>	<b>2310</b>	

**Notes:**

In 2023, FHDA conducted 63 comprehensive sexuality education (CSE) talks - reached 2043 pax on family planning. Up to 1 gross FOC condoms given out per outreach as part of men's health/HIV/STI awareness. With the cooperation of MSF mobile clinics.

All the five Penang state districts are covered. Daerah Timur Laut (DTL), Daerah Barat Daya (DBD), Daerah Seberang Perai Utara (SPU), Daerah Seberang Perai Tengah (SPT) and Daerah Seberang Perai Selatan (SPS) .

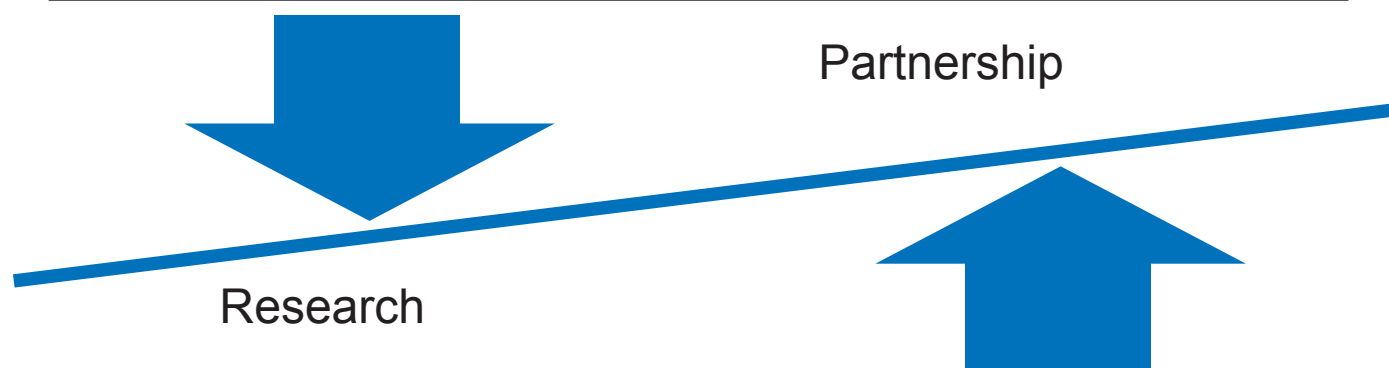




# PILLAR 3: Solidarity for Change

**GOAL:** Amplify impact by building bridges, shaping discourse and connecting communities, movements and sectors

**OUTCOME 3:** Policies and programmes that respect, protect and fulfil Sexual Reproductive Health and Rights (SRHR) and Gender Equity (GE) are implemented



Health and Rights (SRHR) and Gender Equity (GE) are implemented

	Programme Partners / Funders	Activities / Services / Assistance Provided
1	<ul style="list-style-type: none"> <li>● Klinik Kesihatan Jalan Macalister</li> <li>● Klinik Kesihatan Bayan Baru</li> <li>● Klinik Kesihatan Sungai Dua</li> <li>● Klinik Kesihatan Butterworth</li> <li>● Klinik Kesihatan Seberang Jaya</li> <li>● Klinik Kesihatan Bukit Panchor</li> </ul>	<ul style="list-style-type: none"> <li>➤ Referral for klinik ibu &amp; anak, HIV / STI full testing and treatment</li> <li>➤ Referral for HIV / STI / Hep C - full testing and treatment</li> <li>➤ Referral for free PrEP</li> </ul>
2	<ul style="list-style-type: none"> <li>● ID Clinic, Hospital Pulau Pinang</li> <li>● ID Clinic, Hospital Seberang Jaya</li> </ul>	<ul style="list-style-type: none"> <li>➤ Referral for HIV / STI / Hep C - full testing &amp; treatment</li> <li>➤ Referral for counselling and prescription for PEP</li> <li>➤ Training programme for FHDA staff and volunteers</li> </ul>
3	<ul style="list-style-type: none"> <li>● Duta Ubat Hospital Seberang Jaya</li> <li>● Trained Duta Ubat from FHDA are</li> <li>✓ Engie Ng</li> <li>✓ Halimah Mohd Hanifah</li> <li>✓ Mohd Redduwan Zairukaperi</li> </ul>	<ul style="list-style-type: none"> <li>➤ Education on “Cara Pengambilan Ubat yang Betul”</li> <li>➤ Education on “Cara menyimpan ubat dengan cara yang betul”.</li> <li>➤ Promotion on “Ubat dan Perjalanan Jauh” especially for ARV medication</li> </ul>
4	<ul style="list-style-type: none"> <li>● LPPKN (Lembaga Pembangunan dan Perkembangan Keluarga Negara)</li> </ul>	<ul style="list-style-type: none"> <li>➤ Referral for free Mammogram for women above 45 years old</li> <li>➤ Referral for Implanon Case</li> </ul>
5	<ul style="list-style-type: none"> <li>● PKD Daerah Timur Laut</li> <li>● PKD Daerah Barat Daya</li> <li>● PKD Seberang Perai Utara</li> <li>● PKD Seberang Perai Tengah</li> <li>● PKD Seberang Perai Selatan</li> </ul>	<ul style="list-style-type: none"> <li>➤ Program City Getting To Zero - SPU</li> <li>➤ Program George Town Getting To Zero - DTL</li> <li>➤ Training Workshop for FHDA staff and volunteers</li> </ul>
6	<ul style="list-style-type: none"> <li>● Jabatan Kesihatan Pulau Pinang</li> <li>✓ Dr Janizah Abdul Ghani; AIDS Officer as DHSKP Adviser and Mentor for FHDA, Ministry Of Health grant recipient</li> </ul>	<ul style="list-style-type: none"> <li>➤ Engaged in Stakeholders’ Meeting for project’s quarterly, half yearly and annual achievements, outcome and project improvement.</li> </ul>
7	<ul style="list-style-type: none"> <li>● Ministry of Health (MOH)</li> <li>● Malaysian AIDS Foundation (MAF)</li> <li>● Malaysian AIDS Council (MAC)</li> </ul>	<ul style="list-style-type: none"> <li>➤ Project Funding</li> <li>➤ Training and test kits (HIV, STI, Hep C)</li> </ul>
8	<ul style="list-style-type: none"> <li>● Mesjid Daerah SPT, Bandar Perda</li> </ul>	<ul style="list-style-type: none"> <li>➤ “Kelas Pengajian 2023” on every Thursday night</li> <li>➤ Sponsored classroom, food and drinks</li> </ul>
9	<ul style="list-style-type: none"> <li>● Penang International Dental College</li> </ul>	<ul style="list-style-type: none"> <li>➤ Free Dental Check-up for FHDA’s clients</li> <li>➤ Education on dental care</li> </ul>
10	<ul style="list-style-type: none"> <li>● Malaysian Nurses’ Association (MNA)</li> </ul>	<ul style="list-style-type: none"> <li>➤ Provided financial aid for HIV-infected / affected children or adolescents</li> <li>➤ The financial aid aims to ensure the child / adolescent continues schooling and has additional coaching.</li> </ul>

11	<ul style="list-style-type: none"> <li>● Klinik Rakyat Family Planning Services Sdn. Bhd.</li> </ul>	<ul style="list-style-type: none"> <li>➤ Sponsoring space for free HIV testing on Friday evenings.</li> </ul>
12	<ul style="list-style-type: none"> <li>● TKLWAY Charitable Trust</li> <li>✓ Basic Medical Screening for safe motherhood for refugees and asylum-seeking migrants</li> </ul>	<ul style="list-style-type: none"> <li>➤ Sexual reproductive health / family planning screening and counselling for women and men</li> <li>➤ Deworming for children 12 years old and below</li> <li>➤ Subsidized cost for baby immunization at health clinics</li> <li>➤ Milk powder for new born babies up to 12 months old</li> </ul>
13	<ul style="list-style-type: none"> <li>● Klinik Mewah 6, Butterworth</li> </ul>	<ul style="list-style-type: none"> <li>➤ Referral for SRH / FP / Ante-natal check-up for Rohingya community</li> </ul>
14	<ul style="list-style-type: none"> <li>● ROSE Charities</li> </ul>	<ul style="list-style-type: none"> <li>➤ Food bags for B40 Community and clients of FHDA</li> </ul>
15	<ul style="list-style-type: none"> <li>● Japan Trust Fund (JTF)</li> </ul>	<ul style="list-style-type: none"> <li>➤ Provided grant for Safeguarding SRHR of Displaced Persons from Rakhine State in Malaysia</li> <li>➤ Penang, Kedah, Perlis and Selangor</li> </ul>
16	<ul style="list-style-type: none"> <li>● Pearl of Joy (POJ) Cell Group, EPCC</li> </ul>	<ul style="list-style-type: none"> <li>➤ Christmas Gathering for FHDA members and staff</li> <li>➤ Prepared finger-foods and cakes for the event</li> <li>➤ Conducted games, lucky draws and sing-along</li> </ul>
17	<ul style="list-style-type: none"> <li>● YB Lim Siew Khim, Penang State Exco for Social Development , Welfare and Non-Islamic Religious Affairs</li> </ul>	<ul style="list-style-type: none"> <li>➤ Collaboration of health/ women programmes with the state</li> </ul>
18	<ul style="list-style-type: none"> <li>● YB Zairil Khir Johari, Penang State Exco for Infrastructure, Transport and Digital</li> </ul>	<ul style="list-style-type: none"> <li>➤ Social &amp; health problems and intervention especially for the elderly</li> </ul>
19	<ul style="list-style-type: none"> <li>● Dr Fazilah Shaik Allaudin, Pengarah Hospital</li> </ul>	<ul style="list-style-type: none"> <li>➤ Collaborate with state - locum doctor with training on HIV, Wellness Hub, training for staff and volunteers</li> </ul>
20	<ul style="list-style-type: none"> <li>● Penang Refugee Coordination Group</li> </ul>	<ul style="list-style-type: none"> <li>➤ Issues concerning Rohingya and undocumented refugees in Penang State</li> </ul>
21	<ul style="list-style-type: none"> <li>● University Sains Malaysia (USM) - School of Social Sciences</li> </ul>	<ul style="list-style-type: none"> <li>➤ Intern for Practicum</li> </ul>
22	<ul style="list-style-type: none"> <li>● Segi College Penang</li> </ul>	<ul style="list-style-type: none"> <li>➤ Intern for Practicum</li> </ul>
23	<ul style="list-style-type: none"> <li>● Persatuan Pembela Wanita Pulau Pinang</li> </ul>	<ul style="list-style-type: none"> <li>➤ Collaboration for women's project</li> <li>➤ Reach -out to Rohingya community</li> <li>➤ Counselling and information - family planning methods and sexual reproductive health</li> <li>➤ Making referral</li> </ul>



# PILLAR 4: Nurture our Federation

**GOAL:** Renew our charter, live our values and unleash our collective power

**OUTCOME 4:** A high performing, visible and accountable FRHAM

Month / 2023	Description – Programme Sustainability Efforts	Funders / Sponsors
Jan - Dec	Commodities Grant	IPPF / FRHAM
Jan - Dec	CROSSoVER (Refugees) Project 2023	IPPF / JTF / FRHAM
Jan - Dec	Programme for Women & Children (Refugees) 2023	TKLWAY Charitable Trust
Jan - Dec	Rapid Test Kits for HIV STI (Project PPHK)	JKN / MOH / MAC
Jan - Dec	Pakej Pencegahan HIV Komprehensif 2023	MOH / MAC
Jan - Dec	Basic Screening for women & children from needy families (referral by klinik kesihatan / hospital / NGOs)	Individual donations
Mar	FHDA Bukit Mertajam moved out	Closed down
Dec	CFC Services on Friday evenings	Closed down
Dec /Jan 24	FHDA Clinic moved to 556 X Batu Uban	Own funding



FRHAM's Chairman Dr Kamal and staff paid a visit to FHDA



FRHAM's 65th Anniversary Dinner Celebration .



Christine & Engie: Echo Training for IPPF QOC & Data Collection

**FHDA does not discriminate on grounds of race, creed, colour, political beliefs or sexual preference. We have a widely-based membership and also staff.**

# STAFF AND VOLUNTEER DEVELOPMENT

## Project specific objectives:

- Update the administration skills and management knowledge of identified staff and volunteers.
- Orientate newly recruited staff and volunteers vis-à-vis their roles, function and responsibilities.
- Strengthen leadership and governance of volunteers to increase proficiency for the association.

Date 2023	Training / Workshop / Talks / Meetings	Attended by/ As Resource Person (RP)
10 Jan	Webinar: Catalyzing EMTCT Programs in APAC and Eastern Mediterranean Regions (EMRO)	Engie Ng / Christine Low
11 & 12 Jan	ZOOM Online: Mesyuarat Jawatankuasa 'TRP' by Pemilihan Projek-Projek Bantuan Kerajaan Berkaitan HIV/AIDS kepada NGO by Tahun 2023	Christine Low / Engie Ng / Chinta / Nina / LohYP / Nadja / Roshamil / Sahsa/ Redduwan
18 Jan	ZOOM Online: Mesyuarat Pelaksanaan Projek Demonstrasi PrEP Nasional (PrEPGov2023)	Christine Low / Engie Ng / Chinta / Nina / LohYP / Nadja / Roshamil / Sahsa/ Redduwan
20 Jan	ZOOM Online: Pembahagian PKK di antara AARG dan FHDA - chaired by Dr Janizah, AO JKN	Christine Low
27 Jan	Key Population FSW & TG: Mapping Activity for Penang	Christine Low / Nadja / LohYP / Chinta
8 Feb	Mesyuarat Pelaksanaan KK Model 2.0 @ Swiss-Garden Hotel, Bukit Bintang, Kuala Lumpur.	Christine Low / Chinta
22-23 Feb	Aktiviti Pemetaan Di Negeri Pulau Pinang bersama En Ridzuan Kamaruddin & Cik Chella Sri	Christine Low / Chinta / Nina / Nadja / Roshamil / Redduwan
6-8 Mar	Mesyuarat Pelan Tindakan dan Halatuju Projek SPU Getting to Zero (SPUGTZ) Bersama Agensi @ Bukit Merah Resort, Semanggol, Perak.	Roshamil / Redduwan
8 Mar	Women's Day Celebration @ FHDA Kg Kolam	Yeap MC / Natalie Heah / Halimah / Mahirah / KamML
8 Mar	Sambutan Hari Wanita Sedunia oleh Persatuan Pembela Wanita Pulau Pinang @ The Lighthouse, Georgetown – Pn Sally Alexander	Engie Ng / Nurul Atila Anis / Dr Mallise Tong
11 Apr	Wellness Hub Collaboration Meeting @ Klinik Kesihatan Seberang Jaya	YeapMC / Christine Low / Roshamil / Redduwan
19 Apr	ZOOM Online: Sesi Taklimat Status Bantuan Kewangan KKM & Proses Peralihan oleh Pengerusi MAM	Christine Low / Chinta / Nadja / Roshamil / Engie Ng / Redduwan / YeapMC
2 May	Sesi Town Hall Kertas Putih Kesihatan (Health White Paper-HWP) Peringkat Zon Utara bersama Yang Berhormat Menteri Kesihatan @ Dewan Sri Pinang, Pulau Pinang.	Yeap MC / Christine Low
3 May	Mesyuarat libat Urus Mengenai Penglibatan pertubuhan Bukan Kerajaan (NGO) dalam Memperkukuhkan Aktiviti Wellness Hub Negeri Pulau Pinang @ Klinik Kesihatan Seberang Jaya	Yeap MC / ChristineLow / Roshamil / Redduwan
5 May	ZOOM Online: Perbincangan Berkenaan Indikator dan Sasaran untuk Key-Population (PWID, MSM, TG & FSW) bagi Projek-Projek Rakan Pelaksana (NGO) 2023	Christine Low
14 May	Perbincangan Pemerkasa Program HIV untuk Populasi Kunci Peringkat Kebangsaan @ Dewan Serbaguna Taman Melati Impian, Gombak	Christine Low / Engie Ng

15 - 16 May	Community Paralegal Workshop 2.0 @ Bayview George Town Hotel, Penang	Chinta / Sahsa
17 May	FB Live: IAMD 2023 "Spread Love & Solidarity to Build Stronger Communities"	Christine Low
25 May	Community Education & Public Awareness: Greener Environment, Better Future Bersama Agensi Luar @ Auditorium A Level 5, Komtar	Yeap MC
14 & 16 Jun	ZOOM Online: Mesyuarat Makluman Penamatan Penggunaan System M&E Syrex bagi Pelaksanaan Program DHSKP di bawah geran KKM oleh MAM	Christine Low / Engie Ng / Chinta / Nina / Nadja / Roshamil / Redduwan
16 Jun	ZOOM Online: Introduction of new data collection tool for DHSKP using Google Form (ODRS)	Christine Low / Engie Ng / Chinta / Nina / Nadja / Roshamil / Redduwan
22 Jun	ZOOM Online: Latihan M&E Google Form Siri 2 - Pembetulan Data oleh PKK	Christine Low / Engie Ng / Chinta / Nina / Nadja / Roshamil / Redduwan
27 Jun	ZOOM Online: Latihan Kemasukan / Mengemaskini dan Sesi Review Data (Google Form)	Christine Low / Engie Ng / Chinta / Nina / Nadja / Roshamil / Redduwan
27 Jun	ZOOM Online – What is CAB PrEP	Engie Low
11 July	Client-Centered-Clinical Guidelines Webinar – Contraception	Engie Ng, Christine Low
12 July	Mesyuarat Bersama Jabatan Program George Town City Getting To Zero (GTGTZ) @ KOMTAR	YeapMC
21 & 24 July	ZOOM Online: Google Form Review Session	Christine Low / Engie Ng / Chinta / Nina / Nadja / Roshamil / Redduwan
2 - 4 Aug	Bengkel Pelan Tindakan George Town Getting To Zero	YeapMC / Redduwan
16 Aug	ZOOM Online: Sesi Townhall STI dan Mpox anjuran MAF / MAC	Christine Low / Engie Ng / Chinta / Nina / Nadja / Roshamil / Redduwan
20 Aug	Mesyuarat: Perbincangan Pelaksanaan Program DHSKP dan Pelan Penambahbaikan Projek PrEPGov 2023 (PrEP TOWNHALL) @ Swiss Garden Hotel, Melaka	Christine Low
24 Aug	MADANI Online: Sembang Santai 1.0 – Think Differently	Christine Low
28 Aug	Kursus Pemantapan HIV / STI / Hepatitis C di kalangan kakitangan Kesihatan Daerah Timur Laut @ Aud. C Komtar	Engie Ng / Mahirah / Nadja / Chinta / Redduwan
5 Sept	ZOOM Online - Beyond the Hype: Setting Up Social Contracting to Sustain Key Population Programs by APCOMS Communication	Christine Low
12 - 13 Sept	Bengkel Konsultasi Komuniti untuk Ujian Kendiri HIV & HCV dan mesyuarat semakan pelan strategik Kebangsaan HIV, HBV & HCV	Engie Ng
30 Sept	HIV Connect Physical Workshop 2023 @ The Gardens, Signature Hotel & Residences	Dr Yim PY
20 Oct	Webinar: CSO Follow-up & Update on DTG Campaign – Mana DTG Saya?	Christine Low / Engie Ng / Redduwan
25 Oct	Webinar – Virtual Intervention and Innovation for Young People Who Need it the Most	Yeap MC / Engie Ng
26 Oct	Online Kaji Selidik– Ke Arah Meningkatkan Kualiti Perkhidmatan Pencegahan dan Rawatan HIV untuk Populasi Kunci	Christine Low / Engie Ng / Roshamil / Redduwan / Nina / Chinta / Nadja.

26 Oct	ZOOM Online: Mapping untuk anggaran Populasi Kunci dan Perkhidmatan DHSKP dan PrEP	Christine Low / Engie Ng / Roshamil / Redduwan / Nina / Chinta / Nadja.
30 Oct	Pink October Celebration – Raising Awareness on Breast Cancer @ Jawi House, Aremenian Street	Dato' Seri Wazir, YB Zairil, FHDA ExCo, staff and volunteers.
31 Oct	Mesyuarat Penyelarasan Majlis Pelancaran George Town Getting To Zero (GTGTZ) Daerah Timur Laut, Pulau Pinang @ Ting 51, Komtar	YeapMC
15 Nov	ZOOM Online: Perbincangan Persediaan TRP 2024	Christine Low / Engie Ng / Roshamil / Redduwan / Nina / Chinta / Nadja.
15 Nov	Permohonan Akaun My Sejahtera (MyVAS)	Christine Low
16 Nov	Mesyuarat Majlis Pelancaran George Town Getting To Zero (GTGTZ) @ 1 <sup>st</sup> Avenue, Penang	Yeap MC / Redduwan
20 Nov	Majlis Perasmian Minggu Saringan Antarabangsa dan SASEA Platform @ Hotel Garden Mid Valley, Kuala Lumpur	Christine Low / Engie Ng
22 Nov	ZOOM Online: Special Training to learn about HIV Prep Programming and materials to use for rollout @ MOSAIC	Yeap MC / Christine Low / Engie Ng.
25 Nov	Majlis Pelancaran George Town Getting To Zero (GTGTZ) 2023 @ 1 <sup>st</sup> Avenue, Penang	YeapMC / Engie Ng / Roshamil / Redduwan / Nina / Chinta / Nadja / Halimah
28 Nov	Bengkel Perubahan Iklim dan Peralihan Demografi Menuju Tahun 2050 @ Kulim Golf & Country Resort, Kulim Hi-tech Park, Kulim, Kedah.	Roshamil
29 Nov	ZOOM Online: Mesyuarat Jawatankuasa 'TRP' bagi pemilihan projek-projek Bantuan Kerajaan Berkaitan HIV / AIDS kepada NGO bagi Tahun 2024.	Christine Low / Engie Ng / Roshamil / Redduwan / Nina / Chinta / Nadja.
2 Dec	World AIDS Day Celebration 2023 @ Crown Prince Hotel, Petaling Jaya	Christine Low / Engie Ng / Yeap MC / Dr Dinesh / FRHAM & MAs Staff
8 Dec	Stakeholder Meeting: Preparation for WAD 2023 @ Persiaran Karpal Singh, Penang	Engie Ng / Chinta / Nina / Dr James Loh / PKD Timur Laut
10 Dec	WAD 2023 in conjunction with Kadun's Sg Pinang's Karnival Keluarga st Persiaran Karpal Singh, Penang	FHDA ExCo Members / Volunteers and staff
28 Dec	World AIDS Day 2023 @ Fuji Electric Factory, Kulim	YeapMC / Julia / Dr Kalai / TanLP / Hezreen / Christine Low / Engie Ng / Nina / Nadja / Redduwan / Halimah
29 Dec	Latihan Penggunaan MyVAS (My Sejahtera)	Christine Low / Roshamil / Redduwan / Nina / Chinta / Nadja





# GOVERNANCE, MANAGEMENT AND ADMINISTRATION

## Project specific objectives:-

- To strengthen governance by policy makers for risk management of the association
- To increase the leadership roles of volunteers and staff for programme sustainability

BIL	DESCRIPTION	
1	Hybrid Mode: 62 <sup>nd</sup> Annual General Meeting on 24 Jun 2023 @ 333 Jalan Perak.	Dato' KYGH / Dato' Seri Wazir / YeapMC / Dato Molly / Dr Mallise / LimBP / TanLP / Damian / Hezreen / Natalie / WongLM / Dr Dinesh 12 staff members
2	Hybrid Mode: ExCo Meeting x 4 times @ 333 Jalan Perak	On 24.6.2023 / 30.8.2024 / 17.1.2024 / 6.6.2024
3	Hybrid Mode: Planning & Assessment Meeting on 13 April 2023@ 333 Jalan Perak	<b>Physical:</b> YeapMC, TanLP, Dr Choong SP, Dr Mallise Tong, Christine Low, Engie Ng <b>Online:</b> Damian, Jubaidah
4	Medical Sub-committee @ met 2 times (9 May 2023 & 2 Nov 2023)	<b>Physical:</b> Dr Choong SP / Dr Yim PY / Yeap MC / Tan LP / Dr Kalai / Christine Low / Engie Ng
5	Social Media Working Group @ met 5 times	Yeap MC, Carlyn Gan, Engie Ng, Natalie Heah, Ng JJ
6	ZOOM Online Special Meeting: Mobile Health Services @ Ford Transit Van @ met 3 times	YeapMC, Bakhtiar, Prof Dato Wazir, Dr Dinesh, Damian, LeeSF, ChenFT, Dr Mallise, Tan LY, Jenny, Tina, Christine, Engie
7	ZOOM Online Meeting @ FHDA Policy Update 2021/2022.	Yeap MC, Goh YJ, Engie Ng
8	IPPF Accreditation @ Self Assessment on 6 May 2023	Engie Ng
9	Staff Bangalow Stay in conjunction of Wellness Month @ Richmond Penang Hill on 10.9.2023	Staff: Christine, Engie, Halimah, Min Lin, Chue Ching FHDA members: YeapMC, Wong LS, Lee
10	Staff Retreat - 3R: Rest, Refresh, Recharge @ Petak Padin, Kepala Batas on 11 & 12 Dec 2023	Staff: Christine, Engie, Halimah, Min Lin, Nina, Mahirah, Chue Ching, Chinta, Nadja, Roshamil, Redduwan FHDA members: Dr Kana, Dr Mallise, Pinnie, Hezreen, Jackie
11	Proposal Writing to:- ✓ STAR Social Impact Grant ✓ UN Trust Fund ✓ Elton John Foundation ✓ Gilead Grants Program	Led by: ✓ Lee SF & Chen FT ✓ Sally Alexander & Ooi SH ✓ Lee SF & Chen FT ✓ Dr Kana



## ACRONYMS

ARV	Anti Retroviral (Therapy)
CHW	Community Health Workers
CSE	Comprehensive Sexuality Education
EMTCT	Elimination of Mother-to-Child Transmission
FHDA	Penang Family Health Development Association
FP	Family Planning
FRHAM	Federation of Reproductive Health Associations Malaysia
FSW	Female Sex Worker
GF	Global Fund
HAART	Highly Active Anti-Retroviral Therapy
HIV	Human Immuno-deficiency Virus
ID	Infectious Diseases
IEC	Information, Education and Communication
IPPF	International Planned Parenthood Federation
JKN	Jabatan Kesihatan Negeri
JTF	Japan Trust Fund
KK	Klinik Kesihatan
LGBTIQ	Lesbian, Gay, Bisexual, Transgender, Intersex, Queer
MA (IPPF)	Member Association
MASHM	Malaysian Society of HIV Medicine
MoH	Ministry of Health
MOU	Memorandum of Understanding
MSF	Medecins Sans Frontieres
MSM	Men having Sex with Men
MyICE	Malaysian Incentive Community Empowerment
NGO	Non-Governmental Organisation
PEP	Post-exposure Prophylaxis
PMTCT	Prevention of Mother-to-Child Transmission
PPHK	Pakej Pencegahan HIV Kopehensif
PrEP	Pre-exposure Prophylaxis
SDG	Sustainable Development Goals
SGBV	Sexual and Gender-Based Violence
SMA (FRHAM)	State Member Association
SRH	Sexual and Reproductive Health
SRHR	Sexual and Reproductive Health and Rights
STI	Sexually Transmitted Infection
TG	Transgender
TKLWAY	Theng Kah Loke & Wong Ah Yin Charitable Trust
UNDP	United Nations Development Programme
UNFPA	United Nations Population Fund
UNHCR	United Nations High Commission for Refugees
WAR	Women at Risk
WHO	World Health Organisation



**JABATAN KESIHATAN NEGERI  
PULAU PINANG**  
(BAHAGIAN KESIHATAN AWAM)  
Tingkat 37, Kompleks Tun Abdul Razak  
(KOMTAR)  
10590 Pulau Pinang  
MALAYSIA

Tel. : 604 – 262 5533  
Faks : 604 – 228 0325 (PENGURUSAN)  
604 – 228 0712 (PERUBATAN)  
604 – 262 1372 (KESIHATAN AWAM)  
604 – 261 2389 (KES. & KUALITI  
MAKANAN)  
604 – 229 2386 (PERGIGIAN)  
604 – 228 0314 (FARMASI)  
Laman Web : <http://jknpenang.moh.gov.my>  
E-mel : [jknpenang@moh.gov.my](mailto:jknpenang@moh.gov.my)

Ruj.Kami :(69)dIm.PPK/0890/BHG.48  
Tarikh : 5 Jun 2024

Ibu Pejabat  
Lembaga Hasil Dalam Negeri Malaysia  
Jabatan Dasar Percukaian  
Menara Hasil Aras 17  
Persiaran Rimba Permai  
Cyber 8, 63000 Cyberjaya  
Selangor Darul Ehsan

Tuan,

#### **PENGESAHAN SEBAGAI BADAN BUKAN KERAJAAN BERKAITAN KESIHATAN**

Dengan segala hormatnya perkara di atas adalah dirujuk.

2. Jabatan ini dengan ini mengesahkan bahawa Persatuan Perkembangan Kesihatan Keluarga Pulau Pinang, *Penang Family Health Development Association* (Reg. No : 1218) adalah sebuah pertubuhan yang menyediakan perkhidmatan kesihatan keluarga dan perkhidmatan penjagaan dan sokongan HIV AIDS secara percuma.

Sekian, terima kasih.

**“MALAYSIA MADANI”**

**“BERKHIDMAT UNTUK NEGARA”**

Saya yang menjalankan amanah,

**(DR. HAJI ALIAS BIN HAJI ABDUL AZIZ)**  
Pakar Perubatan Kesihatan Awam  
No Pendaftaran Penuh : 30424  
Timbalan Pengarah Kesihatan (Kesihatan Awam)  
Jabatan Kesihatan Negeri Pulau Pinang  
b.p. Pengarah Kesihatan Negeri

s.k.: - Ketua Penolong Pengarah Kanan HIV/STI/Hep.C  
- Fail

## Conference on Health and Social Needs of the Trans Community: Is Enough Being Done?

There is no denying that the trans community face discrimination. Some of the key issues are: health, economics, safety and civil rights. Health disparities, include staggering rates of HIV infection, lack of primary care, and attempted suicide. Trans people bear the economic consequences of e.g. high rates of poverty and unemployment, discrimination in education, and homelessness. They are more than twice as likely to live in extreme poverty. Some of them, especially women, experience physical violence. This is particularly true among transgender people participating in sex work and other criminalized economies. Recognition and respect for the civil rights of trans people is critically important because their legal needs span many aspects of life. These needs include, to name a few, identity documents that accurately reflect who they are, protection from employment discrimination, and immigration rights.

FHDA has been providing much-needed SRH-related services to everyone in the community. With the adoption of



“leaving no one behind”, the trans community is not excluded from our scope. Given the challenging experiences of the trans community, the Conference "Health and Social Needs of Trans Community: Is Enough Being Done?" was conceptualised.

The conference to be held in November 2024 comprises two tracks- one for healthcare professionals: Scientific Track for specialists, general practitioners and other allied health workers and Our City Track for the trans community.

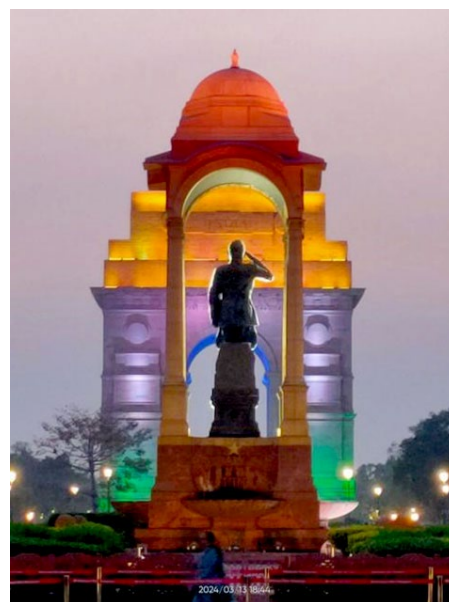
This is a targeted conference by invitation. For more information, please contact Ms Engie at 04-2805594



# IPPF Strategic Fund Consortia Grants for ‘Optimizing the rollout and integration of new biomedical HIV prevention methods into IPPF service delivery platforms’ through Consortium to Advance Access to new HIV Prevention Products (CAAPP) : 2024 - 2025

With Family Planning Association of India (FPAI) as the lead agency, a consortium to realise the goal of IPPF’s 2023 consortium grant strategic fund has been constituted by seven Member Associations from three regions of IPPF (South Asia: India and Nepal; East South Asia and Oceanic Region: Thailand and Malaysia; Africa: Lesotho, Eswatini and Malawi). AVAC, a non-governmental organisation, is also a member of the consortium as an external, non-financial consortium partner which will offer targeted, time-limited support to the member associations for the rollout of biomedical HIV prevention.

The project goal is to significantly increase the delivery of new biomedical HIV prevention methods to vulnerable and at-risk populations; and to successfully integrate those services, in an inclusive and non-judgemental environment, within the SRH and HIV service delivery platforms of the Consortium members



*Inception Meeting from 11-14 March 2024  
The Grand New Delhi,  
Vasant Kunj - Phase II,  
Nelson Mandela Road,  
New Delhi, India*



**W**hen I was looking for NGOs to volunteer with, what made FHDA stand out was their focus on marginalized groups like refugees and members of the LGBTQ+ community. I was so impressed that there was an organization that paid attention to the needs of people whom society often ignores and stigmatizes; with the aim of providing accessible healthcare regardless of their background.

Volunteering with FHDA's refugee outreach group allowed me to gain a deeper insight into the lives of refugees and their struggles in caring for their health. I spoke to some Rohingya refugees and learnt about their day-to-day lives and their stories on how they came to Malaysia. I was inspired by the FHDA volunteers, and doctors who work at the mobile clinics that provide health screenings and check-ups without gaining much in return. I aspire that one day, I too will reach that position and give back to the community just as they had.



***Balqis Muhammad (seated R)***

**A**s a volunteer for FHDA, I've found satisfaction working with FHDA because the organisation exposes me to the social inequalities that minorities such as low-income Malays and Migrants face on a daily basis as well as educating me about tried and true practical methods to address these issues through education, intervention and fostering a supportive community around these people to improve their lives.

***Daniel Harris Chung (seated L)***



My journey with the Penang Family Health Development Association (FHDA) began when I was a nurse lecturer at a seminar on HIV in the late 1990s. Upon retiring, I joined FHDA to support their family health programmes for locals and also the refugees, stressing on sexual and reproductive health, antenatal and postnatal care, support for the underprivileged, and family planning, contraception, domestic violence, self-care, and self-empowerment. FHDA's mission to empower the community deeply resonated with my desire to serve. My passion for helping marginalized populations, including those facing destitution, domestic violence, and HIV/AIDS, drives my commitment, and my nursing background enables me to equip individuals with the knowledge and skills needed for their health and well-being.

***Dr Kalaivani Kaliaperumal***



## **Closing down of FHDA BM**

Our support group meetings, outreach and community-based testing came to a close at FHDA BM when the South Seberang Perai District Office informed us in March 2023 that the premise that we were renting was unsafe for occupancy. Our clients were saddened by this move. However, we continue to provide outreach services to the community including community based testing (CBT).

***Ms Yeap Meng Chee***

**PENANG FAMILY HEALTH DEVELOPMENT  
ASSOCIATION  
(PERSATUAN PERKEMBANGAN KESIHATAN KELUARGA  
PULAU PINANG)  
(Register in Malaysia)**

**REPORTS AND FINANCIAL STATEMENTS  
FOR THE YEAR ENDED  
31 DECEMBER 2023**

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Statement of income, expenses and changes in undesignated fund balance	7 - 9
Statement of functional expenses	10 - 12
Statement of cash flows	13
Notes to the financial statements	14 - 23



*Alan Yoon Associates*

Chartered Accountants

銀倫會計師樓


AF: 1302

**PENANG FAMILY HEALTH DEVELOPMENT ASSOCIATION  
(PERSATUAN PERKEMBANGAN KESIHATAN KELUARGA PULAU PINANG)  
(Register in Malaysia)**

**STATEMENT BY COMMITTEE**

We, the undersigned, being the Committee of **PENANG FAMILY HEALTH DEVELOPMENT ASSOCIATION (PERSATUAN PERKEMBANGAN KESIHATAN KELUARGA PULAU PINANG)**, state that, in their opinion, the financial statements of the Association set out on pages 5 to 25 are drawn up in accordance with International Planned Parenthood Federation, (“IPPF”) accounting policies, Malaysian Private Entities Reporting Standard and the requirements of the Societies Act, 1966 so as to give a true and fair view of the financial position of the Association as at 31 December 2023 and financial performance of the Association for the year ended 31 December 2023.

On behalf of the Committee

  
**YEAP MENG CHEE**  
Chairperson

  
**DR TONG MUN WAH MALLISE**  
Treasurer

  
**LOW BEE CHENG**  
State Manager

**STATUTORY DECLARATION BY TREASURER**

I, Dr Tong Mun Wah Mallise, the treasurer primarily responsible for the financial management of **PENANG FAMILY HEALTH DEVELOPMENT ASSOCIATION (PERSATUAN PERKEMBANGAN KESIHATAN KELUARGA PULAU PINANG)**, do solemnly and sincerely declare that the financial statements set out on pages 5 to 25 are, in my opinion, correct and I make this solemn declaration conscientiously believing the same to be true, and by virtue of the provisions of the Statutory Declarations Act, 1960.

Subscribed and solemnly declared by  
the above-named **DR TONG MUN WAH  
MALLISE** at Penang this **31 MAY 2024**

)  
)  
)  
  
**DR TONG MUN WAH MALLISE**

Before me,

  
**COMMISSIONER FOR OATHS**  
115, JALAN HUTTEN  
10050 GEORGETOWN  
PULAU PINANG





**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF  
PENANG FAMILY HEALTH DEVELOPMENT ASSOCIATION  
(PERSATUAN PERKEMBANGAN KESIHATAN KELUARGA PULAU PINANG)  
(Registration No: PPM-003-07-16011962)  
SOCIETIES ACT, 1966**

**Report on the Audit of the Financial Statements**

**Opinion**

We have audited the financial statements of Penang Family Health Development Association (Persatuan Perkembangan Kesihatan Keluarga Pulau Pinang) ("Association"), which comprise the balance sheet as at 31 December 2023 of the Association, the statement of income, expenses and changes in undesignated fund balance, statement of functional expenses and statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies and other explanatory notes, as set out on pages 5 to 25.

In our opinion, the accompanying financial statements give a true and fair view of the financial position of the Association as at 31 December 2023, and of its financial performance and cash flows for the year then ended in accordance with International Planned Parenthood Federation, ("IPPF") accounting policies, Malaysian Private Entities Reporting Standard and the requirements of the Societies Act, 1966 in Malaysia.

**Basis for Opinion**

We conducted our audit in accordance with approved standards on auditing in Malaysia and International Standards on Auditing. Our responsibilities under those standards are further described in the Auditors' Responsibilities for the Audit of the Financial Statements section of our report. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

*Independence and Other Ethical Responsibilities*

We are independent of the Association in accordance with the By-Laws (on Professional Ethics, Conduct and Practice) of the Malaysian Institute of Accountants ("By-Laws") and the International Ethics Standards Board for Accountants' International Code of Ethics for Professional Accountants (including International Independence Standards) ("IESBA Code"), and we have fulfilled our other ethical responsibilities in accordance with the By-Laws and the IESBA Code.

**Responsibilities of the Committee for the Financial Statements**

The Committee of the Association is responsible for the preparation of financial statements of the Association that give a true and fair view in accordance with International Planned Parenthood Federation, ("IPPF") accounting policies, Malaysian Private Entities Reporting Standard and the requirements of the Societies Act, 1966. The Committee is also responsible for such internal control as the Committee determine is necessary to enable the preparation of financial statements of the Association that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements of the Association, the Committee is responsible for assessing the Association's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Committee either intend to liquidate the Association or to cease operations, or have no realistic alternative but to do so.

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF  
PENANG FAMILY HEALTH DEVELOPMENT ASSOCIATION  
(PERSATUAN PERKEMBANGAN KESIHATAN KELUARGA PULAU PINANG)  
(Registration No: PPM-003-07-16011962)  
SOCIETIES ACT, 1966**

**Auditors' Responsibilities for the Audit of the Financial Statements**

Our objectives are to obtain reasonable assurance about whether the financial statements of the Association as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditors' report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with approved standards on auditing in Malaysia and International Standards on Auditing will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with approved standards on auditing in Malaysia and International Standards on Auditing, we exercise professional judgment and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements of the Association, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Association's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the Committee.
- Conclude on the appropriateness of the Committee's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Association's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditors' report to the related disclosures in the financial statements of the Association or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditors' report. However, future events or conditions may cause the Association to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements of the Association, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF  
PENANG FAMILY HEALTH DEVELOPMENT ASSOCIATION  
(PERSATUAN PERKEMBANGAN KESIHATAN KELUARGA PULAU PINANG)  
(Registration No: PPM-003-07-16011962)  
SOCIETIES ACT, 1966**

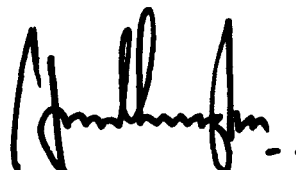
We communicate with the Committee regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

**Other Matters**

This report is made solely to the members of the Association, as a body, in accordance with the requirements of the Societies Act, 1966 and for no other purpose. We do not assume responsibility to any other person for the content of this report.



**ALAN YOON ASSOCIATES  
AF 1302  
Chartered Accountants**



**YOON CHUNG SIN  
01975/10/2024 J**

Teluk Intan,  
Date: 31 May 2024

Registration No: PPM-003-07-16011962

**PENANG FAMILY HEALTH DEVELOPMENT ASSOCIATION  
(PERSATUAN PERKEMBANGAN KESIHATAN KELUARGA PULAU PINANG)  
(Registered in Malaysia)**

**BALANCE SHEET AS AT 31 DECEMBER 2023**

	2023			2022	
	RM	RM	RM	RM	RM
	Unrestricted	Donor Restricted	Total	Total	Total
<b>ASSETS</b>					
<u>Current Assets</u>					
Cash And Cash Equivalents:					
Cash and Bank Balances	243,891	0	243,891	185,798	
Interest Bearing Deposits	56,794	0	56,794	55,656	
Inventories	18,598	0	18,598	23,417	
Other Receivables and Prepayments	5,577	0	5,577	7,188	
Security Deposits	6,836	0	6,836	6,836	
Total Current Assets	331,696	0	331,696	278,895	
<u>Non-Current Assets</u>					
Property, Plant and Equipment	6,399	0	6,399	8,131	
Total Non-Current Assets	6,399	0	6,399	8,131	
<b>TOTAL ASSETS</b>	<b>338,095</b>	<b>0</b>	<b>338,095</b>	<b>287,026</b>	

Note

4

4

5

6

7

ASSETS

Current Assets

Cash And Cash Equivalents:

  Cash and Bank Balances

  Interest Bearing Deposits

Inventories

Other Receivables and Prepayments

Security Deposits

Total Current Assets

Non-Current Assets

Property, Plant and Equipment

Total Non-Current Assets

**TOTAL ASSETS**



Ms Yeap Meng Chee  
Chairperson



Dr Tong Mun Wah Mallise  
Treasurer



Ms Low Bee Cheng  
State Manager

The accompanying notes form an integral part of the financial statements.

Registration No: PPM-003-07-16011962

**PENANG FAMILY HEALTH DEVELOPMENT ASSOCIATION  
(PERSATUAN PERKEMBANGAN KESIHATAN KELUARGA PULAU PINANG)  
(Registered in Malaysia)**

**BALANCE SHEET AS AT 31 DECEMBER 2023 (CONT'D)**

	2023				2022	
	RM	RM	RM	RM	RM	RM
	Unrestricted	Donor Restricted	Total	Total	Total	Total
	19,952	27,797	47,749	48,349		
	4,400	0	4,400	4,400		
	24,352	27,797	52,149	52,749		
	24,352	27,797	52,149	52,749		
	71,155	37,847	109,002	109,002		
	194,240	(17,296)	176,944	125,275		
	265,395	20,551	285,946	234,277		
	289,747	48,348	338,095	287,026		

Note

**LIABILITIES AND FUND BALANCES**

**LIABILITIES**


Current Liabilities  
Payables And Accruals  
Tenant Deposit  
Total Current Liabilities  
**TOTAL LIABILITIES**


8


**FUND BALANCES**

Designated Fund  
Undesignated Fund  
Total Fund Balances  
**TOTAL LIABILITIES AND FUND BALANCES**

9

  
Ms Yeap Meng Chee  
Chairperson

  
Dr Tong Mun Wah Mallise  
Treasurer

  
Ms Low Bee Cheng  
State Manager

The accompanying notes form an integral part of the financial statements.

Registration No: PPM-003-07-16011962

**PENANG FAMILY HEALTH DEVELOPMENT ASSOCIATION  
(PERSATUAN PERKEMBANGAN KESIHATAN KELUARGA PULAU PINANG)  
(Registered in Malaysia)**


**STATEMENT OF INCOME, EXPENSES AND CHANGES IN UNDESIGNATED FUND BALANCE FOR THE YEAR ENDED  
31 DECEMBER 2023**

GRANT INCOME  
MAC / MOH - GLOBAL FUND TRANSITION FUND  
MAC / MOH - PPHK  
FRHAM / IPPF / JTF  
FRHAM / IPPF  
UNHCR  
USM NFIS PROJECT

OTHER GRANTS AND DONATIONS

OTHER INCOME:  
CLINIC INCOME  
CONTRACEPTIVE INCOME  
RENTAL INCOME  
DONATION / SPONSORSHIP  
TOTAL INCOME CARRIED FORWARD

	2023			2022	
	RM	RM	RM	RM	RM
	Unrestricted	Donor Restricted	Total	Total	Total
GRANT INCOME	0	0	0	7,880	7,880
MAC / MOH - GLOBAL FUND TRANSITION FUND	0	208,633	208,633	297,298	297,298
MAC / MOH - PPHK	0	7,875	7,875	0	0
FRHAM / IPPF / JTF	0	36,000	36,000	10,591	10,591
FRHAM / IPPF	0	1,200	1,200	6,773	6,773
UNHCR	0	0	0	25,966	25,966
USM NFIS PROJECT	0	0	0		
OTHER GRANTS AND DONATIONS					
OTHER INCOME:					
CLINIC INCOME	241,710	0	241,710	258,768	258,768
CONTRACEPTIVE INCOME	10,141	0	10,141	19,185	19,185
RENTAL INCOME	21,000	0	21,000	20,000	20,000
DONATION / SPONSORSHIP	107,492	0	107,492	120,861	120,861
TOTAL INCOME CARRIED FORWARD	380,343	253,708	634,051	767,322	767,322



Dr Tong Mun Wah Mallise  
Treasurer



Ms Yeap Meng Chee  
Chairperson



Ms Low Bee Cheng  
State Manager

The accompanying notes form an integral part of the financial statements.

Registration No: PPM-003-07-16011962

**PENANG FAMILY HEALTH DEVELOPMENT ASSOCIATION  
(PERSATUAN PERKEMBANGAN KESIHATAN KELUARGA PULAU PINANG)  
(Registered in Malaysia)**

**STATEMENT OF INCOME, EXPENSES AND CHANGES IN UNDESIGNATED FUND BALANCE FOR THE YEAR ENDED  
31 DECEMBER 2023 (CONT'D)**

TOTAL INCOME BROUGHT FORWARD  
FIXED DEPOSIT INTEREST  
FOOD FAIR DONATION  
GAIN ON DISPOSAL OF PROPERTY AND EQUIPMENT  
MEMBERSHIP FEES  
DONATION OF SOUVENIRS, PRELOVED  
PROJECT INCOME - REIMBURSE  
PROJECT INCOME  
OTHER INCOME

	2023		2022	
	RM	RM	RM	RM
	Unrestricted	Donor Restricted	Total	Total
	380,343	253,708	634,051	767,322
	1,138	0	1,138	1,113
	0	0	0	1,000
	0	0	0	9,699
	0	0	0	40
	50	0	50	0
	57,176	0	57,176	75,911
	0	0	0	40,694
	0	0	0	639
	438,707	253,708	692,415	896,418



Ms Yeap Meng Chee  
Chairperson



Dr Tong Mun Wah Maillise  
Treasurer



Ms Low Bee Cheng  
State Manager

The accompanying notes form an integral part of the financial statements.

Registration No: PPM-003-07-16011962

**PENANG FAMILY HEALTH DEVELOPMENT ASSOCIATION  
(PERSATUAN PERKEMBANGAN KESIHATAN KELUARGA PULAU PINANG)  
(Registered in Malaysia)**

**STATEMENT OF INCOME, EXPENSES AND CHANGES IN UNDESIGNATED FUND BALANCE FOR THE YEAR ENDED  
31 DECEMBER 2023 (CONT'D)**

PROJECT EXPENSES  
Outcome 1 : O1 Advocacy & Champion Rights  
Outcome 2 : O2 Awareness & Empowerment  
Outcome 3 : O3 Integrated & Accessible Services  
Outcome 4 : O4 Governance, Management, Development & Sustainability

**TOTAL EXPENSES**

**SURPLUS OF INCOME OVER EXPENSES**

**UNDESIGNATED FUND**

BALANCE AS AT 1 JANUARY

**UNDESIGNATED FUND**

BALANCE AS AT 31 DECEMBER

	2023			2022	
	RM	RM	RM	RM	RM
	Unrestricted	Donor Restricted	Total	Total	Total
PROJECT EXPENSES					
Outcome 1 : O1	0	0	0	0	0
Outcome 2 : O2	0	0	0	0	0
Outcome 3 : O3	238,603	230,063	468,666	619,037	619,037
Outcome 4 : O4	172,080	0	172,080	231,843	231,843
<b>TOTAL EXPENSES</b>	<b>410,683</b>	<b>230,063</b>	<b>640,746</b>	<b>850,880</b>	<b>850,880</b>
<b>SURPLUS OF INCOME OVER EXPENSES</b>	<b>28,024</b>	<b>23,645</b>	<b>51,669</b>	<b>45,538</b>	<b>45,538</b>
<b>UNDESIGNATED FUND</b>					
BALANCE AS AT 1 JANUARY	166,216	(40,941)	125,275	79,737	79,737
<b>UNDESIGNATED FUND</b>					
BALANCE AS AT 31 DECEMBER	194,240	(17,296)	176,944	125,275	125,275



Ms Yeap Meng Chee  
Chairperson



Dr Tong Mun Wah Malise  
Treasurer



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State Manager

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**PENANG FAMILY HEALTH DEVELOPMENT ASSOCIATION  
(PERSATUAN PERKEMBANGAN KESIHATAN KELUARGA PULAU PINANG)  
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**STATEMENT OF FUNCTIONAL EXPENSES FOR THE YEAR ENDED 31 DECEMBER 2023**

	O 1		O 2		O 3		O 4		2023		2022	
	Advocacy & Champion Rights	RM	Awareness & Empowerment	RM	Integrated & Accessible Services	RM	Governance, Management, Development & Sustainability	RM	RM	RM	RM	RM
Accommodation fee	0		0		0		0		0		1,000	
Accounting fee	0		0		0		10,200		10,200		10,200	
Affiliation fee	0		0		0		150		150		200	
Assessment and quit rent	0		0		0		2,108		2,108		2,040	
Audit fee	0		0		0		1,800		1,800		1,800	
Bank charges	0		0		193		59		252		201	
Banner / posters charges	0		0		100		120		220		116	
Computer accessories and repair	0		0		948		958		1,906		1,583	
Clinic expenses	0		0		24,726		0		24,726		28,388	
Clinic and operation services	0		0		49,128		0		49,128		0	
Contraceptives and consumables	0		0		0		0		0		5,011	
Clinic purchase	0		0		103,052		0		103,052		123,904	
Depreciation	0		0		0		1,732		1,732		15,708	
Domain and hosting fee	0		0		0		276		276		60	
Electricity, water and sewerage	0		0		3,811		5,257		9,068		9,156	
Balance carried forward	0		0		181,958		22,660		204,618		199,367	

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Registration No: PPM-003-07-16011962

**PENANG FAMILY HEALTH DEVELOPMENT ASSOCIATION  
(PERSATUAN PERKEMBANGAN KESIHATAN KELUARGA PULAU PINANG)  
(Registered in Malaysia)**

**STATEMENT OF FUNCTIONAL EXPENSES FOR THE YEAR ENDED 31 DECEMBER 2023 (CONT'D)**

	O 1		O 2		O 3		O 4		2023		2022	
	Advocacy & Champion Rights RM		Awareness & Empowerment RM		Integrated & Accessible Services RM		Governance, Management, Development & Sustainability RM		RM		RM	
Balance brought forward	0	0	0	0	181,958	0	22,660	204,618	199,367	0	0	7,644
Fundraising expenses	0	0	0	0	0	0	0	0	0	0	0	5,865
Gift, aids, token and commission	0	0	0	0	50	0	856	906	980	980	0	52,780
Honorarium	0	0	0	0	980	0	0	1,097	1,237	1,097	0	1,237
Insurance (Property, Fixed assets)	0	0	0	0	814	0	283	6,293	4,775	6,293	0	4,775
Medical expenses	0	0	0	0	6,293	0	0	1,393	2,812	1,393	0	2,812
Medical claim	0	0	0	0	580	0	813	23,378	9,697	23,378	0	9,697
Office expenses	0	0	0	0	5,388	0	17,990	19,810	29,931	19,810	0	29,931
Office building (Rental, maintenance fee)	0	0	0	0	10,030	0	9,780	1,000	3,300	1,000	0	3,300
Project activities	0	0	0	0	1,000	0	0	22,323	23,950	22,323	0	23,950
Professional fee	0	0	0	0	22,323	0	0	5,264	6,565	5,264	0	6,565
Printing and stationery	0	0	0	0	2,573	0	2,691	394	358	394	0	358
Postage and courier charges	0	0	0	0	246	0	148	6,572	2,616	6,572	0	2,616
Refreshment	0	0	0	0	4,066	0	2,506	294,028	350,897	294,028	0	350,897
Balance carried forward	0	0	0	0	236,301	0	57,727					


The accompanying notes form an integral part of the financial statements.

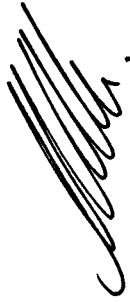
Registration No: PPM-003-07-16011962


**PENANG FAMILY HEALTH DEVELOPMENT ASSOCIATION  
(PERSATUAN PERKEMBANGAN KESIHATAN KELUARGA PULAU PINANG)  
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**STATEMENT OF FUNCTIONAL EXPENSES FOR THE YEAR ENDED 31 DECEMBER 2023 (CONT'D)**

	O 1		O 2		O 3		O 4		2022		2023	
	Advocacy & Champion Rights	RM	Awareness & Empowerment	RM	Integrated & Accessible Services	RM	Governance, Management, Development & Sustainability	RM	RM	RM	RM	RM
Balance brought forward	0		0		236,301		57,727		350,897	294,028		350,897
Repair and maintenance	0		0		0		0		1,808	0		1,808
Salary and allowance	0		0		205,462		111,224		465,160	316,686		465,160
Stamp duty	0		0		0		10		104	10		104
Training and development	0		0		0		0		700	0		700
Telecommunications	0		0		8,228		1,727		7,233	9,955		7,233
Travel and subsistence	0		0		18,675		611		22,808	19,286		22,808
Vehicle running cost (Road tax, insurance)	0		0		0		781		2,170	781		2,170
	0		0		468,666		172,080		850,880	640,746		850,880

  
Ms Yeap Meng Chee  
Chairperson

  
Dr Tong Mun Wah Mallise  
Treasurer

  
Ms Low Bee Cheng  
State Manager

The accompanying notes form an integral part of the financial statements.

**PENANG FAMILY HEALTH DEVELOPMENT ASSOCIATION  
(PERSATUAN PERKEMBANGAN KESIHATAN KELUARGA PULAU PINANG)  
(Registered in Malaysia)**

**STATEMENT OF CASH FLOWS  
FOR THE YEAR ENDED 31 DECEMBER 2023**

	Note	2023 RM	2022 RM
<b>CASH FLOW FROM OPERATING ACTIVITIES</b>			
Surplus before tax		51,669	45,538
Adjustments for:			
Depreciation of property, plant and equipment		1,732	15,708
Gain on disposal of property and equipment		0	(9,699)
Interest income		(1,138)	(1,113)
Operating surplus before working capital changes		52,263	50,434
Decrease in inventories		4,819	2,503
Decrease in receivables and deposits		1,611	6,175
Decrease in payables and deposits received		(600)	(16,102)
Net cash generated from operating activities		<u>58,093</u>	<u>43,010</u>
<b>CASH FLOWS FROM INVESTING ACTIVITIES</b>			
Interest received		1,138	1,113
Proceeds from disposal of property, plant and equipment		0	9,700
Net cash generated from investing activities		<u>1,138</u>	<u>10,813</u>
<b>CASH FLOWS FROM FINANCING ACTIVITY</b>			
		<u>0</u>	<u>0</u>
Net increase in cash and cash equivalents		59,231	53,823
Cash and cash equivalents at beginning of the year		241,454	187,631
Cash and cash equivalents at end of the year		<u>300,685</u>	<u>241,454</u>
<b>Cash and cash equivalents comprise:</b>			
Cash and bank balances	4	243,891	185,798
Interest bearing deposits - building fund	4	56,794	55,656
		<u>300,685</u>	<u>241,454</u>

The accompanying notes form an integral part of the financial statements.

**PENANG FAMILY HEALTH DEVELOPMENT ASSOCIATION**  
**(PERSATUAN PERKEMBANGAN KESIHATAN KELUARGA PULAU PINANG)**  
(Registered in Malaysia)

**NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023**

**1 GENERAL INFORMATION**

The Penang Family Health Development Association (Persatuan Perkembangan Kesihatan Keluarga Pulau Pinang) (the “Association” or “FHDA”) is a voluntary not for profit organisation registered in 1961.

The administration office is located at 333, Jalan Perak, 11600 Jelutong, Pulau Pinang and also houses one of the clinics (FHDA Jalan Perak).

The objectives of the Association are as follows:-

- (a) To promote sexual and reproductive rights as human rights;
- (b) To encourage individuals to take control of their reproductive lives;
- (c) To educate the public on the relationship between population, resources, development, environment and family planning;
- (d) To promote equality between men and women;
- (e) To promote choices in reproductive health;
- (f) To act as the liaison body between associate members the Federation of Reproductive Health Associations Malaysia, National Population and Family Development, Ministry of Health and any other agencies interested in reproductive health; and
- (g) To raise funds in furtherance of the above objects.

The Association shall not discriminate on grounds of race, creed, colour, political belief, or sex and provide for a widely based membership.

Its main programme is promoting access to sexual and reproductive health, family health and family development services using four key strategies (01-Advocacy and Champion Rights, 02 - Awareness and Empowerment, 03-Intergrated and Accessible Services and 04-Governance, Management, Development and Sustainable).

Tuanku Ismail Jewa Centre (formerly known as Family Development Centre) launched on 24 October, 2009 in memory of the Association’s late past President.

The Association is a member of the Federation of Reproductive Health Associations, Malaysia (“FRHAM”). The principal sources of revenue are project grants channelled through the FRHAM and International Planned Parenthood Federation (“IPPF”), Malaysian Government, Malaysian AIDS Council, (“MAC”) Global Fund clinic services.

In order to carry out its task, the Association conducts the following services:-

- (a) Providing clinical reproductive health screening and family wellness services, sexually transmitted infections (STI) clinic, contraception and abortion counselling;
- (b) Supporting HIV/AIDS prevention, screening, treatment adherence and charity supplies rendered to families living with HIV;
- (c) Conducting health information, education and communication campaigns, which cover the underserved and underprivileged communities (such as lower income, elderly, disabled) through outreach mobile clinics and by applying audiovisual materials;
- (d) Empowering young people on sexual and reproductive health and rights to make life choices through youth camps and youth peer activities;
- (e) Improving access to family and sexual health services to marginalised groups and their families. The

marginalised groups classified as key populations by the United Nations include sex workers (SW), men who have sex with men (MSM), transgender / transsexual (TG / TS), drug users (DU);

(f) To implement the programme by hiring staff, maintaining equipment and buildings for the office, centres and clinics at Perak Road, Kampong Kolam in George Town, Jalan Pegawai in Bukit Mertajam, Penang;

(g) Assessing and reporting the effect and conduct of the four strategies undertaken.

The financial statements of the Association are presented in the functional currency, which is the currency of the primary economic environment in which the entity operates. The functional currency of the Association is Ringgit Malaysia as the sales and purchases are mainly denominated in Ringgit Malaysia and receipts from operations are usually retained in Ringgit Malaysia and funds from financing activities are generated in Ringgit Malaysia.

## 2 SIGNIFICANT ACCOUNTING POLICIES

The financial statements have been prepared in accordance with the International Planned Parenthood Federation, (“IPPF”) accounting policies, Malaysian Private Entities Reporting Standard and the requirements of the Societies Act, 1966 in Malaysia.

The financial statements have been prepared on the historical cost basis, except for the revaluation of certain assets and liabilities.

The principal accounting policies adopted are set out below:

### 2.1 PROPERTY, PLANT AND EQUIPMENT

The cost of an item of property, plant and equipment is recognised as an asset when it is probable that future economic benefits associated with the item will flow to the Association and the cost of the item can be measured reliably. After recognition as an asset, an item of property, plant and equipment are measured at cost less any accumulated depreciation and any accumulated impairment losses.

Depreciation is provided on a straight-line method so as to write off the depreciable amount of the following assets over their estimated useful lives, as follows:

	<b><u>Rate</u></b>
Freehold building	5%
Leasehold building	5%
Equipment	5% - 20%
Furniture and fittings	20%
Motor vehicle	20%
Renovation	10%
Signboard	10%

Depreciation of an asset begins when it is ready for its intended use.

If there is an indication of a significant change in factors affecting the residual value, useful life or asset consumption pattern since the last annual reporting date, the residual values, depreciation method and useful lives of depreciable assets are reviewed, and adjusted prospectively.

The carrying amounts of items of property, plant and equipment are derecognised on disposal or when no future economic benefits are expected from their use or disposal. Any gain or loss arising from the derecognition of items of property, plant and equipment, determined as the difference between the net disposal proceeds, if any, and the carrying amounts of the item, is recognised in profit or loss. Neither the sale proceeds nor any gain on disposal is classified as revenue.

### 2.2 Impairment of assets, other than inventories and financial assets

At each reporting date, the Association assesses whether there is any indication that an asset may be

impaired. If any such indication exists, the recoverable amount of the asset is estimated.

When there is an indication that an asset may be impaired but it is not possible to estimate the recoverable amount of the individual asset, the Association estimates the recoverable amount of the cash-generating unit to which the asset belongs.

The recoverable amount of an asset and a cash-generating unit is the higher of the fair value less costs to sell and value in use. In assessing value in use, the estimated future cash flows are discounted to their present value using a pre-tax discount rate that reflects current market assessments of the time value of money and the risks specific to the asset.

If the recoverable amount of an asset or a cash-generating unit is less than the carrying amount, an impairment loss is recognised to reduce the carrying amount to its recoverable amount. An impairment loss for a cash-generating unit is firstly allocated to reduce the carrying amount of any goodwill allocated to the cash-generating unit, and then, to the other non-current assets of the unit pro rata on the basis of the carrying amount of each appropriate asset in the cash-generating unit. Impairment loss is recognised immediately in profit or loss, unless the asset is carried at a revalued amount, in which case it is treated as a revaluation decrease.

The recoverable amount is the higher of an asset's or cash-generating unit's fair value less to sell, value in use and zero.

An impairment loss recognised in prior periods for an asset or the appropriate assets of a cash-generating unit is reversed when there has been a change in the estimates used to determine the asset's recoverable amount. An impairment loss is reversed to the extent that the asset's carrying amount does not exceed the carrying amount that would have been determined, net of depreciation, if no impairment loss had been recognised in prior periods. A reversal of an impairment loss is recognised immediately in profit or loss, unless the asset is carried at revalued amount, in which case it is treated as a revaluation increase.

### **2.3 INVENTORIES**

Inventories are measured at the lower of cost and estimated selling price less costs to complete and sell. Cost of inventories comprises all costs of purchase, costs of conversion and other costs incurred in bringing the inventories to their present location and condition. Cost of inventories is measured by using the First-in First-out method.

At each reporting date, inventories are assessed for impairment. If an item of inventory is impaired, the carrying amount is reduced to its selling price less costs to complete and sell; the impairment loss is recognised immediately in profit or loss. At each subsequent reporting date, the Association makes a new assessment of selling price less costs to complete and sell. If there is any indication that an impairment loss recognised in prior periods may no longer exist or when there is clear evidence of an increase in selling price less costs to complete and sell due to changed economic circumstances, an impairment loss is reversed to the extent that the new carrying amount is the lower of the cost and the revised selling price less costs to complete and sell.

Inventory donated by IPPF are stated at the landed cost of inventories at port of entry, customs clearing and forwarding charges are expensed during the financial year of acquisition.

### **2.4 FINANCIAL ASSETS**

Financial assets are recognised in the statement of financial position when the Association becomes a party to the contractual provisions of the instrument.

On initial recognition, financial assets are measured at transaction price, include transaction costs for financial assets not measured at fair value through profit or loss, unless the arrangement constitutes, in effect, a financing transaction for the counterparty to the arrangement.

After initial recognition, financial assets are classified into one of three categories: financial assets measured at fair value through profit or loss, financial assets that are debt instruments measured at amortised cost, and financial assets that are equity instruments measured at cost less impairment.

***i) Financial Assets At Fair Value Through Profit Or Loss***

Financial assets are classified as at fair value through profit or loss when the financial assets are within the scope of Section 12 of the MPERS or if the financial assets are publicly traded or their fair value can otherwise be measured reliably without undue cost or effort.

Changes in fair value are recognised in profit or loss.

If a reliable measure of fair value is no longer available for an equity instrument that is not publicly traded but is measured at fair value through profit or loss, its fair value at the last date that instrument was reliably measurable is treated as the cost of the instrument, and it is measured at this cost amount less impairment until a reliable measure of fair value becomes available.

***ii) Financial Assets That Are Debt Instruments Measured At Amortised Cost***

After initial recognition, debt instruments are measured at amortised cost using the effective interest method. Debt instruments that are classified as current assets are measured at the undiscounted amount of the cash or other consideration expected to be received.

Effective interest method is a method of calculating the amortised cost of financial assets and of allocating the interest income over the relevant period. The effective interest rate is the rate that exactly discounts estimate future cash receipts through the expected life of the financial assets or, when appropriate, a shorter period, to the carrying amount of the financial assets.

***iii) Financial Assets That Are Equity Instruments Measured At Cost Less Impairment***

Equity instruments that are not publicly traded and whose fair value cannot otherwise be measured reliably without undue cost or effort, and contracts linked to such instruments that, if exercised, will result in delivery of such instruments, are measured at cost less impairment.

***iv) Impairment Of Financial Assets***

At the end of each reporting period, the Association assesses whether there is any objective evidence that financial assets that are measured at cost or amortised cost, are impaired.

Objective evidence could include:

- significant financial difficulty of the issuer; or
- a breach of contract; or
- the lender granting to the borrower a concession that the lender would not otherwise consider; or
- it becoming probable that the borrower will enter bankruptcy or other financial reorganisation; or
- observable data indicating that there is a measurable decrease in the estimated future cash flows from the financial assets since the initial recognition of those assets.

For certain category of financial assets, such as trade receivables, if it is determined that no objective evidence of impairment exists for an individually assessed financial asset, whether significant or not, the assets are included in a group with similar credit risk characteristics and collectively assessed for impairment.

Impairment losses, in respect of financial assets measured at amortised cost, are measured as the differences between the assets' carrying amounts and the present values of their estimated cash



flows discounted at the assets' original effective interest rate.

If there is objective evidence that impairment losses have been incurred on financial assets measured at cost less impairment, the amount of impairment losses are measured as the difference between the asset's carrying amount and the best estimate of the amount that the Association would receive for the asset if it were to be sold at the reporting date.

The carrying amounts of the financial assets are reduced directly, except for the carrying amounts of trade receivables which are reduced through the use of an allowance account. Any impairment loss is recognised in profit or loss immediately. If, in subsequent period, the amount of an impairment loss decreases, the previously recognised impairment losses are reversed directly, except for the amounts related to trade receivables which are reversed to write back the amount previously provided in the allowance account. The reversal is recognised in profit or loss immediately.

**v) *Derecognition Of Financial Assets***

Financial assets are derecognised when the contractual rights to the cash flows from the financial assets expire, or are settled, or the Association transfers to another party substantially all of the risks and rewards of ownership of the financial assets.

On derecognition of financial assets in their entirety, the differences between the carrying amounts and the sum of the consideration received and any cumulative gains or losses are recognised in profit or loss in the period of the transfer.

**2.5 CASH AND CASH EQUIVALENTS**

Cash and cash equivalents in the statement of cash flows comprise cash and bank balances, short-term bank deposits and other short-term, highly liquid investments that have a short maturity of three months or less from the date of acquisition, net of bank overdrafts.

**2.6 FINANCIAL LIABILITIES**

Financial liabilities are recognised in the statement of financial position when the Association becomes a party to the contractual provisions of the instrument.

On initial recognition, financial liabilities are measured at transaction price, include transaction costs for financial liabilities not measured at fair value through profit or loss, unless the arrangement constitutes, in effect, a financing transaction for the Association to the arrangement.

After initial recognition, financial liabilities are classified into one of three categories: financial liabilities measured at fair value through profit or loss, financial liabilities measured at amortised cost, or loan commitments measured at cost less impairment.

**i) *Financial Liabilities Measured At Fair Value Through Profit Or Loss***

Financial liabilities are classified as at fair value through profit or loss when the financial liabilities are within the scope of Section 12 of the MPERS or if the financial liabilities are publicly traded or their fair value can otherwise be measured reliably without undue cost or effort.

If a reliable measure of fair value is no longer available for an equity instrument that is not publicly traded but is measured at fair value through profit or loss, its fair value at the last date that instrument was reliably measurable is treated as the cost of the instrument, and it is measured at this cost amount less impairment until a reliable measure of fair value becomes available.

**ii) *Financial Liabilities Measured At Amortised Cost***

After initial recognition, financial liabilities other than financial liabilities at fair value through profit or loss are measured at amortised cost using the effective interest method. Gains or losses are

recognised in profit or loss when the financial liabilities are derecognised or impaired.

Effective interest method is a method of calculating the amortised cost of financial liabilities and of allocating the interest expense over the relevant period. The effective interest rate is the rate that exactly discounts estimate future cash payments through the expected life of the financial liabilities or, when appropriate, a shorter period, to the carrying amount of the financial liabilities.

**iii) *Loan Commitments Measured At Cost Less Impairment***

Commitments to receive loan that meet the conditions of Section 11 of the MPERS are measured at cost less impairment.

**iv) *Derecognition Of Financial Liabilities***

Financial liabilities are derecognised when the obligation specified in the contract is discharged, cancelled or expires.

Any difference between the carrying amounts of the financial liabilities derecognised and the consideration paid is recognised in profit or loss.

**2.7 REVENUE**

**i) *Grant Income***

All grants are recognised on an accrual basis. Where income from donors is restricted for specific activities, the income is deferred and released to income when the funds are expended on those specific activities.

**ii) *Rendering Of Services***

Revenue from rendering of services is measured by reference to the stage of completion of the transaction at the reporting date.

**iii) *Property Rental Income***

Property rental income is recognised on an accrual basis in accordance with the substance of the relevant agreement.

**2.8 EMPLOYMENT BENEFITS**

**ii) *Short- Term Employment Benefits***

Short-term employment benefits, such as wages, salaries and other benefits, are recognised at the undiscounted amount as a liability and an expense when the employees have rendered services to the Association.

The expected cost of accumulating compensated absences are recognised when the employees render services that increase their entitlement to future compensated absences. The expected cost of non-accumulating compensated absences, such as sick and medical leaves, are recognised when the absences occur.

The expected cost of accumulating compensated absences are measured at the undiscounted additional amount expected to be paid as a result of the unused entitlement that has accumulated at the end of the reporting period.

The expected cost of profit-sharing and bonus payments are recognised when the Association has a present legal or constructive obligation to make such payments as a result of past events and a reliable estimate of the obligation can be made. A present obligation exists when the Association has no realistic alternative but to make the payments.

*iii) Defined Contribution Plan*

Contributions payable to the defined contribution plan are recognised as a liability and an expense when the employees have rendered services to the Association.

**3. CRITICAL ACCOUNTING JUDGEMENTS AND KEY SOURCES OF ESTIMATION UNCERTAINTY**

**3.1 CRITICAL JUDGEMENTS IN APPLYING THE ACCOUNTING POLICIES**

In the process of applying the Association's accounting policies, the Committee is of the opinion that there are no instances of application of judgement which are expected to have a significant effect on the amounts recognised in the financial statements.

**3.2 KEY SOURCES OF ESTIMATION UNCERTAINTY**

The key assumptions concerning the future, and other key sources of estimation uncertainty at the reporting date, that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next year, other than those disclosed in the Notes, are as follows:

i) The cost of an item of plant and equipment is depreciated on the straight-line method or another systematic method that reflects the consumption of the economic benefits of the asset over its useful life. Estimates are applied in the selection of depreciation method, the useful lives and the residual value. The actual consumption of the economic benefits of the plant and equipment may differ from the estimates applied.

ii) Write down for obsolete or slow-moving inventories  
The Association writes down its obsolete or slow-moving inventories based on assessment of their estimated net selling price. Inventories are written down when events or changes in circumstances indicate that the carrying amounts could not be recovered. Management specifically analyses sales trend and current economic trends when making this judgement to evaluate the adequacy of the write down for obsolete or slow-moving inventories. Where expectations differ from the original estimates, the differences would impact the carrying amount of inventories.

**4 CASH AND CASH EQUIVALENTS**

	<b>2023</b>	<b>2022</b>
	<b>RM</b>	<b>RM</b>
Cash in hand	9,901	2,740
Cash at bank	233,990	183,058
Interest bearing deposits - Termination and service reserve	56,794	55,656
	<u>300,685</u>	<u>241,454</u>

The accompanying notes form an integral part of the financial statements.

**5 INVENTORIES**

	<b>2023</b>	<b>2022</b>
	<b>RM</b>	<b>RM</b>
Antibiotic (tablets)	154	202
Anti fungal	2,269	2,394
Contraceptives	3,606	10,557
Hormone replenishment therapy	885	1,673
Others	9,209	5,094
Vitamins (tablets)	1,698	2,833
Anti hypertensive	462	271
Lipid lowering	315	393
	<u>18,598</u>	<u>23,417</u>

**6 OTHER RECEIVABLES AND PREPAYMENTS**

	<b>2023</b>	<b>2022</b>
	<b>RM</b>	<b>RM</b>
Other receivables	5,556	5,443
Prepayments	21	1,745
	<u>5,577</u>	<u>7,188</u>

**7 PROPERTY, PLANT AND EQUIPMENT**

	<b>As at</b>			<b>As at</b>
	<b>01 January</b>	<b>Additions</b>	<b>Disposals</b>	<b>31 December</b>
	<b>2023</b>			<b>2023</b>
	<b>RM</b>	<b>RM</b>	<b>RM</b>	<b>RM</b>
<b>Cost</b>				
Freehold building	190,000	0	0	190,000
Leasehold building	90,025	0	0	90,025
Equipment	263,354	0	0	263,354
Furniture and fittings	12,372	0	0	12,372
Motor vehicle	38,482	0	0	38,482
Renovation	78,310	0	0	78,310
Signboard	1,858	0	0	1,858
	<u>674,401</u>	<u>0</u>	<u>0</u>	<u>674,401</u>

7 **PROPERTY, PLANT AND EQUIPMENT (CONT'D)**

	As at 01 January 2023 RM	Charges for the year RM	Disposals RM	As at 31 December 2023 RM
<b><u>Accumulated Depreciation</u></b>				
Freehold building	189,999	0	0	189,999
Leasehold building	90,025	0	0	90,025
Equipment	263,271	56	0	263,327
Furniture and fittings	11,729	321	0	12,050
Motor vehicle	38,481	0	0	38,481
Renovation	71,799	930	0	72,729
Signboard	966	425	0	1,391
	666,270	1,732	0	668,002
	666,270	1,732	0	668,002

	2023 RM	2022 RM
<b><u>Carrying Amount</u></b>		
Freehold building	1	1
Leasehold building	0	0
Equipment	27	83
Furniture and fittings	322	643
Motor vehicle	1	1
Renovation	5,581	6,511
Signboard	467	892
	6,399	8,131
	6,399	8,131

8 **PAYABLES AND ACCRUALS**

	2023 RM	2022 RM
MOH / IFiter	20,860	0
Middle Sex University (AP)	6,937	0
Payables	14,474	37,000
Accruals	5,478	11,349
	47,749	48,349
	47,749	48,349

The accompanying notes form an integral part of the financial statements.

## 9 DESIGNATED FUND

	<b>Unrestricted Termination Reserve RM</b>	<b>Clinical Service Reserve RM</b>	<b>FRHAM / IPPF RM</b>	<b>Inventory Fund RM</b>	<b>Total RM</b>
At beginning and end of the year	<u>20,753</u>	<u>35,958</u>	<u>37,847</u>	<u>14,444</u>	<u>109,002</u>

## 10 INCOME TAX

The Federation of Reproductive Health Association, Malaysia (“The Federation”) and its affiliated State member associations (including Penang Family Health Development Association formerly known as Penang Family Planning Association until its change for name in 2008) have been exempted from income tax under Section 127 (1) (b) of the Income Tax Act, 1967 in Malaysia. However, under the Finance Act, 1986 in Malaysia, this exemption had been withdrawn with effect from the financial year ended 31 December 1987 (year of assessment 1988).

On 12 January 2021, approval was obtained from the Director of Inland Revenue Board for the Federation and its affiliated members to be exempted from income tax with effect from the Year of Assessment 1988 (year ended 31 December 1988) until the Year of Assessment 2024 (year ended 31 December 2024) under Paragraph 13 Schedule 6 of the Income Tax Act, 1967 (as amended) in Malaysia. Hence, no provision for income tax has been made in the financial statements of the Federation. By virtue of the Association being a member of the Federation, no provision for income tax was made in the financial statement of the Association. This is consistent with the basis adopted in the financial statements of the Federation.

## 11 AUTHORISATION FOR ISSUE OF THE FINANCIAL STATEMENTS

The financial statements of the Association were authorised for issue by the Committee on 31 May 2024.

The accompanying notes form an integral part of the financial statements.

TERIMA KASIH

THANK YOU

謝謝

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Ministry of Health (MOH), Malaysia  
Malaysian AIDS Council (MAC)  
Malaysian AIDS Foundation (MAF)  
International Planned Parenthood Federation (IPPF)  
Federation of Reproductive Health Associations, Malaysia (FRHAM)  
Japan Trust Fund (JTF)  
Theng Kah Loke & Wong Ah Yin Charitable Trust  
Tujuh Sekawan Sdn Bhd  
Klinik Rakyat Family Planning Services Sdn Bhd

YB Puan Lim Siew Khim, Penang State Exco for Social Development, Welfare and  
Non Islamic Religious Affairs

Masjid Daerah SPT, Bandar Perda  
Penang Association of Psychology and Counselling (PACP)  
Lembaga Pembangunan dan Perkembangan Keluarga Negara (LPPKN)  
Medecins Sans Frontieres (Penang)  
Pearl of Joy, EPCC  
Universiti Sains Malaysia (USM), Pusat Pengajian Sains Kemasyarakatan  
Fuji Electric Sdn Bhd  
Malaysian Nurses Association, Penang branch  
Penang International Dental College  
Rose Charities, Penang

Jabatan Kesihatan Negeri Pulau Pinang (Unit HIV/STI/HCV)

Hospital Pulau Pinang (ID Clinic)  
Hospital Seberang Jaya (Program Kenali Ubat Anda)

Pejabat Kesihatan Daerah all districts in Penang –  
Timur Laut (DTL), Barat Daya (DBD), Seberang Perai Utara (SPU),  
Seberang Perai Tengah (SPT), Seberang Perai Selatan (SPS).  
Klinik Kesihatan (KK) Bayan Baru DBD, KK Bukit Panchor SPS, KK Butterworth SPU, KK Jalan  
Macalister DTL, KK Seberang Jaya SPT and KK Sungai Dua (DTL)

All our donors, volunteers, supporters and staff

All those who contributed to Penang Family Health Development Association in 2023

We, the Executive Committee of Penang Family Health Development Association (Persatuan  
Perkembangan Kesihatan Keluarga Pulau Pinang) could not have achieved a total reach to  
10,000 beneficiaries without your support

# Reaching the poor marginalised, underserved populations

