



Penang Family Health Development Association 槟州家庭健康发展协会

PENYATA TAHUNAN 2016 56th Annual Report



Majlis Pelancaran Program Ujian Saringan HIV Berasaskan Komuniti (CBT) Oleh YB Dato' Seri Dr Hilmi Bin Haji Yahaya

PERSATUAN PERKEMBANGAN KESIHATAN KELUARGA PULAU PINANG

Penang Family Health Development Association

槟州家庭健康发展协会

(Winner of Tun Dr Siti Hasmah Award, 2012)

The Penang Family Health Development Association (FHDA), is a member association of the Federation of Reproductive Health Associations, Malaysia (FRHAM). FRHAM is a national NGO leading in the field of promotion on sexual and reproductive health and rights (SRHR) in Malaysia. Penang FHDA is an NGO, a not for profit registered society with charity status (two tax exemption certificates through the FRHAM). We collaborate with the National Population and Family Development Board, under the Ministry of Women, Family and Community Development, Malaysia. FHDA is also a partner organization of the Malaysian AIDS Council and we provide a complementary service for the AIDS programme of the Ministry of Health, Malaysia.

We won the Tun Dr Siti Hasmah Award 2012 for community work on AIDS. This award is presented by the Malaysian AIDS Foundation and the Patron is the wife of the Prime Minister of Malaysia.

FHDA depends on funds for projects from donors/sponsors and international or national grants. For administration overheads, advocacy and incubation of new initiatives or charity services we have to raise our own income from public donations and fees for services.

VISION: To be a leading NGO in the field of sexual and reproductive health and rights

MISSION: A caring and effective NGO in community health.

MOTTO: My Body, My Responsibility

Location

Penang FHDA is located in George Town, in the state of Penang, North West Peninsular Malaysia. The association manages :One basic family planning/women's health screening clinic in George Town, Penang island.

- one outreach/ social work centre in Bukit Mertajam on the mainland.
- A small office/counselling centre at 333 Jalan Perak, George Town, Penang.

The FHDA Programme

1. Clinical

FHDA's clinics offer family planning, medical screening for women's health, HIV, STI and counseling/referrals for all who come irrespective of age, status and identification documents. We have free fortnightly HIV screening night clinics and daily clinics.

2. Outreach

- Case management outreach to transgender, street female sex workers and men who have sex with men on a STI/HIV harm reduction programme, bringing the clients for medical treatment and following up with the clients (Penang and Kedah).
- Outreach to under served women to provide health screening services free of charge and referring them to free of charge tertiary care .
- Treatment adherence peer support services to patients receiving highly active anti retro viral therapy and financial support for travel to and from clinic besides financial aid for children infected or affected by HIV.

3. Counselling

We provide counselling for unwanted pregnancy, fertility, contraception, sexuality/medical and referral services; and counselling for special-needs (disabled) youth and their carers. HIV counselling at the free anonymous clinic twice a month.

4. Advocacy

FHDA advocates for policy change to enable increased access to healthcare and employment for marginalised groups Women's health screening service, counselling and advocacy are part of our programme, reaching work places like factories, the public at housing estates, and to institutions of education.

5. Aged care

FHDA conducts outreach project to serve the elderly in the community with home visits and activities at old folks' homes. FHDA provide nursing advice, emotional and training support to carers. We repaired toilet for the elderly who are home alone; provide wheelchairs and walking sticks.

6. Training

FHDA runs training workshops on sexuality, HIV, STI, SRHR for peer educators and young people.

7. Publications

- Manual "Bicara Komuniti" (a Malay language facilitators' guide)
- Guidelines for HIV testing" (registered National Library Bar Code), 2011.

Conclusion

FHDA is an established NGO with a history since 1961 (original inception as Family Planning Association). Current challenges are reduction in volunteer enrolment and financial challenges for sustainable income. We have Palpal merchant status. We welcome more volunteers to support us to help us design a sustainable income plan.



MESSAGE FROM THE PRESIDENT

The year past, 2016, saw a historical event at FHDA. The Deputy Minister of Health (MOH), Yang Berhormat Dato' Seri Dr Hilmi Bin Haji Yahaya, launched community based testing (CBT) for HIV at our office, witnessed by federal health ministry top officers and AIDS officers from the states of Malaysia. Present were the Malaysian AIDS Council (MAC) officials, NGO representatives of the Country Coordinating Mechanism (CCM); state government agencies and health clinics. The Penang State Health Department and Majlis Bandaraya Pulau Pinang were in full support of this event. This is an endorsement of our CBT model to provide access to the key populations.

Previous to that, MOH had invited MAC to send FHDA staff to assist in writing a pilot manual for training NGO workers to conduct CBT. After that, MOH trained partner organisations' outreach staff from various states and provided practical attachment to empower them to implement rapid HIV tests at their sites.

In this annual report, there is continuing focus on people living with HIV, sex workers and transgender and men by advocating for access to health and decreasing stigma. In line with that, FHDA applied for extension of grant from MAC for Global Fund, and the project from 2016-2018 is a harm reduction (sexual HIV transmission) Case Management Project model in cooperation with the government health clinics .

On another sexual and reproductive health (SRH) and rights subject, internationally, this is a significant year for human rights, especially affecting women. We see United States President Trump's negative policies imposed on international agencies curtailing the work of essential reproductive health services.

The prevalence of our Malaysian patriarchal attitude works against women and girls in this country as seen by the numbers of teen pregnancies, often causing forced child marriages, unsafe illegal abortions, tragic baby dumping or stateless illegitimate children. Family planning services are available, yet many women have unwanted pregnancies. Contraceptive failure and poor uptake of services remain concerned issues.

When safe affordable abortion is not readily available, there should be awareness of legal avenues for help. The most important factor is prevention through information such as a government policy of comprehensive sexuality education (CSE) for teenagers and non judgmental SRH counselling. Health and education policies continue to be strongly influenced by religious views. These often work against against effective implementation of current services.

Recognizing the gap in advocacy and medical education, Penang FHDA implemented the FRHAM initiated Obstetrical & Gynaecological Society of Malaysia (OGSM) Basic Contraception Course for housemen, medical officers, pharmacists and nurses. This full-house event was conducted by O & G consultant Dr John Teo and organised by a team under the leadership of Dr (Mrs) Gan Kam Ling.

In concluding, we, FHDA, pledge we will work tirelessly to advocate against trends especially those threatening reproductive rights.

A handwritten signature in black ink, appearing to read 'S. Rao', with a long horizontal stroke extending to the right.

DR SHREEGANSHI SRINIVAS RAO, KMN, DJN, JP
President
Penang FHDA

MESSAGE FROM THE CHAIRPERSON

2016 saw FHDA strengthening organisational governance and entering partnerships with existing agencies as well as new ones. During the process, we advocated SRHR and our motto “My body, my responsibility”.

Good governance is important as it not only gives the local community confidence but also improves faith elected members and officers have in their own organisation and decision-making process. Hence, FHDA is honoured to be selected by the Federation of Reproductive Health Associations Malaysia (FRHAM) as one of the three state member associations (MAs) involved in the accreditation process by IPPF. FRHAM scored 85% in the accreditation process.



In our effort to further improve D’ Me and U clinic (formerly Kampung Kolam clinic), FHDA looked into better clinic management. The opportunity came when IPPF East and South-East Oceanic Region (ESEAOOR) regional office offered to provide technical support for FHDA and another state member association of FRHAM in setting up an effective manual client-focused Clinic Management Information System (CMIS) and eventually move towards an electronic one, eCMIS using OpenEMR which is widely used by public and private clinics and hospitals in many countries. We undertook the training in the pilot project.

Possessing our own building to accommodate all our different units under one roof has always been FHDA’s dream. We are happy to say that part of our prayers have been answered. A good samaritan has donated a piece of land in Bukit Minyak, Seberang Perai to enable us to set up our very own building. We know that it will not be an easy task. However, together with supporters, well wishers and a lot of hard work, we will make the dream a reality.

This year (2017), we successfully organised together with Gleneagles Penang a seminar on infertility, “Pregnancy Pitstop: Things your mother never told you”. This was the first of its kind as it involved setting up a dedicated website (clickfunnels.com), opening a Paypal merchant ID account (Dec 2016) and using social media for promotion and publicity including short videos sent out on apps.

FHDA also secured funding from the Family Health Foundation Malaysia (the financial arm of FRHAM) to conduct a series of activities at two old folks’ homes – Silver Jubilee Home on the island, Rumah Sejahtera Permatang Tinggi on the mainland. This is in tandem with our strategy in providing reproductive health services to the ageing; thus completing the cycle of clients served by us – from cradle to the grave.

I would like to express my sincere gratitude towards our project funders and donors for through their generosity, we are able to carry out activities especially to the underserved. My appreciation is extended to our unsung heroes – the many volunteers – who have put in great effort and precious time to lend a helping hand. We have also established a symbiotic relationship with Disted College. Thank you for sending students for internship at our association. I would like to thank Dr Yim Poh Yin for keeping the flame going at D’ Me and You Clinic. Last but not least, my thanks goes to the dedicated executive committee and committed staff.

I would like to end this message with the last stanza of Robert Frost’s “Stopping by woods on a snowy evening”:

“The woods are lovely, dark and deep,
But I have promises to keep,
And miles to go before I sleep,
And miles to go before I sleep.”

A handwritten signature in black ink that reads "Yeap Meng Chee".

Yeap Meng Chee, BCN, PKT, PJK
Chairperson
Penang FHDA

OFFICIALS and COMMITTEE MEMBERS 2015—2018

TRUSTEES:	Dato' Khoo Yeoh Gan Hong, DSPN, DJN, PPN, PKT, PJK, PJM Dr Najeemu Hamzah Dr Pyar Kaur Dato' Dr. Yee Thiam Sun, DMPN, DSPN, KMN, DJN, PKT, PJM.
PRESIDENT:	Dr. Choong Sim Poey, KMN, DJN, JP
EXECUTIVE:	Ms Yeap Meng Chee, BCN, PKT, PJK - Chairman
COMMITTEE:	Dr Dinesh Mahalingam - Vice Chairman Mr Lim Beng Poh, DJN, PKT, PJK, PPN - Hon. Secretary Mr Ong Lay Seong - Hon. Treasurer Dr (Mrs) Gan Kam Ling, PKT Ms Tan Seow Ean Mdm Jubaidah Nagoor, PPN, PJM Mdm Molly Mark, DJN, PKT, PJK Ms Tan Lay Pheng, PJM Mr Damian Lee Wan Tong Mdm See Cheng Kim, PJK, PPN
YOUTH:	Ms Swarna Devi A/P Palanivelu
REPRESENTATIVES:	Dr Low Kah Yan (co-opted on 28 October 2015)
HON. INTERNAL:	Mr Tan Tee Boon
AUDITORS:	Mr Tan Chun Seong

EXECUTIVE COMMITTEE MEMBER	25/6/16	6/8/16	5/11/16	11/2/17	9/3/17	22/4/17	TOTAL
Ms Yeap Meng Chee, BCN, PKT, PJK - Chairman	P	P	P	P	P	P	6/6
Dr Dinesh Mahalingam - Vice-Chairman	AP	AP	AP	AP	X	X	0/6
Mr Lim Beng Poh, DJN, PKT, PJK, PPN-Hon. Secretary	P	P	P	P	P	P	6/6
Mr Ong Lay Seong - Hon. Treasurer	P	P	P	AP	P	P	5/6
Ms Tan Seow Ean	P	P	AP	P	AP	AP	3/6
Dr (Mrs) Gan Kam Ling, PKT	AP	AP	AP	AP	X	X	0/6
Mdm See Cheng Kim, PJK, PPN	P	P	P	P	AP	P	5/6
Mr Damian Lee Wan Tong	P	AP	AP	AP	P	P	3/6
Mdm Molly Mark, DJN, PKT, PJK	P	P	P	P	AP	AP	4/6
Ms Tan Lay Pheng, PJM	P	AP	P	P	AP	P	4/6
Mdm Jubaidah Nagoor, PPN, PJM	AP	AP	AP	AP	AP	AP	0/6
Ms Swarna Devi a/p Palanivelu	AP	AP	AP	AP	AP	AP	0/6
Dr Low Kah Yan	-	AP	AP	AP	AP	AP	0/6

P - Present

AP - Absent with apology

AB - X

SUPPORTING STRATEGIES:

Hon Legal Adviser

Mr K Sri Dharan, Ms Nadiah Abdullah

Hon Religious (Islam) Adviser

Ustaz Ibrahim Yusof

Hon AIDS Advocacy Adviser

Dr Chow Ting Soo, DJN

Hon AIDS Programme Adviser

Mr Bakhtiar Talhah

Hon MSM Programme Adviser

Dr K. Kanagalingam

Volunteer Clinic Doctors

Dr Yim Poh Yin, PJK

Dr Tan Hong Jin

Dr Kalavathy a/p Tangga Muthu

Prof. Colm O'Herlihy, MD.F.R.C.O.G., F.R.C.P.I

REPRESENTATIVES TO EXTERNAL AGENCIES

**National Council of Women's Organisations,
Malaysia (Penang Branch)**

Ms Yeap Meng Chee (Chairman)

Mdm See Cheng Kim

Ms Tan Lay Pheng

**National Council of Women's Organisations,
Malaysia**

Ms Yeap Meng Chee
(Vice-President, Penang)

Majlis Kebajikan Masyarakat

Mr Lim Beng Poh

Delegates to FRHAM National Council

Mr Ong Lay Seong

Ms Swarna Devi a/p Palanivelu

Mr Lim Beng Poh

Mdm See Cheng Kim

**Federation of Reproductive Health Associations
Malaysia (FRHAM)**

Mr. Ong Lay Seong
(Hon. Secretary-General)

Delegates to Malaysian AIDS Council

Mdm Jubaidah Nagoor

Dr Dinesh Mahalingam

Mr Lim Beng Poh

Mr Bakhtiar Talhah (President)



MEMBERSHIP AS AT 31 DEC 2016

MEMBERSHIP TYPE	NEW 2016		CUMULATIVE C/F 31 DEC 2016		TOTAL 2016	NEW 2015		TOTAL NEW 2015
	M	F	M	F		M	F	
Ordinary	4	4	19	37	56	0	2	2
Life	2	4	84	114	198	2	2	4
Corporate	0	0	0	0	0	0	0	0
Youth	1	4	1	4	5	0	0	0
TOTAL	7	12	104	155	259	2	4	6

During the year under review, the Association approved twelve new memberships. There were 104 male (M) members and 155 female (F) members in 2016. Youth members under 24 years of age (YAC) 1 male and 4 females were recruited.

FECILITATIONS

Congratulations to the following members who received state honours, in conjunction with TYT Yang DiPertua Negeri Pulau Pinang's 78th birthday:

- Dato' Lawrence Cheah Seong Paik – Darjah Setia Pengakuan Negeri (D.S.P.N.)
- Dato' Ong Seng Huat – Darjah Setia Pengakuan Negeri (D.S.P.N.)
- Dato' Revathy A/P A. Nallusamy – Darjah Setia Pangkuan Negeri (D.S.P.N.)
- Mr Lim Beng Poh - Darjah Johan Negeri (D.J.N.)
- Dr. Saraswathi Bina Rai A/P SK Nagalingam – Darjah Johan Negeri (D.J.N.)
- Dr Gan Kam Ling – Pingat Kelakuan Terpuji (P.K.T.)

Congratulations on their wedded bliss:

- Dr Dinesh Mahalingam to Dr Shaleni Sothivadivel
- Mat Zainuri Mat Saat to Norliyana Mohd Zefli

UPDATING MEMBERSHIP RECORDS

Members and or their family are urged to kindly notify the Hon Secretary of
(a) change of address (b) current e-mail address and mobile phone number
(c) awards and titles bestowed to members (d) demise of members.

STAFF LIST AS AT 31 DECEMBER 2016

FHDA MANAGER:	Christine Low Bee Cheng (1994 - present)
BUSINESS & DEVELOPMENT MANAGER:	Engie Ng Lai Kin (1992 - present)
FINANCE OFFICER:	Cristal Lim Suan Choo (2010 - present)
GENERAL WORKER:	Goh Chue Ching (2000 - present)
CLINIC SUPERVISOR:	Yoga Vashni a/p Jeevnanthan (2011- 31 Mar 17)
CLINIC ASSISTANT:	Kam Min Lin (2000 - present) Boey Gan Heng (Jan - Jun 2016) Puspa a/p Veeramuthu (Feb - Apr 16) Siti Nor Tazirun Bt Mohd (Aug 16 - present)
PROGRAMME OFFICER:	M.Jayaletchamee (1977 - present)
PROGRAMME OFFICER:	Loh Yoke Peng (2011 - present)
PROGRAMME ASSISTANT:	Mohd Redduwan Zairukaperi (2014 - present)
SW/TG - PENANG SITES:	Noriza Binti Arshad (resigned Jun 2016)
<i>(AS OUTREACH WORKERS - TILL JUN 16)</i>	Mat Zainuri Mat Saat (2011 - present)
AS CASE WORKER - SINCE JULY 16	Nadja Rahim (2013 - present) Muhammad Ridzuan Azman (2014 - present) Lim Liang Teng (contract ended Jun 2016)
SW/TG - KEDAH SITES:	Faizah Mohd Fodzi (2012 - present)
<i>(AS OUTREACH WORKERS - TILL JUN 16)</i>	Bella Bistaman (2014 - present)
AS CASE WORKER - SINCE JULY 16	Azizan Sharif (contract ended Jun 2016) Mohd Yusri Ahmad (contract ended Jun 2016) Ahmad Fandi Akashah (contract ended Jun 2016)
MSM PENANG:	
CASE WORKER - SINCE JULY 16	Muhammad Roshamil Mokhtar (2013 - present) Nina Said (2014 - present)



STRATEGY 05/1: FAMILY PLANNING & SEXUAL REPRODUCTIVE HEALTH (SRH) SERVICES

Project Specific Objectives

1. Providing accurate and up-to-date information on sexual reproductive health and rights (SRHR).
2. Advancing quality, integrated SRH services to marginalised and under-served people.

Policy

It is the policy of the association to provide access to SRH contraceptive services, wellness and HIV / STI / pap smear services regardless of marital status, sexuality, age and gender orientation. FHDA subscribes to the International Planned Parenthood Federation (IPPF) "Sexual Rights: An IPPF Declaration" (www.ippf.org).

Sub-committee 2015-2018

1. Dr Dinesh Mahalingam (Chairman)
2. Dr Yim Poh Yin
3. Dr (Mrs) Gan Kam Ling
4. Dr Surinder Kaur
5. Mdm See Cheng Kim (Gender Issues)
6. Dr Low Kah Yan



Penang FHDA is well known for its family planning clinic, with the facebook address *Clinic Kampung Kolam Family Planning - D'Me & U Clinic*. This is the oldest service since its formal inception in 1961. Our aim is to enable everyone - young, marginalized and underserved to access Sexual and Reproductive Health services, irrespective of sexuality, gender or marital status.

The Executive Committee and Medical Committee held a series of brainstorming sessions to re-brand and increase the sustainability of the clinic, thus revamping the project name to Klinik D'Me & U and purchasing a new Toshiba doppler ultrasound machine.

Dr Yim Poh Yin is our anchor sessional doctor at 16/18 Kampong Kolam. On 23rd February 2016, the FHDA Executive Committee officially launched the new signboard and ultrasound service.

Klinik D'Me & U provides information, urine pregnancy testing, general medical examination, HIV/STI screening and family planning services. Services for young people seeking treatment for acne and menstrual pain is available.

Also available are: the Human Pappiloma Virus (HPV) vaccination to prevent cervical cancer, Flu vaccination (Influenza), Hepatitis B and Hepatitis A vaccination, Infertility counselling, testing and treatment for couples; Hormone Replacement therapy (HRT) for menopause patients and confidential HIV testing and counselling.

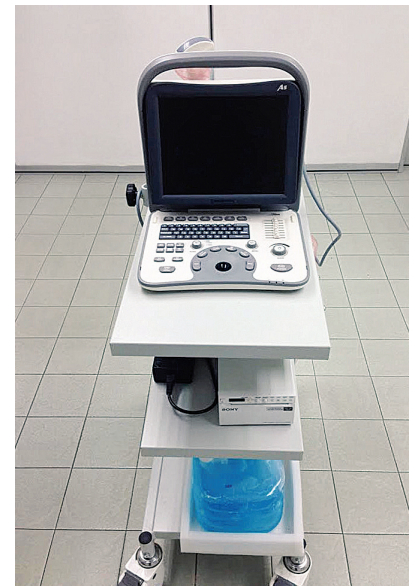
Many of the services are by appointment.

Ultrasound machines use sound waves to produce pictures in painless medical imaging that help the doctor to diagnose certain medical conditions.

At Klinik D'Me & U, we provide obstetric ultrasound and pelvic ultrasound scanning. Obstetric ultrasound views embryo or fetus within a pregnant woman, as well as the woman's uterus and ovaries. Pelvic ultrasound also known as trans-vaginal ultrasound is for examination of the female reproductive organ, i.e. the uterus, fallopian tubes, ovaries, cervix, and vagina. Ultrasound services together with blood test services are important in ante-natal screening.

Klinik D'Me & U commenced night sessions by Dr Tan Hong Jin from March 2016 but ceased in November 2016 due to lack of medical personnel.

Walk-in cases declined due to a variety of reasons. Some clients feel that there is no urgency to go for screening. Our clinic also lacks a full range of SRH services, and full-time medical doctors. There is also a provision of similar services at private panel clinics nearby.



Networking and collaboration

Penang Medical College (PMC) O&G Faculty Prof. Colm O' Herlihy, taught medical students at FHDA Clinic Kg Kolam.



COMCEFP (Community Clinic Extension of Family Planning)

This service to six medical doctor-members continued but supply decreased due to lack of modern contraceptives.

C-MIS (Clinical Management Information System)

Penang FHDA agreed to pilot this IPPF initiative and was given the opportunity by the Federation of Reproductive Health Associations, Malaysia for assessment and training.

We acquired two additional personal computers for the clinic for the purpose.



UNFPA/MYS4U/302 Project (2014-2017)

To strengthen delivery of Family Planning and Sexual and Reproductive Health related Services particularly for underserved groups of population

The programme aims to reach out to the underserved women and their spouses through outreach to selected locations via educational activities i.e. talks, discussions and exhibitions. Pamphlets on sexual and reproductive health topics in various languages are distributed to create awareness during the medical health screening programmes.

During the outreach to homes, family planning pills and condoms would be distributed according to the needs of the individuals. Clients would be referred to FHDA clinics or the nearby Klinik Kesihatan for further investigations.



TOTAL INDIVIDUALS REACHED	SERVICES RENDERED	DISTRIBUTION OF FPs
New Cases: Adult @ 231pax Children @ 27 pax Repeat Cases @ 782pax	HIV/AIDS Screening @ 79pax Blood Pressure measurement@ 502 pax BMI measurement @ 485 pax	Condoms @ 455 cycles OCP @ 11 cycles

TABLE 1: COMCEFP* ACCEPTORS (FP*) DATA

YEAR / TYPE OF CLIENTS	2011	2012	2013	2014	2015	2016
New	252	121	0	0	18	0
Continuing Acceptors	683	413	186	583	583	392
Revisits	25	19	98	80	80	196
TOTAL	960	553	284	663	681	588

COMCEFP* = *Community Clinic Extention Family Planning Programme*

FP* = *Family Planning*

TABLE 2: STATIC CLINIC ACCEPTORS (FP) DATA

YEAR / TYPE OF CLIENTS	2011	2012	2013	2014	2015	2016
New Acceptors	162	67	89	85	70	64
Continuing Acceptors	1010	734	597	566	552	441
Individual Women Seen	1172	801	686	651	836	894
Revisits	832	604	364	635	601	397
Special Clients (NCR*)	3194	2864	2712	3294	2629	1936
TOTAL	6370	5070	4448	5231	4688	3732

NCR* = *New Continuing Revisit*

TABLE 3: SOURCE OF REFERRAL (New Acceptors) DATA

YEAR / TYPE OF CLIENTS	2011	2012	2013	2014	2015	2016
Client	109	53	59	54	46	165
Staff	28	6	29	31	24	58
Member & Volunteers	0	0	0	0	0	0
Others (Media, Public relations)	25	8	1	0	0	12
TOTAL	162	67	89	85	70	235

TABLE 4: NEW AND CONTINUING CLIENTS

YEAR	2011	2012	2013	2014	2015	2016
CONTRACEPTIVE METHOD						
Oral	255	236	191	273	325	206
Intra Uterine Contraceptive Device	325	248	174	150	210	168
Male Condom	552	292	295	511	467	332
Female Condom	0	0	0	0	0	0
Injection 2 month	0	0	0	0	0	0
Injection 3 month	17	9	13	25	43	33
Foam Tablet (Neo—Sampoon)	11	0	0	0	0	0
Implanon	1	1	0	0	2	0
EVRA Patch	11	15	13	53	32	25
Emergency Contraception	0	0	0	21	7	3
TOTAL	1172	801	686	1033	1086	767

TABLE 5: SRH SERVICE DATA

YEAR / TYPE OF SERVICES	2011	2012	2013	2014	2015	2016
Pap Smear	1746	1445	1191	1335	1388	1081
Breast Examination	2034	1642	2357	1739	1469	1140
General Check by Staff	5180	4737	4575	4420	4329	3001
Minor Gynecological Treatment	225	289	275	251	309	562
Infertility Counselling	8	9	3	21	37	25
Marital Counselling	2	2	0	2	5	3
Pregnancy Testing	134	103	46	133	47	59
Referral to Other Agencies	707	143	431	127	518	421
Hormone Replacement Therapy	266	222	239	189	150	150
Male Clinic	513	442	444	309	312	510
Youth Friendly Clinic	162	36	83	99	87	212
Hepatitis B Immunisation	126	85	120	138	122	87
HPV* Vaccination	83	158	66	77	70	34
Ultrasound examination	NA	NA	NA	NA	NA	386
TOTAL	11186	9313	9830	8840	8843	7671

TABLE 6 : PAP SMEAR READINGS

YEAR	2011	2012	2013	2014	2015	2016
New	224	148	119	85	231	125
Repeat	1522	1297	900	1250	1157	1007
TOTAL	1746	1445	1019	1335	1388	1132

NORMAL	1728	1530	822	1092	1079	940
REFERRAL TO SPECIALIST FOR ABNORMALITY or MALIGNANCY	5	7	73	68	72	51
INFECTION TRICHOMONIASIS, MONILIASIS & ACTINOMYOSIS	231	209	124	175	237	141



DIARY OF ACTIVITIES - STRATEGY 05/1

	ACTIVITIES	DATE/ MTH	VENUE	NO. OF ACT.	NO. OF PAX
1	Night Clinic (Wed & Thurs)	Mar - Nov	Klinik D'Me & U	46	48
2	Blood test sessions by Gribbles Lab	Jan - Dec	Klinik D'Me & U	16	249
3	Counselling (face-to-face/ telephone)	Jan - Dec	FHDA Penang Klinik D'Me & U	17	19
4	Promotion D'Me & U Clinic				
4a	New signboard; vertical & lighted			1	21
4b	New "Time Chit" Form			1	1
4c	New Banners - Day & Night Clinic Services			1	1
4d	D'Me & U Open Day			1	27
4e	D'Me & U Night Session	Jan - Dec	Klinik D'Me & U	1	2
4f	Special Promotions:				
	● Cancer's Screening			1	15
	● Mother's Day			1	2
	● World Diabetics Day			1	4
	● World AIDS Day			1	12
5	Introduction of Software E-CMIS				
5a	CMIS Survey 2015	20.1.16		1	2
5b	IPPF Manual CMIS Assessment	27.4.16		1	1
5c	Briefing & dialogue with FHDA Exco members	27.4.16		1	7
5d	Report of CMIS Assessment by IPPF ESEAOR Regional Officers Mr Chew & Mr Brian	29.4.16		1	9
5e	New Forms:-	Jul - Nov	Klinik D'Me & U		
	● New Client Feedback Form			1	2
	● New Stock Monitoring Form			1	2
	● New Incident Form			1	2
	● New Clinic Flow Chart			1	2
	● New Counter Referral Form			1	2
	● New Referral Form			1	2
5f	Quality Assurance 2016 - Updated	14.7.16		1	3
5g	Open EMR-CMiS Training Workshop	12-16 Dec	FHDA Penang	1	13
6	Silver Threads Programme				
6a	Home visit:				
	● Elderly 93 years old	Jan		4	6
	● Terminal Cancer @ 60 years old	Jan	Pulau Pinang	1	3
	● Stroke @ 56 years old	Jun		1	1
6b	FHFM Ageing Project @ Silver Jubli Home Sungai Dua				
	● Stakeholders meeting	22.11.16		1	5
	● Project meeting	22.11.16	Pulau Pinang	1	2
	● Mapping of site	2.12.16		1	1
	● Discussion on "Wonders of Ageing SRH Health Campaign"	16.12.16		1	1
6b	FHFM Ageing Project @ Permatang Tinggi Rumah Sejahtera Aged Home				
	● Mapping of site	23.11.16		1	2
	● Stakeholder meeting	6.12.16	Bukit Mertajam	1	6
	● Meeting with Klinik Kesihatan Bukit Minyak	19.12.16		1	1
	● Project meeting	20.12.16		1	1

7	UNFPA MYS4U 302 PROJECT				
8a	Staff meetings	Feb - Oct	Penang & Bukit Mertajam	5	23
8b	Stakeholders meetings <ul style="list-style-type: none"> ● KKIA Anak Bukit, Bkt Mertajam ● Multisectoral Meeting ● Pejabat Kebajikan Bkt Mertajam ● Pegawai Perumahan Flat Wawasan ● Pegawai Perumahan Flat Padang Tembak 	Feb - Oct	Bukit Mertajam	1 1 1 1 1	2 9 3 2 3
8c	Referral to Klinik Kesihatan / Hospital <ul style="list-style-type: none"> ● HIV/STI testing ● Eye testing 	7.4.16 20.5.16	Seberang Perai	1 1	1 1
8d	Counselling <ul style="list-style-type: none"> ● LGBT behaviour ● Adolescent Sexuality ● Molest case 	2.6.16 10.6.16 10.6.16	Bukit Mertajam	1 1 1	1 1 3
8e	Rohingya Cases	3 & 7.6.16	Seberang Perai	2	5
8f	Desa Wawasan Flats <ul style="list-style-type: none"> ● Admin, preparation, briefing & planning ● Stakeholders meetings ● Re-mapping of the site ● General Health Screening ● PAP Smear by KKIA ● Ear-check by Penang Hearing Partners ● Dental screening by Penang International Dental College ● Dialogue on “Kenali Ubat Anda” by HSJ Farmasi Team ● Talk on “Hypertension” ● General Health Screening - 2 ● Introduction to Penang FHDA ● Sumbangan Hari Raya Goodies ● Sumbangan Hari Raya untuk warga emas. ● Bengkel “Kenali Tekanan Darah Tinggi” ● Home visits 	Feb - Oct 18.6.16 23.4.16 23.4.16 23.4.16 23.4.16 23.4.16 2.6.16 4.6.16 8.6.16 21.6.16 1.7.16 30.7.16 Feb - Oct	Seberang Perai Tengah	5 1 1 1 1 1 1 1 1 1 1 13	14 1 208 17 106 86 12 35 37 51 24 73
8g	Kota Permai Flats <ul style="list-style-type: none"> ● Home visits 	Feb - Oct	Seberang Perai Tengah	8	46
8h	Padang Tembak Flats <ul style="list-style-type: none"> ● Home visits ● Promotion of SRH & FP 	Feb - Oct	Timur Laut	7	92
8i	Ampang Jajar, Permatang Pauh <ul style="list-style-type: none"> ● Mapping ● Home visits 	11.6.16 30.6.16	Seberang Perai Tengah	1 1	2 4
8j	New IEC Teaching Materials	21.4.16	Bukit Mertajam	1	3
8k	Public talk on Cervical Talk & SRH	7.5.16	Bukit Mertajam	1	55
9	Sumbangan Hari Deepavali	26.10.16	Bukit Mertajam	1	8
10	Evaluation & Assessment Meeting	15 & 16.7.16	Bukit Mertajam / Penang	1	9
11	Health Camp with MIC Jelutong	20.3.16	Penang	1	200
12	Program Komuniti “Cleaner, Greener, Healthier & Safer Campaign”	24.7.16	Penang	1	350
13	Interns involvement in the project	Jul - Oct	Penang	1	4

STRATEGY 05/2: ADVOCACY

Project Specific Objectives

1. Recognise the role of the mass media to advocate for the development of caring health services for all in Malaysia.
2. Build relationships with government, key policy-makers and other influential groups (including government agencies, youth and women's group, NGOs, think-tanks, corporations, elated representatives, institutions of learning and community based groups) to take action in support of sexual and reproductive health & rights (SRHR) in new and existing programme.
3. Work in collaboration with activists on health care and civil society to leverage networking with government, professional and influential groups to complement services.

Sub-committee 2015-2018

1. Mr Damian Lee Wan Tong (Chairman)
2. Mr Lim Beng Poh
3. Mr Ong Lay Seong
4. Ms Yeap Meng Chee
5. Mr Benjamin Yee Chee Kin
6. Mr Tan Tee Boon



Norwegian vessel, Vega sails to Malaysia, Thailand, Indonesia and Singapore to collect educational and medical supplies and get them delivered to East Timor and remote islands in Indonesia to support local level community development, health and education services.

In December 2015, FHDA through Yeap Meng Chee responded to Vega's call for aid by donating boxes of condoms and subsequently the following year educational books, masks and gloves.

Our appreciation to resource persons Dr John Teo, Dr Somaskandar, Matron Rohaida Bte Samsudin, Dr Choong Sim Poey, Dr Gan Kam Ling, Puan Jubaidah Nagoor, Dr Janizah Abd Ghani, Mdm See Cheng Kim, Ms Loh Yoke Peng, Ms Engie Ng Lai Kin, Ms Christine Low Bee Cheng



DIARY OF ACTIVITIES - STRATEGY 05/2

	ACTIVITIES	DATE /MTH	VENUE	NO. OF ACT	NO. OF PAX
1	Mass-media news	Jan - Dec	Penang	7	27
2	Stakeholders meetings for all projects	Jan - Dec	Penang	45	163
3	Majlis Pelancaran Program Ujian Saringan HIV Berasaskan Komuniti	21.7.16	Jalan Perak, Penang	1	122
4a	OGSM Basic Contraception Course	Mar – Ju	Penang	6	36
4b	Meetings, recce, venue set up OGSM Basic Contraception Course	30.7.16	Auditorium F, KOMTAR	1	153
5	Symposium Gender Identity and Healthcare	28.7.16	Penang	1	45
6	Sexual & Reproductive Health Rights for Women Who Use Drugs (WWUD)	10-12.11.16	Kuala Lumpur	1	21
7	Infertility Workshop 2017				
	● Initial planning meeting	27.8.16		1	4
	● 1 st Organising meeting	9.9.16		1	6
	● 1 st meeting with GMC's CEO	12.10.16		1	2
	● 1 st meeting with GMC's marketing department	25.11.16	Penang	1	1
	● 1 st meeting with Rebel Beny Group for Digital Marketing Campaign	17.12.16		1	3
8	Women's Health Project Using Peer Health Education Approach for Celestica Malaysia Sdn. Bhd. 2017	20.12.16	Kulim & Penang	1	2

Top News

MALAY MAIL Monday May 30, 2016

New AIDS council chief to push boundaries

By Audrey Edwards
aueky@my.com.my

KUALA LUMPUR — For some, the newly appointed Malaysian AIDS Council (MAC) president Bakhtiar Talhah ticks all the wrong boxes. But the 42-year-old is using the negative perceptions of being HIV-positive and gay to bring positive changes to the way the disease is fought in the country.

This is especially in a time when the face of HIV transmission has changed from injecting drug users to sex. Recent Health Ministry statistics show 78 per cent of new infections last year was through sexual transmission.

Bakhtiar, who was voted into the position during MAC's 13th biennial general meeting on Saturday, was executive director for MAC and Malaysian AIDS Foundation (MAF) from 2008 to 2010.

His brave move, he said, was not to create discord among certain quarters but to peel the layers away from the stigma and discrimination faced by people living with HIV.

“Let's not live in denial. We have not been able to talk about sex openly in the longest time. I am talking about it based on evidence and looking at the numbers.”

— Bakhtiar

This is especially so when it involves



He is also adviser to the Family Health Development Association in Penang and a member of the Kuala Lumpur AIDS Support Services (KLASS) and Pertubuhan Ransuati Cakna Terengganu.

Professionally, he is the chief executive officer of Akar Belaya, a business consultancy firm, and regional director of a global professional engineering body.

Bakhtiar's decision to run for president was triggered by the death of a friend who was diagnosed with HIV in the same year as him.

“It is a personal impetus. We went through a lot. We took the HIV journey together.”

“His death just triggered something in me. He gave up and went into depression,” he said.

“I thought to myself, I have come this far. I have done it professionally. I am seeing young gay men getting infected. And this was the same thing which was happening 21 years ago. I was taken back in time.”

Bakhtiar said he was also receiving calls from MSM as young as 16 for advice.

He said programmes concerning prevention, treatment, care and support needed to be reinforced.

In terms of being a PLHIV, he is still on the first line treatment and does not see his status as a stumbling block.

“I have a positive outlook on life. I will not be dragged down. HIV is a

lifestyle disease.”

because of asymptomatic sex. He said Malaysia was not unique when it came to how the disease was transmitted.

“MAC needs to work with government agencies especially the Health Ministry. We cannot afford to do nothing.”

Malaysia expanded its harm reduction programme with the rolling out of the needle and syringe exchange initiative, besides strengthening its MSM, sex worker and transsexual outreach campaigns across the country.

MAF chairman Prof Dr Adhobe Kamarulzaman as vice-president, PT Foundation chairman Hisham Hussein as honorary secretary and KLASS president Woo Kin Fai as honorary treasurer.



以减轻服务中心及社委会的工作。她说，民众与社委会之间的联系固然很重要，有任何投诉也欢迎向社委会或服务中心反映，但在科技便利的

机应用程序，直接向有关当局反映问题。她昨晚出席其服务中心与南美国第一期社委会主办的新春团拜上，致词时如是指出。

她指出，以向有关当局通知与寄往新加坡，才会有出现状况。出席者还有威省市议员陈武兴、副智胜，以及该社委会主席古纳。

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We are proud that our adviser Mr Bakhtiar Talhah has been appointed MAC's President 2016-2018. His appointment will certainly spur MAC to greater heights.

It's No. 1 enemy in battling the disease. There were 3,330 new infections last year, including 1,203 through heterosexual transmission and 1,203 through homosexual and bisexual transmission.

because of asymptomatic sex. He said Malaysia was not unique when it came to how the disease was transmitted.

Malaysia expanded its harm reduction programme with the rolling out of the needle and syringe exchange initiative, besides strengthening its MSM, sex worker and transsexual outreach campaigns across the country.

MAF chairman Prof Dr Adhobe Kamarulzaman as vice-president, PT Foundation chairman Hisham Hussein as honorary secretary and KLASS president Woo Kin Fai as honorary treasurer.

檳城閣醫院聯合FHDA 研討會分享好孕知識

【檳城17日讯】檳城閣醫院和檳州家庭健康發展協會(FHDA) 將於4月8日(星期六) 首次攜手舉辦研討會，希望借此活動協助不孕夫婦早日“好孕”， 重燃迎接至新希望。

該研討會每季由主席顏錦良醫生主持，這項活動將於当天早上9時開始，在該院18樓進行。

顏錦良也是檳城閣醫院婦科專科醫生，她今日在記者會上說，屆時，將有6名主講人包括

他們的专业知识。她指出，主講人是來自該院醫院泌尿、內科及感染病等專科醫

生，与法律等相关领域的专业人士。她说，至于50名双人报名者，费用为120令吉，之后的报名费为100令吉。

她说，这项研讨会将为无法或难以出席研讨会的人士，通过网上方式掌握研讨会内容。所收取的报名费，将全数捐给檳州家庭健康发展协会。

她指出，以向有关当局通知与寄往新加坡，才会有出现状况。出席者还有威省市议员陈武兴、副智胜，以及该社委会主席古纳。

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STRATEGY 05/3: YOUNG PEOPLE & SEXUAL REPRODUCTIVE HEALTH

Project Specific Objectives

1. To advocate for provision of comprehensive sexuality education (CSE), which promotes positive approach to young people's sexuality and; evidence-based, rights-based approach.
2. To reach out to vulnerable, underserved young people, including youth with special needs.
3. To network in dialogue with parents, educators and local authorities.
4. To involve young people in information and programme services.
5. To empower young people in FHDA.
6. To increase awareness of Child Protection.

Sub-committee 2015-2018

1. Ms Swarna Devi a/p Palanivelu (Chairman)
2. Ms Yeap Meng Chee
3. Ms Tan Lay Peng
4. Madam See Cheng Kim
5. Dr Low Kah Yan



FHDA was invited by Disted College to conduct a seminar entitled "Beyond the Horizon: Sex and Sexuality" on 19 November 2016 at Disted College.

The purpose was to raise awareness regarding the LGBT community and practice of safe sex. A total of 20 participants attended the seminar. Activities on the topic of sex, sexuality and gender were conducted. There were sharing sessions by caseworkers on their work with MSM and transgender.

At the end of the seminar the students presented FHDA with a donation of RM2,016 raised by them from a series of activities.

DIARY OF ACTIVITIES - STRATEGY 05/3

	ACTIVITIES	DATE / MTH	VENUE	NO. OF ACT.	NO. OF PAX
1	Face to face counselling	Jan -Dec	Jalan Perak, Penang	8	23
2	RHAM activities & lessons	18 & 19.3.16	Jalan Perak, Penang	2	1
3	Public exhibitions ● SMJK Chung Ling ● AIESEC USM	14.4.16 5.3.16	Chung Ling High School USM	1 1	300 30
4	Talks ● Cyber Sex @ Form 5 ● Online Abuse of Children ● Seks luar nikah, kehamilan, pengguguran dan kesedaran HIV/AIDS ● FHDA Milestones 1961-2016	27.6.16 4.7.16 5.8.16 6.10.16	SMK Convent Light Street SMK Convent Light Street SMK Machang Bubuk Disted College	1 1 1 1	320 300 52 31
5	Sexual Reproductive Health Workshops ● Reproductive Health of OKU Teenagers ● Bengkel Kesihatan untuk Ibubapa Remaja Keperluan Khas ● Support Group for parents with special children	8.10.16 26 & 27.11.16 27.11.16	Hotel Vistana Pulau Pinang ACC, Hospital Pulau Pinang ACC, Hospital Pulau Pinang	1 1 1	200 30 12
6	National Youth Camp	16 - 18.9.16	Permai RainForest Resort, Kuching, Sarawak	1	59

STRATEGY 05/4: AIDS

Project Specific Objectives

1. Desensitize HIV-related issues, through a variety of channels including collaboration with Ministry of Health stakeholders.
2. Participate in the National Strategic Plan on Ending AIDS.
3. Provide services for those infected and affected by HIV including outreach prevention and peer support networking.
4. Eliminate discrimination of people living with HIV.

Sub-committee 2015-2018

1. Mdm Jubaidah Nagoor (Chairman)
2. Dr Dinesh Mahalingam
3. Mr Ong Lay Seong
4. Ms Yeap Meng Chee
5. Mdm See Cheng Kim
6. Mr Damian Lee Wan Tong
7. Dr Chow Ting Soo
8. Dr Low Lee Lee
9. Ms Tan Seow Ean



WHAT IS CASE MANAGEMENT?

“Case management is a process of assessment, planning, facilitation, coordinating, evaluation, and advocacy for options and services to meet your clients comprehensive health needs through communication and available resources to promote quality and cost-effectiveness of the outcomes”

by Claytoh Koh

June 2016 saw the ending of the Global Fund SW/TG Outreach Programmes; Phase 2.

By July 2016 “Case Management” was introduced.

A local consultant, Mr Reuben Kiew was engaged to assist Penang FHDA to roll out the process of Case Management both in Penang and Kedah.

At the end of December 2016, five Klinik Kesihatan from five districts i.e. Timur Laut, Barat Daya, Seberang Perai Utara, Seberang Perai Tengah and Seberang Perai Selatan open their doors for STI/HIV screening for key population.

In Kedah, Klinik Kesihatan Bandar Sungai Petani, Klinik Kesihatan Bandar Alor Setar and Klinik Kesihatan Ayer Hitam. This year, Klinik Kesihatan Kuala Kedah has indicated their interest to screen and treat the key population.



BATS OUTREACH PROJECT (PENANG SITE): STATISTICS JAN - DEC 2016

Month	Total Clients	New Clients	Repeat Clients	Gender			Client Age Profile			
				Male	Female	TG	<24	25-44	45-55	55+
January	523	7	516	63	213	247	45	359	88	31
February	493	7	486	72	182	239	53	339	81	20
March	467	7	460	68	188	211	47	329	70	21
April	495	3	492	76	191	228	48	338	79	30
May	454	0	454	62	196	196	40	315	76	23
June	452	2	450	68	200	184	44	308	72	28
July	335	4	331	58	130	147	37	231	54	13
August	398	0	398	50	134	214	37	286	56	19
September	242	0	242	13	134	95	16	160	49	17
October	252	0	252	13	131	108	17	168	50	17
November	281	0	281	15	131	135	21	200	47	13
December	215	5	210	10	112	93	19	139	43	14
TOTAL	4607	35	4572	568	1942	2097	424	3172	765	246

BATS OUTREACH PROJECT (KEDAH SITE): STATISTICS JAN - DEC 2016

Month	Total Clients	New Clients	Repeat Clients	Gender			Client Age Profile			
				Male	Female	TG	<24	25-44	45-55	55+
January	352	10	342	26	65	261	51	261	36	4
February	356	0	356	29	80	247	45	271	30	10
March	375	8	367	31	85	259	67	270	34	4
April	345	1	344	28	76	241	46	260	32	7
May	323	0	323	24	67	232	41	246	28	8
June	311	0	311	27	66	218	44	238	23	6
July	205	0	205	8	53	144	33	150	13	9
August	234	2	232	3	61	170	26	174	25	9
September	167	1	166	1	53	113	20	125	19	3
October	247	7	240	19	59	169	39	179	22	7
November	218	2	216	11	58	149	26	161	25	6
December	237	0	237	11	53	173	27	176	26	8
TOTAL	3370	31	3339	218	776	2376	465	2511	313	81

MSM OUTREACH PROJECT (PENANG SITE): STATISTICS JULY - DEC 2016

Month	Total Clients	New Clients	Repeat Clients	Gender (male)	Client Age Profile				VCT Done	HIV +ve
					<24	25-44	45-55	55+		
July	7	7	0	7	1	6	0	0	7	2
August	22	19	3	22	3	19	0	0	20	10
September	37	18	19	37	10	27	0	0	12	0
October	65	43	22	65	17	46	2	0	17	5
November	135	81	54	135	46	85	4	0	7	2
December	142	52	90	142	49	89	2	0	13	4
TOTAL	408	220	188	408	126	272	8	0	76	23

DIARY OF ACTIVITIES-STRATEGY 05/4B
BATS (Bringing Awareness of HIV/STI/SRH to Sex Workers) PENANG

	ACTIVITIES	DATE / MTH	VENUE	NO. OF ACT.	NO. OF PAX
1	Outreach Activities	Jan - Dec	Penang & Seberang Perai	953	6847
2	Community Based Screening	Jan - Dec	Penang & Seberang Perai	23	94
3	Referral clients to: <ul style="list-style-type: none"> ● Klinik Penyakit Berjangkit, X-Ray, Klinik Kulit, A&E, Klinik Urology ● Screening & Treatment ● Screening & Treatment ● Screening & Treatment ● Screening & Treatment ● Chest X-ray ● Chest X-ray 	Jan - Dec	Hospital Pulau Pinang KK* Jalan Macalister KK Sungai Dua KK Butterworth KK Bayan Baru KK Jalan Perak Penang X-ray Specialist Clinic <i>(KK* = Klinik Kesihatan)</i>	12 63 1 2 3 1 2	12 153 1 5 3 1 2
4	Support Group	Jan - Dec	Butterworth & Penang	11	84
5	Incident Reports	Jan - Dec	Butterworth & Penang	29	66
6	Stakeholders Meetings	Jan - Dec	TL,BD,SPU, SPT, SPS	22	75
7	Monitoring & Site Visits	Jan - Dec	Butterworth	1	10
8	Local Consultant Attachment to Roll Out Reprogramming “Case Management Project” <ul style="list-style-type: none"> ● EOI (Express of Interest) & briefing for Board Members of Sub-recipients ● Meeting with ExCo (<i>Executive Committee</i>) members ● Briefing to ORWs (<i>Outreach Workers</i>) ● Discussion on Job Advertisement ● GF/MAC (<i>Global Fund / Malaysian AIDS Council</i>) Programme Director meeting with ORWs ● GF/MAC Prog. Director meeting with ExCo ● Job Advertisement for CW/FO (<i>Case Worker / Finance Officer</i>) ● Job Advertisement for PM (<i>Programme Manager</i>) ● Interview session for PM ● Interview session for CW 	19.4.16 4.5.16 5.5.16 13.5.16 19.5.16 19.5.16 14.5.16 21.5.16 3.6.16 11.6.1	Sentul, Kuala Lumpur Penang FHDA	1 1 1 1 1 1 1 1 1 1	1 4 8 2 9 1 1 1 1 9
9	KICK-OFF Workshop <ul style="list-style-type: none"> ● Meeting with AIDS Officer ● Meeting with FHDA’s ExCo ● Meeting with ORWs ● Meeting with FMS (<i>Family Medicine Specialist</i>) ● Meeting with FMS ● Preparation for the workshop 	4.5.16 4.5.16 5.5.16 12.5.16 24.5.16 Jun - July	JKN Pulau Pinang FHDA Penang FHDA Penang KK Seberang Jaya KK Jalan Macalister FHDA Penang	1 1 1 1 1 8	2 4 7 2 8 15

	<ul style="list-style-type: none"> ● Bengkel Pendekatan Pengurusan Kes - Model Klinik Kesihatan ● Follow-up meeting with KK ● Follow-up meeting with KK ● Follow-up meeting with KK ● Follow-up meeting with KK ● Follow-up meeting with KK ● Final meeting with Local Consultant ● Meeting with PKD (<i>Pejabat Kesihatan Daerah</i>) ● Meeting with FMS ● Meeting with PKD 	12 - 14.7.16 4.8.16 5.8.16 24.8.16 26.8.16 30.8.16 7.9.16 4.10.16 4.10.16 18.10.16	Hotel Sentral Seaview, Penang KK Butterworth KK Bukit Panchor KK Seberang Jaya KK Bayan Baru KK Jalan Macalister FHDA Penang Seberang Perai Selatan KK Bukit Panchor Seberang Perai Tengah	1 1 1 1 1 1 1 1 1	35 10 5 5 9 2 4 2 6 1
10	Bengkel "Deep Dive" Pendekatan Pengurusan Kes HIV	19 - 21.9.16	Hotel Vistana, Kuala Lumpur	1	7
11	Majlis Pelancaran Program Ujian Saringan HIV Berasaskan Komuniti (CBT) Oleh YB Dato' Seri Dr Hilmi Bin Haji Yahaya <ul style="list-style-type: none"> ● Meeting with JKN/MOH/MAC ● 1st Organising meeting for CCM (<i>Country Coordinating Mechanism</i>) meeting in Penang ● 1st Organising Committee Meeting ● 2nd Organising Meeting for CCM meeting in Penang ● 2nd Organising Committee Meeting ● Preparation for the launch event ie: logistics, brochures, canopy/stage, food catering, invitation etc ● Launch Event for CBT Programme ● Press Conference for CBT Programme 	12.7.16 15.7.16 15.7.16 19.7.16 19.7.16 July 21.7.16 21.7.16	FHDA Penang	1 1 1 1 1 9 1 1	16 3 12 1 19 31 122 27
12	Others <ul style="list-style-type: none"> ● Annual Review Planning ● Jungle Trekking to Monkey Beach ● Majlis Berbuka Puasa ● Program Kesedaran Kesihatan Kawasan Jelutong ● Pameran Kesihatan Wanita Batu Lanchang ● HAART Medication Consumers' Forum ● Majlis Pelancaran Daerah SPU Menuju Sifar Menjelang 2020 ● World AIDS Day ● World AIDS Day ● World AIDS Day 	21 - 23.2.16 27.3.16 25.6.16 14.8.16 14.8.16 18.11.16 1.12.16 1.12.16 2.12.16 16.12.16	Rose Garden, Cameron Highlands Teluk Bahang FHDA Penang Jelutong, Penang Batu Lanchang, Penang KK Sungai Dua Seberang Perai Utara Jabil Plant 1 Jabil Plant 2 Pesta Sungai Nibong	1 1 1 1 1 1 1 1	19 9 26 150 60 26 130 72 34 200

DIARY OF ACTIVITIES-STRATEGY 05/4B

BATS (Bringing Awareness of HIV/STI/SRH to SexWorkers) KEDAH

	ACTIVITIES	DATE / MTH	VENUE	NO. OF ACT.	NO. OF PAX
1	Outreach Activities ● Sungai Petani ● Alor Setar ● Pulau Langkawi	Jan - Dec	Sungai Petani, Kedah Alor Setar, Kedah Pantai Cenang, P. Langkawi	383 297 3	3484 2172 57
2	Community Based Screening	Jan - Dec	Sungai Petani	11	79
3	Referral clients to: ● Screening & Treatment ● Screening & Treatment ● Screening & Treatment ● Screening & Treatment	Jan - Dec	KK Bandar Sungai Petani Hospital Sultanah Bahiyah KK Bandar Alor Setar KK Air Hitam	7 5 1 2	8 10 1 3
4	Support Group	Jan - Dec	Sungai Petani, Alor Setar & Pulau Langkawi	6	43
5	Incident Reports	Jan - Dec	Sungai Petani & Alor Setar	7	5
6	Stakeholders Meetings	Jan - Dec	Sungai Petani & Alor Setar	6	17
7	Monitoring & Site Visits	Jan - Dec	Alor Setar & P.Langkawi	6	12
8	KICK-OFF Workshop ● Meeting with AIDS Officer ● Meeting with PKD ● Meeting with FMS ● Meeting with ID Consultant ● Bengkel Pendekatan Pengurusan Kes - Model Klinik Kesihatan ● Follow-up meeting with KK ● CW Kedah meeting with Local Consultant ● Echo Training Workshop "Pengurusan Kes Peringkat Negeri Kedah"	10.5.16 11.5.16 11.5.16 11.5.16 12 -14.7.16 5.9.16 5.9.16 5 - 7.10.16	JKN, Alor Setar PKD Kota Setar KK Bandar Alor Setar Hospital Sultanah Bahiyah Hotel Sentral Seaview, Penang KK Bandar Alor Setar Alor Setar Gunung Jerai, Kedah	1 1 1 1 1 1 1 1 1	1 1 2 2 35 11 5 40
9	Bengkel "Deep Dive" Pendekatan Pengurusan Kes HIV	19 - 21.9.16	Hotel Vistana, Kuala Lumpur	1	2
10	Others ● Taklimat National Strategic Plan Ending AIDS 2016-2030 ● Pertandingan Bowling Terbuka Site Sungai Petani ● Mesyuarat Penyelarasan Komuniti Angkat ● International AIDS Memorial Day (IAMD) 2016	24.2.16 20.4.16 9.5.16 17.5.16	Alor Setar Sungai Petani Alor Setar UUM, Sintok Kedah	1 1 1 1	1 53 2 600

Me And You (MAY) Support Group aka TAPS (Treatment Adherence Peer Support) Project

FHDA had been playing a leading role in providing NGO support services to people living with HIV/AIDS since 2004 at the Seberang Jaya hospital, then subsequently in 2009 extended to Hospital Pulau Pinang. The original Me And You (MAY) support group services are carried out from FHDA Bukit Mertajam throughout 2015-2016 under the “Treatment Adherence Peer Support (TAPS) project” reaching out to Hospital Sultanah Bahiyah, Alor Setar, Hospital Seberang Jaya, Klinik Kesihatan Seberang Jaya and Klinik Kesihatan Butterworth.

FHDA’s MAY group was formed by a small group of individuals and staff. The volunteer group started serving at the request of the hospital physicians in 2004. Interested individuals, nurses, doctors and those keen in community work were recruited then; currently the peers provide sharing about their treatment.

TAPS project seeks to motivate adherence to treatment, counselling on social-economic issues, sharing how to cope with fear of disclosure to children, family or friends. TAPS staff assist defaulter tracing through authorized home visits. We work closely with the ID physician, medical officers and nurse counsellors.

TAPS PROJECT PERFORMANCE 2016 by STATE

Penang Indicators: Hospital Seberang Jaya, Klinik Kesihatan Seberang Jaya, Klinik Kesihatan Butterworth	TARGET	ACHIEVEMENT
New Client	50	61 (122%)
Unique Client (total individuals)	-	185
Peer Support Sessions	2 sessions per month	30 sessions in 12 months
Client on ARV Treatment	73% of TAPS’s client	166 (90%)
Kedah Indicators: Hospital Sultanah Bahiyah, Alor Setar	TARGET	ACHIEVEMENT
New Client	120	123 (103%)
Unique Client	-	187
Peer Support Sessions	2 sessions per month	23 sessions in 12 months
Client on ARV Treatment	73% of TAPS’s client	189 (98%)



MAY4KID provides financial assistance for children’s education or nutrition. The beneficiaries are children of poor families or single mothers. The Malaysian Nurses Association, Penang branch; and private donors contributed towards MAY4KID, adopting children for a year or more. A total amount

of RM 3213.00 was distributed in 2016. The fund benefited 21 children. Interested donors are welcome to contact FHDA office for more information. The fund is also used for social gatherings with the children during festive seasons.

TABLE A: MAY CLIENTS RECEIVING SUPPLIES / MONETARY AID 2015

Ethnicity	Male	Female	Single	Married Spouses		Divorce	Widowed
				HIV +	HIV -		
Malay	4	5	2	4	3	0	0
Chinese	0	1	0	0	1	0	0
Indian	4	2	0	3	3	0	0
Others	2	6	0	1	7	0	0
TOTAL	10	14	2	8	14	0	0

- *Monetary aid to subsidise clients' medication, travel and children's education supplies.*
- *Supplies : Condoms, vitamins, rice, coffee tea, sugar, noodles, biscuits*
- *Beneficiaries : No. of clients -24 persons & families - 83*

TABLE B: MAY - NEW CLIENTS CONTACTED IN PERSON 2016

ETHNICITY	MALE	FEMALE	TRANSGENDER	SINGLE	MARRIED SPOUSED		DIVORCED	WIDOWED	CHILDREN AFFECTED	OCCUPATION	TRANSMISSION MODE
					HIV +	HIV -					
Malay	80	34	9	67	16	15	11	14	106	Jobless, Odd job, Housewife, Factory worker, Army pilot, Technician, Own business, Lorry driver, Cleaner, Clerk, Wedding planner, Farmer, Student, Retiree, Kitchen helper, Officer, Masseur, Promoter, Engineer, Teacher, Security, Tailor	IDU, Homo, Ht, Bi, Mother to Child
Chinese	24	7	2	22	4	3	2	2	16	Lorry driver, Bank officer, Contractor, Supervisor, Jobless, Own business, Housewife, Student, General worker	Ht, Homo
Indian	13	6	0	6	4	6	0	3	14	Technician, Electrician, Teacher, Mechanic, Jobless, Housewife,	Ht, IDU
Others	4	5	0	0	4	4	0	1	15	Housewife, Jobless, Clerk, Farmer, Cleaner, Own business	Ht
TOTAL	121	52	11	95	28	28	13	20	151		

TABLE C: RETAINED CLIENTS (2016)

ETHNICITY	MALE	FEMALE	TRANSGENDER	TOTAL
Malay	48	27	5	80
Chinese	39	17	0	56
Indian	19	11	1	31
Others	6	15	0	21
TOTAL	112	70	6	188

TABLE D: REVISITED MAY CLIENTS (2016)

ETHNICITY	MALE	FEMALE	TRANSGENDER	TOTAL
Malay	25	17	2	44
Chinese	28	14	0	42
Indian	16	10	0	26
Others	5	7	0	12
TOTAL	74	48	2	124

TABLE E: MAY CLIENTS DECEASED (2016)

ETHNICITY	MALE	FEMALE	SINGLE	MARRIED SPOUSED		DIVORCED	WIDOWED	CHILDREN AFFECTED	OCCUPATION	TRANSMISSION MODE
				HIV +	HIV -					
Malay	2	0	2	0	0	0	0	0	Engineer, Jobless	Homosexual, Injection Drug User
Chinese	3	0	1	0	1	1	0	2	Factory worker, Jobless	Heterosexual
Indian	1	1	0	0	0	2	0	10	Factory worker, Jobless	Heterosexual
Others	0	0	0	0	0	0	0	0	-	-
TOTAL	6	1	3	0	1	3	0	10	-	-

DIARY OF ACTIVITIES - STRATEGY 05/4A (TAPS PENANG)

	ACTIVITIES	DATE / MTH	VENUE	NO. OF ACT.	NO. OF PAX
1	Outreach to MOPD Clinic	Jan - Dec	Hospital Seberang Jaya	43	394
2	Kumpulan Rakan Sokong Bantu	Jan - Dec	Hospital Seberang Jaya	31	172
3	Ward Visits	Jan - Dec	Hospital Seberang Jaya	7	13
4	Outreach to Klinik Kesihatan	May - Dec	Seberang Jaya	10	14
5	Outreach to Klinik Kesihatan	Jun - Dec	Butterworth	7	8
6	Stakeholders Meeting	Jan - Dec	Penang & Seberang Perai	9	42
7	Telephone Calls	Jan - Dec	BM FHDA	12	14
8	Drop-in Centre	Jan - Dec	BM FHDA	8	13
9	Home visit	13.1.16	Seberang Perai	1	1
10	Referral to Klinik Kesihatan & Hospital	Feb	Seberang Perai	2	3
11	Festive Seasons Celebration	Feb - Apr	BM FHDA	3	16
12	Monitoring & Site Visits <ul style="list-style-type: none"> ● By Ms Engie Ng ● By Ms Mano, Ms Nadrah, Ms Farhanah of MAC ● 1st Evaluation by Dr Janizah, AO JKN, P.Pinang ● 2nd Evaluation by Dr Janizah, AO JKN P.Pinang ● By Ms Engie Ng ● Evaluation by Dr Zahariyah, AO JKN Kedah 	Jan - Dec	BM FHDA	1 1 1 1 1 1	1 3 4 3 1 2

13	Administrative Matters <ul style="list-style-type: none"> ● Proposal Writing for year 2017 ● Staff Meetings ● Internal Training ● External Training ● IPPF Accreditation 	Jan - Dec	Bukit Mertajam / Penang	3 4 3 3 1	10 17 38 52 5
14	World AIDS Day (WAD) 2016 <ul style="list-style-type: none"> ● Planning meeting ● Meeting with CASP for combined celebration of WAD 2016 ● 2nd meeting with CASP ● Children's Party in-conjunction with WAD 2016 	7.9.16 11.11.16 8.12.16 10.12.16	BM FHDA / CASP	1 1 1 1	4 6 3 74

DIARY OF ACTIVITIES - STRATEGY 05/4A (TAPS KEDAH)

	ACTIVITIES	DATE / MTH	VENUE	NO. OF ACT.	NO. OF PAX
1	Outreach to MOPD Clinic	Jan - Dec	Hospital Sultanah Bahiyah	51	260
2	Kumpulan Rakan Sokong Bantu	Jan - Dec	Hospital Sultanah Bahiyah	25	131
3	Ward Visits	Jan - Dec	Hospital Sultanah Bahiyah	6	10
4	Home Visit	22.1.16	Alor Setar	1	3
5	Monitoring Site Visit	9.10.16	Alor Setar	1	4
6	Stakeholders Meetings	Jan - Dec	Alor Setar	10	21
7	World AIDS Day 2016 <ul style="list-style-type: none"> ● Represented by En Redduwan ● Represented by En Redduwan & Pn Faizah 	1.12.16 3.12.16	Hospital Raja Permaisuri Tunku Bainun, Ipoh Perak Dewan Sekolah Kebangsaan Taman Bersatu Kuala Kedah	1 1	200 100

Penang FHDA Community Friendly Clinic

The initiative to begin this Voluntary Counselling and Testing (VCT) clinic started in 2008, because it was felt by FHDA that a safe & anonymous HIV testing service was lacking in Penang catering to MSM (men who have sex with men) community. The view of the community about testing at public health clinics or hospitals were one compounded by fear & paranoia due to discrimination, marginalization and ridicule towards their sexuality. The then FHDA Exco Dr Ilias Yee, a medical officer at Penang Hospital met Mr Bern Chua, a lecturer; and Mr Damian Lee, a biomedical graduate. They recruited more volunteers. This group visited the PT Foundation to learn the model established by PTF in Kuala Lumpur. The group later attended para counselling training with Befrienders Penang (this included tests) and twice two days workshops to role play HIV counselling training at FHDA by FHDA's VCT service Adviser and consultant Dr K. Kana and FHDA Exco Pn Jubaidah Nagoor.

Reactive clients are immediately referred to FHDA Case Management staff who then provide social & emotional support. They will bring the client to Infectious Disease specialists.

The Community Friendly Clinic, as this rapid HIV testing and counselling service is now known, is widely promoted on Facebook.

In 2013 the reactive rates were low, much below the figures reported in the UNGASS 2014 Country Report Malaysia - 12.6% from the 2012 IBBS study. From 2014 to 2016 there is an increase in the number of reactive clients (14%, 17% 15% respectively) all of which were successfully referred for further treatment. There was no reported cases among clients from other populations (heterosexuals and homosexual women).

COMMUNITY BASED TESTINGS @ COMMUNITY FRIENDLY CLINICS

Month	SW		MSM		TG		Hetrosexual / clients of SW		Total clients screened
	Reactive	Non reactive	Reactive	Non reactive	Reactive	Non reactive	Reactive	Non reactive	
January	0	16	1	4	0	10	0	6	37
February	0	5	0	0	0	1	0	2	8
March	0	22	0	5	0	0	0	0	27
April	0	28	0	4	0	20	0	13	65
May	0	4	0	2	0	11	0	1	18
June	0	7	0	2	0	13	0	3	25
July	1	14	1	2	0	12	0	2	32
August	0	26	1	11	1	9	0	10	58
September	0	0	0	3	1	13	0	4	21
October	0	1	0	8	0	29	0	1	39
November	0	0	0	3	0	14	0	0	17
December	0	13	0	6	0	6	0	0	25
TOTAL	1	136	3	50	2	138	0	42	372

DIARY OF ACTIVITIES-STRATEGY 05/4C (MSM PENANG)

	ACTIVITIES	DATE /MTH	VENUE	NO. OF ACT.	NO. OF PAX
1	Sites Outreach	July - Dec	Timur Laut (TL), Barat Daya (BD), Seberang Perai Utara (SPU), Seberang Perai Tengah(SPT), Seberang Perai Selatan (SPS)	190	726
2	Online Outreach	July - Dec	TL, BD, SPU, SPT, SPS	19	63
3	Referral clients for: <ul style="list-style-type: none"> ● Screening & Treatment ● Screening & Treatment ● Screening & Treatment ● Screening & Treatment ● Screening & Treatment ● Screening & Treatment 	July - Dec	Hospital Pulau Pinang KK Jalan Macalister Kk Bukit Panchor KK Seberang Jaya KK Bayan Baru KK Butterworth	15 8 5 3 5 7	21 11 6 3 6 7
4	Referral clients for: <ul style="list-style-type: none"> ● Screening ● Screening ● Screening & Treatment ● X-ray ● Blood Test 	July - Dec	Community Friendly Clinic D'Me & U Clinic Klinik Harmony Penang X-ray Specialist Gribbles Laboratory	23 18 1 1 1	45 33 1 1 1
5	Incident Reports	Jan - Dec	Butterworth & Penang	6	4
6	GF Case Management HIV Intervention Programmes Targetting MSM <ul style="list-style-type: none"> ● EOI & Proposal Writing ● Proposal submitted ● Meeting with State AIDS Officer ● Presentation at TRP 	17.3.16 29.3.16 1.4.16 14.4.16	FHDA Penang FHDA Penang KOMTAR Kuala Lumpur	1 1 1 1	1 2 1 16

**STRATEGY 05/5:
ABORTION RELATED
SERVICES**

**Project Specific
Objectives**

To provide safe, sensitive, non - judgemental and affordable abortion-related services, with special attention to young women and under-served and marginalized groups.

Sub-committee 2015-2018

1. Mdm See Cheng Kim (Chairman)
2. Ms Tan Lay Peng
3. Ms Yeap Meng Chee
4. Mr Ong Lay Seong



FHDA provides abortion-related activities. Clients either meet our counsellors, phone-in or e-mail their queries.

Above shows a poster created by Mr Ong Lay Seong to drive home a point.

DIARY OF ACTIVITIES - STRATEGY 05/5

	ACTIVITIES	DATE / MTH	VENUE	NO. OF ACT	NO. OF PAX
1	Counselling & Information Services <ul style="list-style-type: none"> ● Abortion & VCT ● Abortion Referral ● Info. On Medical Abortion ● Unplanned Pregnancy ● Unplanned Pregnancy & Adoption 	Jan - Dec	FHDA Penang	1 5 2 1 2	3 11 3 1 4

STRATEGY 05/6: STAFF AND VOLUNTEER DEVELOPMENT

Project Specific Objectives

1. Update the administration skills and management knowledge of identified staff and volunteers.
2. Orientate newly-recruited staff and volunteers vis-a-vis their role, functions and responsibilities.
3. Strengthen leadership and governance of volunteers to increase proficiency for the Association.

Sub-committee 2015-2018

1. Ms Yeap Meng Chee
2. Dr Dinesh Mahalingam
3. Mr Ong Lay Seong
4. Mr Lim Beng Poh
5. Ms Swarna Devi a/ Palanivelu



FHDA made a strong commitment towards clinic improvement and accepted the FRHAM-IPPF technical support with training by Indonesia's Mr Jamaludin Falah, sent by International Planned Parenthood Federation ESEAOR regional office. Our clinic staff, ReHAK (Kelantan) and FRHAM officers were trained. Prior to that, IPPF ESEAOR sent two senior officers on a three-day assessment of manual C-MiS. Besides that consultation, we proceeded to activate tally sheet and data entry for the settings.

Staff in the HIV programme attended various types of meetings and trainings in Penang and out of Penang for the MOH Penang State Health Department "Seberang Perai Utara Getting to Zero".

MAC Case Management training workshops were held in Penang and Kuala Lumpur. Exco member Jubaidah Nagoor assisted by Ms Loh Yoke Peng and Puan Faedah Mohd Fodzi gave talks at JKN Penang, JKN Kedah, USM AIDS Action and Research Group (AARG) and "Bengkel Deep Dive Pendekatan Pengurusan Kes HIV" workshops. Case Management workers learnt from the local consultant Mr Reuben Kiew, who was with FHDA for four months during the re-programming phase.

Our staff also entered the Duta Ubat programme of the Ministry of Health besides various Islamic Department activities. Ms Christine Low Bee Cheng trained other partner organizations in the Klang Valley. Ms Engie Ng was a local consultant trainer for the Alliance-MAC "Reproductive Health for Women Drug Users" first-ever project and trained MAC's case workers in GBV issues.

The staff of Penang FHDA attended the OGSM Basic Contraception Course and the Symposium Inclusive Healthcare for TG.

Dr Low Kah Yan, FHDA's youth Exco member, attended the 8th Asia Pacific Congress on Reproductive & Sexual Health and Rights in Myanmar.

Dr Choong Sim Poey, Ms Yeap Meng Chee, Mr Lim Beng Poh, Mdm See Cheng Kim and Pn Jubaidah Nagoor were active in providing input at orientation, or orientation/project/graduation events with interns and for MAC & IPPF-related events.



DIARY OF ACTIVITIES - STRATEGY 05/6

	ACTIVITIES	DATE	VENUE	PARTICIPANTS
A	IN-HOUSE TRAINING / ORIENTATION			
1	Case Management & Report Writing	20.2.16	FHDA Penang	Zainuri, Redzuan, Shahizam, Roshamil, Liang Teng, Faezah, Yusri, Azizan, Fendi, Rozairi, Nadja, Redduwan, Noriza, Yoga, Christine
2	Annual Review Planning & Team Building 2016	21-23.2.16	Cameron Highlands	Zainuri, Redzuan, Shahizam, Roshamil, Liang Teng, Faezah, Yusri, Azizan, Fendi, Rozairi, Nadja, Redduwan, Noriza, Yoga, Christine, Chue Ching, Engie, Yoke Peng, Boey
3	Orientation for new staff	26.2.16	FHDA Penang	Nik Mohamad, Zainuri, Shahizam, Roshamil, Reuben, Faezah, Rozairi, Nadja, Redduwan, LYP, Jaya, Ridzuan, Christine, Engie, Yoga
4	Global Fund Re-programming Roll Out	10.9.16		
5	Rapport Building, SYREX, Counselling Skill & Techniques	14.10.16		
6	Info on "PEP / PrEP / HAART / Case Management"	20.12.16		
7	OGSM Basic Contraception Course	30.7.16	Auditorium F, KOMTAR	Engie, Dashini, Siva, Yong Jian, Sek Yong, Zainuri, Roshamil, Shahizam, Cristal, Yoga, LYP, Ridzuan, Matron See, Ms Yeap, Mr Ong, Dr Gan, Dr Choong, Dr John Teo
8	Open EMR-CMiS Training Workshop by Jamaludin Falah	12 - 16.12.16	FHDA Penang	Pg FHDA @ Yoga, Siti, Min Lin, Engie, Christine, Meng Chee, Lay Seong, Beng Poh ; ReHAK@ Azizah, Tengku Nur ; FRHAM@ Suriana & Aini; IPPF@ Mr Chew, Mr Gessen
B	EXTERNAL TRAINING			
1	The 8 th Asia Pacific Congress on Reproductive & Sexual Health Rights	22 - 26.2.16	Myanmar	Low Kah Yan
2	Mesyuarat Perjumpaan Perlaksanaan Program oleh Usrah Jabatan Agama Islam Negeri Selangor	12.3.16	Mesjid Jamek, Kuala Lumpur	Roshamil, Fendi, Redduwan
3	Case Management Training for Local Consultants and MAC Staff	20 - 24.3.16	KLASS, Sentul	Christine
4	National Action Planning Workshop Strategic Framework and Accreditation organised by FRHAM	13 - 15.4.16	FRHAM	Christine
5	Lawatan ke Klinik Kesihatan Seri Tanjong & Klinik Kesihatan Tanah Melaka oleh Jabatan Negeri Pulau Pinang, Unit AIDS & STD	18 - 20.5.16	Melaka	Zainuri
6	Program Kenali Ubat Anda Negeri Pulau Pinang	26.5.16	Bangunan Persekutuan, Jln Anson	Loh Yoke Peng

7	Mesyuarat Pelaksanaan STI Friendly Clinic dan Key Stakeholder Project GF on Case Management oleh Jabatan Kesihatan Negeri Pulau Pinang	28.6.16	Bilik Mesyuarat Rumah Peranginan Persekutuan	Engie, Reuben, Zainuri, Redzuan
8	Bengkel Pendekatan Pengurusan Kes	12 - 14.7.16	Hotel Sentral Seaview, Penang	Zainuri, Ridzuan, Nadja, Bella, Faezah, Roshamil, Shahizam, Jubaidah, Engie, Reuben & JKN
9	Kanser Payudara	14.7.16	Rifle Range	Jaya & S/N Yoga
10	Bengkel Penyediaan Pelan Tindakan Projek SPU Getting To Zero	18 - 20.7.16	Hotel Swiss Inn, SP	Zainuri & Nadja
11	Workshop on "Women & HIV/AIDS"	22.7.16	Kuala Lumpur	Yoke Peng
12	Symposium Inclusive Healthcare For Transgender Persons	28.7.16	Sheraton Four Points Hotel, Penang	Shahizam, Nadja & S/N Yoga
13	Workshop "Advancing Maternity Protection in Malaysia: Meeting Social Welfare and Business Needs and Contributing to Economic Development"	30.7.16	Holiday Inn Resort , Pg	Yeap Meng Chee
14	Bengkel Pengukuhan Pengurusan Projek Bantuan Kewangan KKM	10 - 12.8.16	Hotel Vistana, KL	Yoke Peng
15	Mesyuarat Pemurnian Pelan Tindakan SPU GTZ (Advokasi vs Promosi)	11.8.16	Klinik Kesihatan Sungai Dua	Zainuri
16	Launch of Malaysian Interdisciplinary Exchange in Healthcare (MIEH 2016)	12.8.16	USM Penang	Yeap Meng Chee
17	Mesyuarat Penyediaan Pelan Tindakan Projek SPU "Getting to Zero"	24 - 26.8.16	Pangkor Bayview Beach Resort	Engie, Roshamil, Zainuri Nadja
18	UNFPA MYS4U 302 Capacity Building Training	1 - 3.9.16	Holiday Villa, SJ	Christine & Yoke Peng
19	Bengkel Pengurusan Kes dan Kaunseling HIV/STI Peringkat Negeri Kedah	5 - 7.9.16	The Regency Hotel Gunung Jerai	Zainuri, Roshamil, Faesah & Pn Jubaidah
20	Bengkel "Deep Dive" Pendekatan Pengurusan Kes HIV	19 - 21.9.16	Hotel Vistana Kuala Lumpur	Zainuri, Ridzuan, Nadja, Bella, Faezah, Roshamil, Shahizam, Engie, Cristal
21	UNFPA LARCS - Inception Meetings	22.9.16	FRHAM, SJ	Engie, Christine, S/N Yoga
22	Penang State HIV Refresher Course 2016	16.11.16	ACC Hospital Pulau Pinang	Christine, Yoke peng, Jubaidah
23	HAART Medication Consumer's Forum	18.11.16	KK Sungai Dua	Roshamil, Reddzuan, Christine
C	BRAIN STORMING SESSIONS			
1	Communication Skills	13.2.16	Mc Donald's Greenlane	Engie, Christine, Sandra Leng
2	Communication, materials and designers	10.3.16	Kampong Kolam	Engie, Christine, Sandra Leng

STRATEGY 05/7: RESOURCE MOBILIZATION INCLUDING FUND RAISING

Project Specific Objectives

1. To raise fund for the Association's programme expansion.
2. To increase income sustainability.
3. To mobilize volunteers to assist in implementation of the Association's services.
4. To institute cost-saving measures for optimal utilization of the Association's resources.

Sub-committee 2015-2018

1. Ms Yeap Meng Chee (Chairman)
2. Mr Lim Beng Poh
3. Mr Ong Lay Seong
4. Dr Dinesh Mahalingam
5. Ms Tan Seow Ean
6. Ms Engie Ng Lai Kin
7. Ms Christine Low Bee Cheng



A Fundraising For Penang FHDA
Not-for-profit organization based in the office of the registered community

Date: 18 & 21st October

Organized by DISTED School of Psychology

For more details & Pre-orders, Contact
 Carmen 012-527 5038
 Alexandra 012-481 1576

SCAN ME
Use QR Code to Reserve

FACE & HAND PAINTING AVAILABLE RM2-RM4

Get A Set Meal @ RM15!
Includes: Appetizer, Main Course, Dessert & Drink

Feed For Good Deed

Appetizer (RM5):
 Kebab Plate, Chicken Egg

Main Course (RM10):
 Tomatoes, Spiced Chicken, Rice & Curry

Dessert (RM3):
 Butter Cakes, Lemon Tarts, Soft Jelly

Drinks (RM2):
 Blackcurrant Juice, Orange Juice

Wash For Good Wish

ONLY **RM5!**

Fundraising For Penang FHDA
Not-for-profit organization based in the office of the registered community

Date: 11, 12 & 13th October 2016

For reservations, SCAN ME
Use QR Code to Reserve

For further inquiries, Please contact:
 Alexandra (012-481 1576)
 Carmen (012-527 5038)

Organised By DISTED School of Psychology

Disted College students donated RM2,016.00

FHDA acknowledges the efforts of kind-hearted students from the Bachelor of Psychology course who worked hard in a fundraising car wash event, raising RM495.00 between 11-13 October.

The fundraising effort continued on 18 and 21 October 2016 with a food fair serving western meals. There was also a face and hand painting booth. Those who were waiting for their turns at the booth were given FHDA pamphlets on SRH to read. The two-day event netted RM1,521 for FHDA.

Energetic Interns – we applaud you for your impact

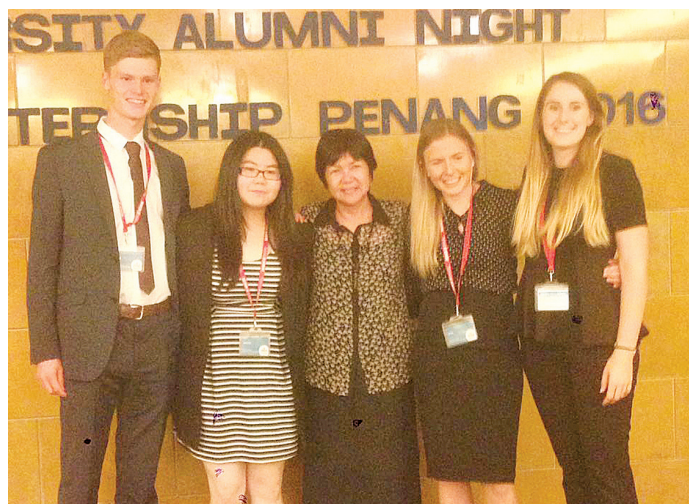
Disted College- Bachelor of Psychology - undergraduates were highly effective with responsibilities such as inventory, organisation chart, design work, video, and client satisfaction survey. Their contribution resulted in the success of the OGSM Basic Contraception Course, the Official National Launch of HIV Community Based Testing (CBT) by the Deputy Minister of Health Malaysia, IPPF accreditation documentation, clinic facebook, UNFPA outreach project, preparation of Bengkel Pendekatan Pengurusan Kes. The four made a strong team – Ms Dashaini a/p Mohan, Mr Goh Yong Jian, Ms Syahirah Farwin Binti Sarkuna Mohamed Azhari and Ms Si- varanjani a/p Jagaveeran.

Working together with Universiti Sains Malaysia Bachelor in Social Work undergraduate Ms Kheoh Sek Yong gave FHDA welcome breath of fresh air. Sek Yong contributed by doing interviews for our newsletter, social work assignment and client satisfaction survey of outreach clients besides the OGSM course and the Launch of CBT.

Deakin University, Victoria, Australia - undergraduate Bachelor of Commerce and Bachelor of Management students, Melbourne Daniel Cassels, Holly Vivian, Jennifer Ta and Ronja Blomberg – undertook a study of FHDA's internet media and concluded we need to refresh our website, facebook and recommended that we set up Paypal as an avenue for donations. In their book document iHealth, they noted the communication strategy aspect for our work should also include Instagram; and use of crowdfunding.

DIARY OF ACTIVITIES - STRATEGY 05/7

	ACTIVITIES	DATE / MTH	VENUE	NO. OF ACT.	NO. OF PAX
1	P.A.C.E - HER Project: MALAYSIA PILOT OVERVIEW (Online Meeting)	15.1.16	FHDA Penang	1	2
2	Volunteers Orientation	Apr - Nov	FHDA Penang	4	6
3	Interns from Disted College <ul style="list-style-type: none"> ● 1st Evaluation with Academic Supervisor & On-site Supervisor ● 1st filming & editing of video-clip ● 2nd filming & editing of video-clip ● Write-up articles ● Preparing slides presentation ● Organisational Chart design ● Building Layout 	10.6.16 25.6.16 12 & 13.6.16 Aug 16 Aug 16 17.8.16 17.8.16	FHDA Penang	1 1 2 3 3 1 1	9 6 12 3 3 6 4
4	Interns from Deakin University, Melbourne <ul style="list-style-type: none"> ● Online meeting with Jan Drew Associates ● Meeting with JMD Consultants ● Orientation ● Deakin University Malaysia Team Internship at Northam Hotel, Penang ● Presentation "Communication Improvement for Donation Income" 	30.3.16 7.4.16 23.6.16 1.7.16	FHDA Penang	1 1 1 1	1 2 31 4
5	Interns from Colleges / Universities <ul style="list-style-type: none"> ● Han Chiang College ● Universiti Sains Malaysia ● UTAR 	16.4.16 7.9.16 19.9.16	FHDA Penang	1 1 1	1 1 1
6	Meetings with <ul style="list-style-type: none"> ● Mental Health Coalition of Penang (MHCP) ● The UN Refugee Agency (UNHCR) ● Kansai Paint ● Sisters For Justice ● 260A Jalan Jelutong ● Building in Minden Heights ● Land at Kulim Golf & Country Resort 	2.4.16 14.4.16 15.4.16 1.6.16 15.1.16 Jan 16 2.4.16	Rumah Hospic, Penang FHDA Penang FRHAM FHDA Penang Jelutong, Penang Gelugor, Penang Kulim, Kedah	1 1 1 1 1 4 1	21 1 1 6 3 7 6



STRATEGY 05/8: PLANNING, REPORTING, MONITORING AND EVALUATION

Project Specific Objectives

1. To enable the staff to plan activities using established system.
2. To monitor and evaluate capacity of the Association for projects.
3. To ensure management staff utilise results-based reports.

Sub-committee 2015-2018

1. Ms Yeap Meng Chee
2. Dr Dinesh Mahalingam
3. Mr Ong Lay Seong
4. Mr Lim Beng Poh
5. Ms Engie Ng Lai Kin
6. Ms Christine Low Bee Cheng



To improve the effectiveness of the programmes, monthly staff meetings were held with staff from Alor Setar, Sungai Petani, Bukit Mertajam joining clinic and office staff to deliberate on implementation details. At these meetings, the use of targets achieved vs target indicators were used as monitoring data to improve performance.

The Committee met the staff to define the organisation structure, and met to discuss and approve the appraisals of staff for the year ended 2015. Volunteers and staff met together for the Assessment and Planning meeting and came up with a Plan of Action for the association's short term programmes.



DIARY OF ACTIVITIES - STRATEGY 05/8

	ACTIVITIES	DATE / MTH	VENUE	NO. OF ACT.	NO. OF PAX
1	Staff Meeting	Jan - Dec	FHDA Penang	11	124
2	Staff & ExCo Special meeting	2.1.16	FHDA Penang	1	9
3	Staff Appraisal 2015 - meeting	16.1.16	FHDA Penang	1	7
4	Assessment & Planning Meeting	3.3.16	FHDA Penang	1	21

STRATEGY 05/9: GOVERNANCE, MANAGEMENT AND ADMINISTRATION

Project Specific Objectives

1. To strengthen governance by policy makers for risk management of the association.
2. To increase the leadership roles of volunteers and staff for programme sustainability.

Sub-committee 2015-2018

1. Mr Lim Beng Poh (Chairman)
2. Ms Yeap Meng Chee
3. Mr Ong Lay Seong
4. Ms Tan Seow Ean
5. Dr Dinesh Mahalingam
6. Mdm See Cheng Kim
7. Dr Chow Ting Soo

Finance & Audit Sub-committee

1. Mr Ong Lay Seong (Chairman)
2. Ms Tan Seow Ean



IPPF ACCREDITATION

FHDA took the request to be one of three state member associations of FRHAM to undergo a review of the 10 Principles required for good governance management and administration.

This process took a year to complete, managed mainly by the Hon Secretary Lim Beng Poh, documents administered by Engie Ng and manual compilation by youth volunteer Goh Yong Jian. The principal office bearers and Exco are strongly committed to this process with meetings during the discussion stage of the manuals' revision. The last review was in 2012.

2016 began with self assessment; followed by technical document check; then there was briefing and on site review by a technical support team from International Planned Parenthood Association (IPPF).

To comply with accreditation, we updated Personnel Management Manual, Finance Manual, Policies Manual and Quality of Care Manual. All these provides Standard Operating Procedures, guidelines and formats.

New IPPF policies were adopted, eg. Communication, Transparency, Auditing, Fraud, Bribery, Child Protection, Gender, Sexual Harrassment, Good Employer, Youth Friendly, Business Continuity, Risk Register and Resource Mobilisation.

Labelling and filing were improved.

We should have 20% youth and 50% women representation in Exco and tenure for Exco in the Constitution. Exco must declare their interest annually and a Plan of Action.

Documentation was systemmatically reviewed. To name a few samples, complaint form, patient satisfaction form, minutes of meeting and volunteer form were all collated by FRHAM and reviewed by IPPF.

Then the IPPF sent its "In Country Accreditation Review (ICAR)" Team in October 2016 to talk to our governing body (Exco), staff, doctor, nurses, partners and clients. Besides briefing the international members the team was accompanied by IPPF ESEAOR staff and FRHAM s Executive Director Mary Pang, whose leadership was crucial to our success.

At the post ICAR debriefing at FRHAM, the IPPF team findings revealed that FRHAM and its representative member-associations had passed the majority of the Principles and Checks. Penang was mentioned as a Best Practise model for HIV programme.

This means that FRHAM (and thus state member associations like FHDA) are eligible to apply for and receive grants from IPPF.

However, as per the IPPF Review, there is pending follow-up in 2017 such as items for "constitutional amendments", written "Guidelines for the conduct of elections" and written" Rules and Regulations for Exco" to be approved and adopted.

DIARY OF ACTIVITIES - STRATEGY 05/9

	ACTIVITIES	DATE / MTH	VENUE	NO. OF ACT	NO. OF PAX
1	Exco meeting	Jan - Dec	FHDA Penang	4	40
2	Establishment meeting	Jan - Dec	FHDA Penang	1	3
	Annual Finance Audit				
	● Auditing started at office	Mar 16		1	3
	● Auditing completed	May 16		1	3
	● Audited account sent to FRHAM	30.5.16	FHDA Penang	1	1
	● AR with Audited Accounts 2015 printed for AGM 2016	23.6.16		1	1
3	Meeting Preparation of Annual Report 2015				
	● Meeting with staff	16.3.16		1	4
	● Compiling data & statistics	Apr 16		1	5
	● Forming & typing pages of different strategies	May 16		1	2
	● Engagement of external layout artist	June 16		1	1
	● Meeting with Jutaprint to finalise printing work	18.6.16	FHDA Penang	1	1
	● AR 2015 printed	23.6.16		1	1
4	Annual General Meeting	25.6.16	FHDA Penang	1	46
5	Resource Mobilization & Strategic Planning for 2017	22.10.16	FHDA Penang	1	8
6	Penang FHDA Action Plan for FRHAM Strategic Framework 2016 - 2018: Meetings				
	● Skilled Competent & Volunteers Committed to SRHR	21.2.16		1	19
	● Promote SRHR Policies	23.2.16		1	30
	● Publicity & PR Communications	23.2.16		1	1
	● Increase SRHR Services for All	26.2.16	FHDA Penang	1	3
	● Building Committed SRHR Volunteers	27.2.16		1	2
	● Engage Young People in CSE / SRHR	29.2.16		1	1
	● Exco Approval for Draft POA	3.3.16		1	1
	● Set Indicator Targets	27.3.16		1	1
7	IPPF-FRHAM Accreditation				
	● Self-assessment forms	31.3.16 & 1.4.16		1	3
	● Compiled evidence documents	12.4.16		1	3
	● Briefing on "action plan towards meeting membership standards"	14.4.16		1	3
	● Marking the evidence documents	23.4.16		1	3
	● Scanned the evidence documents	26 & 27.4.16		1	3
	● Review Financial Manual	14 & 26 .6.16		1	6
	● Review Personal Management Manual	2 & 5.7.16	Penang FHDA	1	5
	● Preparation & submission of relevant documents to FRHAM	8.6.16 to 18.7.16		1	2
	● Rewrite & printing of hard copies Fiancial, Personnel Management & Quality Assurance Manuals	15.7.16 to 16.8.16		1	5
	● Discussion: The preparation for "Accreditation Exercises" by IPPF	30.9.16		1	3

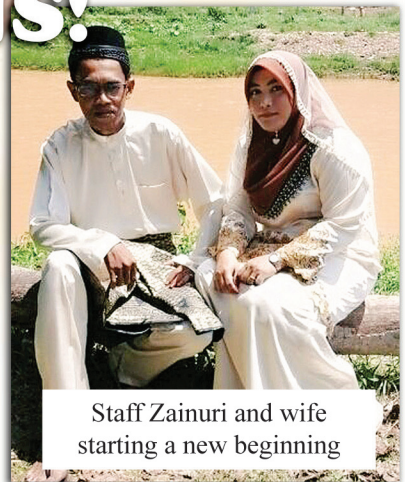
	<ul style="list-style-type: none"> ● Documentation of additional 40 Policies ● Full check & preparation on Principle 9 ● Briefing keystaff on IPPF Accreditation Preparation ● Briefing Exco on IPPF Accreditation Preparation ● Housekeeping and prepared clinic for accreditation ● Housekeeping and prepared office for accreditation ● Meeting “In-country Accreditation Review Team (ICAR)” at airport ● Meeting ICAR at office ● ICAR interviewed “partner’s organisation projects’ beneficiaries and staff” ● ICAR debriefing at FRHAM ● ICAR feedback and report 	30.9.161 6.10.16 11.10.16 22.10.16 22.10.16 24.10.16 24.10.16 25.10.16 25.10.16 26.10.16 1.11.16	Penang FHDA Subang Jaya, Kuala Lumpur	1 1 1 1 1 1 1 1 1 1 1	3 5 5 5 5 6 6 11 22 17 4
8	Re-application for MOH Funded Programmes: TAPS	1-14.4.16	Penang FHDA	3	5
9	Others				
	<ul style="list-style-type: none"> ● Welcome FRHAM’s New ED ● CCM Voting for MSM & Youth ● MAC Council Meeting - Pn Jubaidah ● Sharing of GF Project at National Council Meeting ● MAC BGM ● Compiled Assets Inventory List 	14.1.16 2.2.16 26.3.16 27.3.16 28.5.16 8.6.16	Penang FHDA	1 1 1 1 1 1	4 2 1 1 3 3



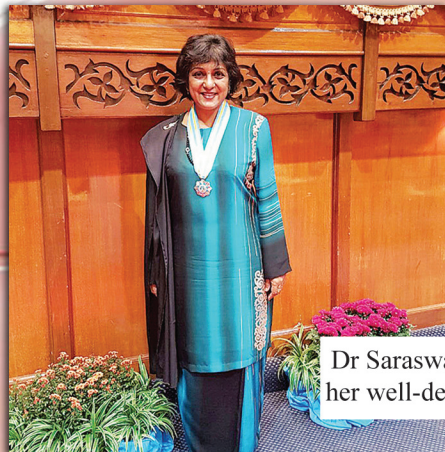
CONGRATULATIONS!



Dr Dinesh and his beloved bride with FHDA well-wishers



Staff Zainuri and wife starting a new beginning



Mr Lim Beng Poh and his wife beaming after being awarded DJN award



Dr Saraswathi Bina Rai with her well-deserved DJN award

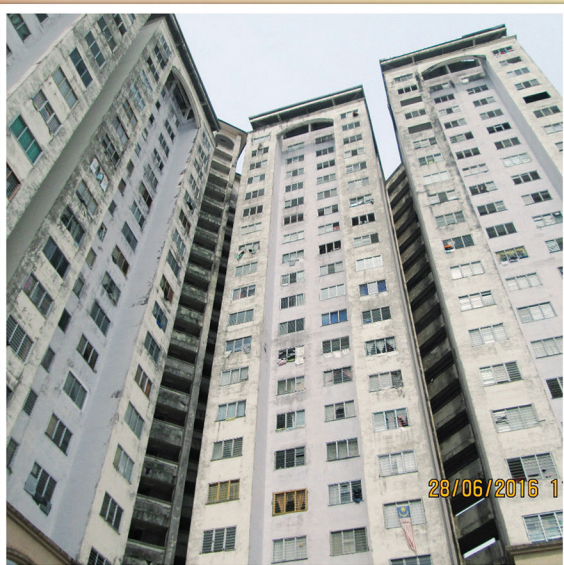


Ms Yeap Meng Chee congratulating Dr (Mrs) Gan Kam Ling for her PKT award



Obstetrical and Gynaecological Society of Malaysia (OGSM) -

Basic Contraception Course Penang on 30.7.2016



28/06/2016 1



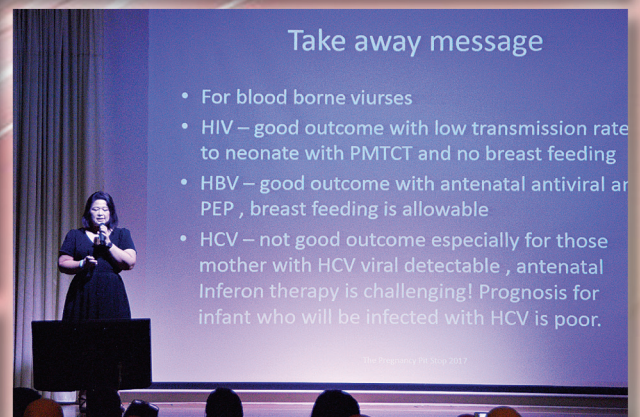
Strengthened Delivery of FP & SRH Related Services particularly for Underserved Groups of Population - UNFPA MYS4U 302 a.k.a. UNFPA Project

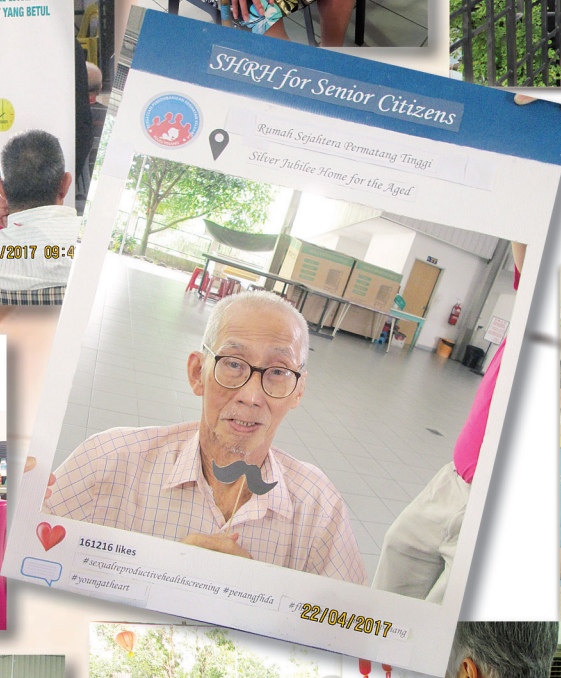
HIGHLIGHTS OF INNOVATIVE PROGRAMMES IN 2017



Pregnancy Pit Stop Seminar

YOUR A-Z GUIDE TO UNDERSTANDING INFERTILITY





ANNUAL REVIEW PLANNING & TEAM BUILDING 2016 @CAMERON HIGHLANDS



Group discussions for 2016 & 2017 activities



Team Building Activities



Good relationships among the colleagues ensure the success of projects / activities



CHAP GOH MEH 2016



TREATMENT ADHERENCE PEER SUPPORT (TAPS) PROJECT 2016
Stakeholders meetings (L), Support Group Session (M), Home visits(R)



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***The Malaysian Alliance that Protects,
Promotes and Supports our Sexual &
Reproductive Health and Rights.***

***For news, views and information on
legal & health issues and support services
go to www.rraam.org***

Hot line enquiries :-

***Please send text via WhatsApp to
+6012-477 2551 (fully confidential)***

***Institutional partners of RRAAM are Women's Aid Organisation (WAO),
Federation of Reproductive Health Association of Malaysia (FRHAM), Sisters in Islam,
Asian-Pacific Resource and Research Centre for Women (ARROW), All Women's Action
Society (AWAM), Health Equity Initiatives (HEI) and Association of Women Lawyers (AWL)***

PENANG FAMILY HEALTH DEVELOPMENT ASSOCIATION
(Persatuan Perkembangan Kesihatan Keluarga Pulau Pinang)
Registration No. : 1218

Reports and Financial Statements
for the financial year ended 31 December 2016

Contents

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Statement of Functional Expenses	9 – 11
Cash Flow Statement	12
Notes to the Financial Statements	13 - 20

PENANG FAMILY HEALTH DEVELOPMENT ASSOCIATION
(Persatuan Perkembangan Kesihatan Keluarga Pulau Pinang)
Registration No.: 1218

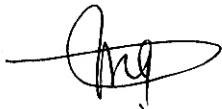
Statement By Members Of The State Executive Committee

We, the undersigned, being two of the members of the state executive committee of the Penang Family Health Development Association ("the Association"), do hereby state that, in the opinion of the state executive committee, the financial statements set out on pages 6 to 20 give a true and fair view of the state of affairs of the Association as at 31 December 2016 and of its results and cash flows for the financial year ended on that date, in accordance with the International Planned Parenthood Federation accounting policies and the provisions of the Societies Act 1966 in Malaysia.

On Behalf Of The Executive Committee



Yeap Meng Chee
Chairman



Ong Lay Seong
Honorary Treasurer

**Independent Auditors' Report To The Members Of
PENANG FAMILY HEALTH DEVELOPMENT ASSOCIATION
(Persatuan Perkembangan Kesihatan Keluarga Pulau Pinang)
Registration No.: 1218**

Report on the Financial Statements**Opinion**

We have audited the financial statements of **Penang Family Health Development Association** ("the Association"), which comprise the balance sheet as at 31 December 2016, and the statement of income, expenses and changes in undesignated fund, cash flow statement and notes to the financial statements, including a summary of significant accounting policies, as set out on pages 6 to 20.

In our opinion, the accompanying financial statements give a true and fair view of the financial position of the Association as at 31 December 2016, and of its financial performance and its cash flows for the year then ended in accordance with International Planned Parenthood Federation ("IPPF") accounting policies and the provisions of the Societies Act, 1966 in Malaysia.

Basis for Opinion

We conducted our audit in accordance with approved standards on auditing in Malaysia and International Standards on Auditing. Our responsibilities under those standards are further described in the Auditors' Responsibilities for the Audit of the Financial Statements section of our report. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Independence and Other Ethical Responsibilities

We are independent of the Association in accordance with the By-Laws (on Professional Ethics, Conduct and Practice) of the Malaysian Institute of Accountants ("By-Laws") and the International Ethics Standards Board for Accountants' Code of Ethics for Professional Accountants ("IESBA Code"), and we have fulfilled our other ethical responsibilities in accordance with the By-Laws and the IESBA Code.

Responsibilities of the Committee for the Financial Statements

The Committee of the Association is responsible for the preparation of financial statements of the Association that give a true and fair view in accordance with IPPF accounting policies and the Societies Act 1966 in Malaysia. The Committee is also responsible for such internal control as the Committee determine is necessary to enable the preparation of financial statements of the Association that are free from material misstatement, whether due to fraud or error.

PENANG FAMILY HEALTH DEVELOPMENT ASSOCIATION
(Persatuan Perkembangan Kesihatan Keluarga Pulau Pinang)
Registration No.: 1218

In preparing the financial statements of the Association, the Committee is responsible for assessing the Association's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting.

Auditors' Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements of the Association as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditors' report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with approved standards on auditing in Malaysia and International Standards on Auditing will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with approved standards on auditing in Malaysia and International Standards on Auditing, we exercise professional judgment and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements of the Association, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Association's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the Committee.
- Conclude on the appropriateness of the Committee's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Association's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditors' report to the related disclosures in the financial statements of the Association or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditors' report. However, future events or conditions may cause the Association to cease to continue as a going concern.

PENANG FAMILY HEALTH DEVELOPMENT ASSOCIATION
(Persatuan Perkembangan Kesihatan Keluarga Pulau Pinang)
Registration No.: 1218

- Evaluate the overall presentation, structure and content of the financial statements of the Association, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with the Committee regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Other Matters

This report is made solely to the members of the Association, as a body, in accordance with Societies Act 1966 in Malaysia and for no other purpose. We do not assume responsibility to any other person for the content of this report.



YEANG & CO
No. AF: 1062
Chartered Accountants



YEANG HOONG ON C.A.(M)
No. 1558/12/17 (J)
Partner

Penang

Date : 26 MAY 2017

PENANG FAMILY HEALTH DEVELOPMENT ASSOCIATION
(Persatuan Perkembangan Kesihatan Keluarga Pulau Pinang)
Registration No. : 1218

Balance Sheet
As At 31 December 2016

	Note	2016 RM			2015 RM
		Unrestricted	Donor Restricted	Total	Total
ASSETS					
Non-current assets					
Property, plant and equipment	4	113,775	-	113,775	92,106
Total non-current assets		113,775	-	113,775	92,106
Current assets					
Inventories	5	32,512	-	32,512	32,461
Receivables		1,013	-	1,013	16,434
Security deposits		13,133	-	13,133	13,888
Cash:-					
At bank and in hand		84,847	-	84,847	99,202
Interest bearing deposits		12,113	-	12,113	124,627
Interest bearing deposits - building fund		215,447	-	215,447	205,455
Total current assets		359,065	-	359,065	492,067
TOTAL ASSETS		472,840	-	472,840	584,173
LIABILITIES AND FUND BALANCES					
Non-current liabilities:-					
Hire purchase creditor	9	27,906	-	27,906	-
Total non-current liabilities		27,906	-	27,906	-
Current liabilities:-					
Payables and accrued expenses		5,610	-	5,610	4,736
Tenant deposits		1,950	-	1,950	1,750
Hire purchase creditor	9	7,257	-	7,257	-
Total current liabilities		14,817	-	14,817	6,486
TOTAL LIABILITIES		42,723	-	42,723	6,486
Fund balances:-					
Designated fund	6	56,711	-	56,711	56,711
Donor restricted global fund		-	31,090	31,090	12,149
Undesignated fund		340,852	(15,565)	325,287	496,532
Inventories fund	7	17,029	-	17,029	12,295
Total fund balances		414,592	15,525	430,117	577,687
TOTAL LIABILITIES AND FUND BALANCES		457,315	15,525	472,840	584,173

PENANG FAMILY HEALTH DEVELOPMENT ASSOCIATION
(Persatuan Perkembangan Kesihatan Keluarga Pulau Pinang)

Registration No. : 1218

Statement of Income, Expenses And Changes in Undesignated Fund
For The Financial Year Ended 31 December 2016

	2016 RM		2015 RM
	Unrestricted	Donor Restricted	Total
GRANT INCOME:-			
DONORS:-			
- MAC/MOH/TAPS	-	37,309	37,309
- MAC/MAF	-	12,516	12,516
- GLOBAL FUND/KEDAH	-	228,666	228,666
- GLOBAL FUND/PENANG	-	118,548	118,548
- FRHAM/IPPF	-	12,407	12,407
- Penang Medical College	-	1,500	1,500
- FRHAM-EXELTIES	-	2,500	2,500
- FRHAM-UNFPA	-	26,855	26,855
- FRHAM-JAPANESE EMBASSY	-	-	-
- Release of inventories fund to Income	13,508	-	13,508
- NCWO/OGSM COURSE	2,800	-	2,800
	16,308	440,301	456,609
Other income:-			
Clinic income	137,363	-	137,363
Contraceptive sales	26,994	-	26,994
Rental income	12,000	-	12,000
Membership fee	480	-	480
Donation/Sponsorship	19,560	-	19,560
Fixed deposit interest	11,868	-	11,868
Disposal of fixed assets	-	-	-
Dividend received	-	-	-
	208,265	-	208,265
	224,573	440,301	664,874

PENANG FAMILY HEALTH DEVELOPMENT ASSOCIATION
(Persatuan Perkembangan Kesihatan Keluarga Pulau Pinang)
Registration No. : 1218

Statement of Income, Expenses And Changes in Undesignated Fund
For The Financial Year Ended 31 December 2016 (cont'd)

	<u>2016</u>			<u>2015</u>
	Unrestricted	Donor Restricted	Total	Total
	RM			RM
Total Income brought forward	224,573	440,301	664,874	870,120
Expenses:-				
05/01 : Family Planning & SRH Services	209,856	12,959	222,815	201,751
05/02 : Women's Development	-	-	-	-
05/03 : Advocacy	226	-	226	251
05/04 : Young People & SRH	1,218	-	1,218	1,395
05/05 : AIDS/HIV	-	442,907	442,907	600,080
05/06 : Abortion-Related Programme	-	-	-	10,084
05/07 : Staff & Volunteer Development	107	-	107	-
05/08 : Resource Mobilisation & Fund Raising	412	-	412	7,010
05/09 : Planning, Reporting, Monitoring & Evaluation	42,218	-	42,218	62,568
05/10 : Governance, Management & Administration	95,393	-	95,393	110,310
Total project expenses	349,430	455,866	805,296	993,449
Depreciation	30,823	-	30,823	35,793
Total Expenses	380,253	455,866	836,119	1,029,242
Deficit of Income over expenses	(155,680)	(15,565)	(171,245)	(159,122)
Undesignated fund as at 1 January	496,532	-	496,532	655,654
Undesignated fund as at 31 December	340,852	(15,565)	325,287	496,532

PENANG FAMILY HEALTH DEVELOPMENT ASSOCIATION
(Persatuan Perkembangan Kesihatan Keluarga Pulau Pinang)
Registration No.:1218

Statement of Functional Expenses
For The Financial Year Ended 31 December 2016

	2016										2015	
	05/01	05/02	05/03	05/04	05/05	05/06	05/07	05/08	05/09	05/10	Total	RM
Advertisement	-	-	-	-	-	-	-	-	-	103	103	165
Affiliation fee/Subscription	-	-	-	-	100	-	-	-	-	200	300	200
Ang pow	-	-	-	-	-	-	-	-	-	-	-	140
Allowance	2,660	-	-	-	9,310	-	-	-	-	898	12,868	480
Accounting charges	-	-	-	-	-	-	-	-	-	4,900	4,900	8,400
Audit fee	-	-	-	-	-	-	-	-	-	1,200	1,200	1,000
Accommodation	-	-	-	-	2,142	-	-	-	-	-	2,142	1,854
Bank charges	-	-	-	-	525	-	-	-	-	180	705	477
Banner charges	605	-	-	-	-	-	-	-	-	60	665	146
Clinic purchase peripherals/ office cleaning & maintenance	2,038	-	-	-	4,094	-	-	-	-	4,014	10,146	21,021
Courier charges/Postage	297	-	-	-	496	-	-	-	-	501	1,294	924
Computer accessories & repairs	1,108	-	-	-	1,798	-	-	-	-	1,362	4,268	3,506
Contraceptives and consumables	13,508	-	-	-	-	-	-	-	-	-	13,508	24,851
Domain & hosting Fee	-	-	-	-	-	-	-	-	-	120	120	60
Fire extinguisher	-	-	-	-	-	-	-	-	-	-	-	81
GST paid	3,055	-	-	-	496	-	-	-	24	1,821	5,397	3,651
Balance carried forward	23,271	-	-	-	18,961	-	-	-	24	15,359	57,616	66,956

PENANG FAMILY HEALTH DEVELOPMENT ASSOCIATION
(Persatuan Perkembangan Kesihatan Keluarga Pulau Pinang)
Registration No.:1218

Statement of Functional Expenses
For The Financial Year Ended 31 December 2016

	2016											2015
	RM											RM
	05/01	05/02	05/03	05/04	05/05	05/06	05/07	05/08	05/09	05/10	Total	Total
Balance brought forward	23,271	-	-	-	18,961	-	-	-	24	15,359	57,616	66,956
Honorarium/Token/Consultancy	3,403	-	-	-	-	-	-	-	-	-	3,403	7,589
Hospitality/Refreshment	6,956	-	71	331	6,073	-	107	81	81	1,588	15,208	13,122
Hire purchase interest	-	-	-	-	-	-	-	-	923	-	923	-
Hire purchase processing fee	100	-	-	-	-	-	-	-	-	-	100	-
Library books/Journal	-	-	-	-	-	-	-	-	-	-	-	4
Local purchases	57,032	-	-	-	-	-	-	-	-	-	57,032	67,434
Meeting / Seminar / Training	174	-	-	-	-	-	-	-	-	-	174	26,083
Occupancy	9,183	-	-	-	2,900	-	-	-	-	14,967	27,050	29,589
Office expenses	731	-	-	-	910	-	-	-	-	190	1,831	3,291
Telecommunication and postage	5,868	-	-	30	4,837	-	-	-	-	3,770	14,506	15,618
PAP smear labs charges	27,243	-	-	-	-	-	-	-	-	-	27,243	18,335
Personnel cost	67,386	-	-	-	374,146	-	-	-	41,007	37,072	519,611	658,478
Printing and stationary	2,332	-	7	72	3,550	-	-	395	-	6,434	12,790	12,508
Projector rental	650	-	-	-	-	-	-	-	-	-	650	-
Professional fees	-	-	-	-	-	-	-	-	-	380	380	318
Balance carried forward	204,329	-	78	433	411,377	-	107	395	42,035	79,760	738,517	919,325

PENANG FAMILY HEALTH DEVELOPMENT ASSOCIATION
(Persatuan Perkembangan Kesihatan Keluarga Pulau Pinang)
Registration No.:1218

**Statement of Functional Expenses
For The Financial Year Ended 31 December 2016**

	2016 RM										2015 RM	
	05/01	05/02	05/03	05/04	05/05	05/06	05/07	05/08	05/09	05/10	Total	Total
Balance brought forward	204,329	-	78	433	411,377	-	107	395	42,035	79,760	738,517	919,325
Rental of equipment	4,122	-	-	-	-	-	-	-	-	-	4,122	500
ROS registration fee	-	-	-	-	-	-	-	-	-	-	-	10
Souvenir items	-	-	-	-	-	-	-	-	-	-	-	72
Travel and per diem	5,298	-	148	784	29,485	-	-	17	183	1,668	37,583	48,778
Uniforms/Tailoring/Shoes	-	-	-	-	-	-	-	-	-	2,335	2,335	2,796
Utilities	6,066	-	-	-	2,045	-	-	-	-	7,802	15,913	13,925
VCD & photo	3,000	-	-	-	-	-	-	-	-	-	3,000	-
Vehicle running costs	-	-	-	-	-	-	-	-	-	3,826	3,826	6,743
Wellness for Age expenses	-	-	-	-	-	-	-	-	-	-	-	1,300
Total	222,815	-	226	1,217	442,907	-	107	412	42,218	95,391	805,296	993,449

PENANG FAMILY HEALTH DEVELOPMENT ASSOCIATION
(Persatuan Perkembangan Kesihatan Keluarga Pulau Pinang)
Registration No.: 1218

Cash Flow Statement
For The Financial Year Ended 31 December 2016

	Note	<u>2016</u> RM	<u>2015</u> RM
CASH FLOWS FROM OPERATING ACTIVITIES			
Deficit of income over expenses		(171,245)	(159,122)
Adjustments for:-			
Depreciation	4	30,823	35,793
Interest income		(11,868)	(11,911)
Interest paid		923	-
Release of inventories fund to income	7	(13,508)	(24,851)
		6,370	(969)
		(164,875)	(160,091)
Changes in working capital:-			
Inventories		18,191	23,444
Receivables		16,176	(947)
Payables		1,074	(4,662)
		35,441	17,835
Interest paid		(923)	-
Net cash change in operating activities		(130,357)	(142,256)
CASH FLOWS FROM INVESTING ACTIVITIES			
Interest received		11,868	11,911
Purchase of property, plant and equipment	10	(12,492)	(4,580)
Net cash change in investing activities		(624)	7,331
CASH FLOWS FROM FINANCING ACTIVITIES			
Increase in donor restricted global fund		18,941	12,149
Payment of hire purchase creditor		(4,837)	-
Net cash change in financing activities		14,104	12,149
Net change in cash and cash equivalents		(116,877)	(122,776)
Cash and cash equivalents as at 1 January		429,284	552,060
Cash and cash equivalents as at 31 December	8	312,407	429,284

PENANG FAMILY HEALTH DEVELOPMENT ASSOCIATION
(Persatuan Perkembangan Kesihatan Keluarga Pulau Pinang)
Registration No.: 1218

Notes To The Financial Statements
For The Financial Year Ended 31 December 2016

1. Organisation Structure And Nature Of Activities

The Penang Family Health Development Association (the "Association" or "FHDA") is a voluntary not-for-profit organisation registered in 1961.

Objects:

- To promote Sexual and Reproductive Rights as Human Rights.
- To encourage individuals to take control of their reproductive lives.
- To educate the public on the relationship between population, resources, development, environment and family planning.
- To promote equality between men and women.
- To promote choices in Reproductive Health.
- To act as the liaison body between associate members, the Federation of Reproductive Health Associations, Malaysia, National Population and Family Development Board, Ministry Of Health and any other agencies interested in Reproductive Health.
- To raise funds in furtherance of the above objectives.

The FHDA shall not discriminate on grounds of race, creed, colour, political belief or sex and provide for a widely based membership.

Its main programme is promoting access to Sexual & Reproductive Health, family health and family development services using five key strategies known as 5As (Access, Advocacy, Adolescents, AIDS and Abortion). The administration office is located at 333 Perak Road, 11600 Penang, and also houses:

- One of the clinics (Klinik FHDA Jalan Perak)
- Tunku Ismail Jewa Centre (formerly known as Family Development Centre) launched on 24 October 2009 in memory of the Association's late past president.
- Youth Advisory Centre for youth-with-youth activities.

The Association is a member of the Federation of Reproductive Health Associations, Malaysia ("FRHAM").

The number of employees of the Association as at 31 December 2016 is 18 (2015: 25).

PENANG FAMILY HEALTH DEVELOPMENT ASSOCIATION
(Persatuan Perkembangan Kesihatan Keluarga Pulau Pinang)
Registration No.: 1218

Notes To The Financial Statements
For The Financial Year Ended 31 December 2016

1. Organisation Structure And Nature Of Activities (Cont'd)

Principal sources of revenue are project grants channeled through the FRHAM and International Planned Parenthood Federation ("IPPF"), Malaysian government, Malaysian AIDS Council ("MAC"), Global Fund and D' Me & U clinic services.

In order to carry out its tasks, the Association conducts the following services:-

- a) Providing clinical reproductive health screening and family wellness services, sexually transmitted infections (STI) clinic, contraception and abortion counselling;
- b) Supporting HIV/AIDS prevention, screening, treatment adherence peer support at Hospital Sultanah Bahiyah and Hospital Seberang Jaya and charity supplies rendered to families living with HIV;
- c) Conducting health information, education and communication campaigns, which cover the undeserved and underprivileged communities (such as lower income, elderly, disabled) through outreach mobile clinics and by applying audiovisual materials;
- d) Empowering young people on sexual and reproductive health and rights to make life choices through youth camps and youth peer activities;
- e) Improving access to family and sexual health services to marginalized groups and their families. The marginalised groups classified as key populations by the United Nations include sex workers (SW), men who have sex with men (MSM), transgender / transsexual (TG/TS), drug users (DU);
- f) To implement the programme by hiring staff, maintaining equipment and buildings for the office, centres and clinics at Perak Road, Kampung Kolam in George Town, Jalan Pegawai in Bukit Mertajam, Penang and Jalan Perusahaan Tandop, Alor Setar;
- g) Assessing and reporting the effect and conduct of the 5As strategies undertaken.

PENANG FAMILY HEALTH DEVELOPMENT ASSOCIATION
(Persatuan Perkembangan Kesihatan Keluarga Pulau Pinang)
Registration No.: 1218

Notes To The Financial Statements
For The Financial Year Ended 31 December 2016

2. Basis Of Accounting

The financial statements are prepared and presented in accordance with the IPPF accounting policies as stated in the notes.

3. Significant Accounting Of Policies

All significant accounting policies set out below are consistent with those applied in the previous financial year.

3.1 Property, Plant and Equipment

Property, plant and equipment are stated at cost less accumulated depreciation except for the following:-

- (a) Property, plant and equipment donated as gifts by IPPF are stated at IPPF's value.
- (b) Property, plant and equipment which cost less than RM1,000 each are written off in the financial year of purchase.

Property, plant and equipment are depreciated on a straight-line basis to write off the cost of each asset over its estimated useful life at the following annual rates:-

Freehold building	5%
Leasehold building	5%
Equipments	5% - 20%
Furniture and fittings	20%
Motor vehicles	20%
Renovation	10%
Signboard	10%

The value of property, plant and equipment donated is credited to the property, plant and equipment fund, and thereafter released to income over their estimated useful lives.

PENANG FAMILY HEALTH DEVELOPMENT ASSOCIATION
(Persatuan Perkembangan Kesihatan Keluarga Pulau Pinang)
Registration No.: 1218

Notes To The Financial Statements
For The Financial Year Ended 31 December 2016

3. Significant Accounting Policies (cont'd)

3.2 Inventories

Inventories are stated on the following bases:-

- (a) Inventories purchased locally are stated at cost.
- (b) Inventories donated by IPPF are stated at the landed cost of inventories at port of entry. Customs clearing and forwarding charges are expensed during the financial year of acquisition.
- (c) Inventories donated by third party donors are capitalised at their estimated fair market value if determinable, or at estimated replacement cost. In cases where the estimated value is not provided by the donor and is otherwise unobtainable, valuation is established by using the current IPPF commodity price list, or where this is not applicable, by consulting with the IPPF Regional Office. The value of inventories donated is credited to the inventories fund and released to income when consumed.

3.3 Receivables

Receivables are carried at the anticipated realisable value. Known bad debts are written off in the financial year in which they are identified.

3.4 Cash and Cash Equivalents

Cash and cash equivalents comprise cash and bank balances and interest bearing deposits.

3.5 Income Recognition

All grants are recognised on an accrual basis. Where income from donors is restricted for specific activities, the income is deferred and released to income when the funds are expended on those specific activities.

PENANG FAMILY HEALTH DEVELOPMENT ASSOCIATION
(Persatuan Perkembangan Kesihatan Keluarga Pulau Pinang)
Registration No.: 1218

Notes To The Financial Statements
For The Financial Year Ended 31 December 2016

4. Property, Plant and Equipment

COST	Balance at 1.1.2016 RM	Additions RM	Disposals/ Reversal RM	Balance at 31.12.2016 RM
Freehold building	190,000	-	-	190,000
Leasehold building	90,025	-	-	90,025
Equipments	204,596	51,764	-	256,360
Furniture and fittings	10,767	-	-	10,767
Motor vehicles	110,694	-	-	110,694
Renovation	52,360	-	-	52,360
Signboard	650	728	-	1,378
	<u>659,092</u>	<u>52,492</u>	<u>-</u>	<u>711,584</u>

ACCUMULATED DEPRECIATION	Balance at 1.1.2016 RM	Additions RM	Disposals/ Reversal RM	Balance at 31.12.2016 RM
Freehold building	123,500	9,500	-	133,000
Leasehold building	90,025	-	-	90,025
Equipments	195,588	15,762	-	211,350
Furniture and fittings	10,557	197	-	10,754
Motor vehicles	110,692	-	-	110,692
Renovation	36,624	5,226	-	41,850
Signboard	-	138	-	138
	<u>566,986</u>	<u>30,823</u>	<u>-</u>	<u>597,809</u>

CARRYING AMOUNT	<u>2016</u> RM	<u>2015</u> RM
Freehold building	57,000	66,500
Leasehold building	-	-
Equipments	45,010	9,008
Furniture and fittings	13	210
Motor vehicles	2	2
Renovation	10,510	15,736
Signboard	1,240	650
	<u>113,775</u>	<u>92,106</u>

The buildings are held in trust by trustees for the Association. The title deed in respect of the leasehold building is registered in the names of the trustees while the title deed in respect of the freehold building is pending registration into the trustees' names as at 31 December 2016.

PENANG FAMILY HEALTH DEVELOPMENT ASSOCIATION
(Persatuan Perkembangan Kesihatan Keluarga Pulau Pinang)
Registration No.: 1218

Notes To The Financial Statements
For The Financial Year Ended 31 December 2016

5. Inventories

Type of contraceptives/medical supplies	2016		2015
	Quantity	Value RM	Value RM
(a) Antibiotic (tablets)	1,117	139	40
(b) Anti-Fungal	4,264	2,221	1,277
(c) Condoms (gross)	9,518	18,242	13,508
(d) Hormone Replenishment Therapy	464	4,094	7,493
(e) Others	14,340	4,438	4,054
(f) Vitamin (tablets)	3,744	3,160	5,010
(g) Anti Hypertensive	267	209	865
(h) Lipid Lowering	30	9	214
TOTAL		32,512	32,461

6. Designated Fund

	Unrestricted		Total RM
	Termination Reserve	Clinical Service Reserve	
	RM	RM	
<u>2016</u>			
Balance as at 1 January	20,753	35,958	56,711
Transfer to unrestricted fund	-	-	-
Balance as at 31 December	20,753	35,958	56,711
<u>2015</u>			
Balance as at 1 January	20,753	35,958	56,711
Transfer to unrestricted fund	-	-	-
Balance as at 31 December	20,753	35,958	56,711

PENANG FAMILY HEALTH DEVELOPMENT ASSOCIATION
(Persatuan Perkembangan Kesihatan Keluarga Pulau Pinang)
Registration No.: 1218

Notes To The Financial Statements
For The Financial Year Ended 31 December 2016

7. Inventories Fund

	<u>2016</u> RM	<u>2015</u> RM
Balance as at 1 January	12,295	23,638
Inventories donated by IPPF	18,242	13,508
Amount released to income	(13,508)	(24,851)
Balance as at 31 December	<u>17,029</u>	<u>12,295</u>

8. Cash and Cash Equivalents

	<u>2016</u> RM	<u>2015</u> RM
Cash at bank and in hand	84,847	99,202
Interest bearing deposits	12,113	124,627
Interest bearing deposits - building fund	215,447	205,455
	<u>312,407</u>	<u>429,284</u>

9. HIRE PURCHASE CREDITOR

	<u>2016</u> RM	<u>2015</u> RM
Total commitments payable :		
Payable not later than 1 year	9,600	-
Payable later than 1 year but not later than 5 years	30,720	-
	<u>40,320</u>	<u>-</u>
Less : Term charges	(5,157)	-
	<u>35,163</u>	<u>-</u>
Representing hire purchase liabilities :		
Due not later than 1 year	7,257	-
Due later than 1 year but not later than 5 years	27,906	-
	<u>35,163</u>	<u>-</u>

The effective interest rate of the hire purchase is 7.12% (2015: NIL) per annum.

PENANG FAMILY HEALTH DEVELOPMENT ASSOCIATION
(Persatuan Perkembangan Kesihatan Keluarga Pulau Pinang)
Registration No.: 1218

10. PURCHASE OF PROPERTY, PLANT AND EQUIPMENT

	<u>2016</u>	<u>2015</u>
	RM	RM
Aggregate cost of property, plant and equipment acquired	52,492	4,580
Less : Amount financed by hire purchase	<u>(40,000)</u>	<u>-</u>
Purchase of property, plant and equipment by cash	<u>12,492</u>	<u>4,580</u>

11. Income Tax

The Federation of Reproductive Health Association, Malaysia ("the Federation") and its affiliated members have been exempted from income tax under Section 127 (1)(b) of the Income Tax Act 1967 in Malaysia. However, under the Finance Act 1986 in Malaysia, this exemption had been withdrawn with effect from the financial year ended 31 December 1987 (year of assessment 1988).

On 24 October 1990 and 15 December 1990, approval was obtained from the Director of Inland Revenue Board for the Federation and its affiliated members to be exempted from income tax with effect from the year of assessment 1988 (financial year ended 31 December 1987) under Paragraph 13 Schedule 6 of the Income Tax Act 1967 (as amended) in Malaysia. Hence, no provision for income tax has been made in the financial statements of the Federation.

By virtue of the Association being a member of the Federation, no provision for income tax was made in the financial statements of the Association. This is consistent with the basis adopted in the financial statements of the Federation.

THANK YOU

from the bottom of our hearts to our supporters, resource persons, the mass media and staff. We could not have done it without you.

The Deputy Health Minister, Dato' Seri Dr Hilmi Bin Haji Yahaya, the Ministry of Health, Malaysian AIDS Council (MAC), the Penang State Health Department, the Majlis Bandaraya Pulau Pinang, the Royal Malaysian Police Penang contingent, and government hospitals and district health officers, for the official launch of community based testing (HIV rapid tests) at Penang FHDA office.

The MAC, the Ministry of Health and the Global Fund for grants, training, technical support and cooperation in the harm reduction projects " MAC Case Management Project for SW and TG; and MSM", Jul 2016-Dec 2018, and the support project for PLHIV receiving Anti Retroviral Therapy "Treatment Adherence Peer Support (TAPS)" Project 2016, in Penang and Kedah.

The State Health Departments of Kedah and Penang, the Hospital Sultanah Bahiyah, Alor Setar, the Hospital Seberang Jaya, Penang; the government health clinics of Butterworth and Seberang Jaya for collaboration in the TAPS project.

The State Health Departments of Kedah and Penang, the government clinics of Bandar Alor Setar, Bandar Sungai Petani (both in Kedah), Jalan Macalister, Bayan Baru, Butterworth, Seberang Jaya and Bukit Panchor (all five clinics in Penang state) for collaboration in the Case Management project. The family medicine specialists of the clinics for being resource persons and sending key staff to attend desensitisation and "kick-off" training of this project. Social Welfare Department and Jabatan Hal Ehwal Agama Islam Pulau Pinang for providing support regarding clients. The MAC for selecting staff Ms Christine Low, the Programme Manager of the previous project, as a site consultant in the re-programming phase; and accepting staff Ms Engie Ng as the Acting Programme Manager for the re-programming (6 months).

MAC for inviting Ms Engie Ng to be the trainer and local consultant for the first ever SRHR training provided to women using drugs in Malaysia.

The Federation of Reproductive Health Associations, Malaysia (FRHAM) and International Planned Parenthood Federation for contraceptive supplies, and for the training to pilot the e-Clinical Management Information System (e – CMIS) and the technical support for the in country accreditation review and accreditation exercise.

CONTACT PENANG FHDA

TUNKU ISMAIL JEWEL CENTRE FHDA office

No. 333 JALAN PERAK,
11600 PENANG, MALAYSIA

Tel: 04-281 3144

Fax: 04-281 9380

Email: info@fhdapenang.org

Open: Tue – Sat: 8.30am – 6.00pm

Closed: Sun, Mon & Public Holidays.

1st and 3rd Friday evenings:

Free HIV testing and screening for men,
walk-in 7.30pm-9.30pm.

Advice and information on
STI/HIV, sexuality, HIV post exposure
prophylaxis and unintended pregnancy
(by phone-in appointment).

FHDA Clinic D'Me & U

No. 16/18 KAMPUNG KOLAM,
10200 PENANG.

Tel/fax: 04-262 2225

Tel: 04-251 9654

Open: Tue to Sat: 8.30am – 6.00pm

Closed: Sun, Mon & Public Holidays

Doctor's Session:

Wed: 9.30am – 12.00 noon

Thu: 9.30am – 12.00 noon

Fri: 9.30am – 12.00 noon

Sat: 9.30am – 12.00 noon

Blood Screening:

First & third Saturday of each month:
8.30am – 10.00am

B.M.FHDA

No. 18F JALAN PEGAWAI,
10400 BUKIT MERTAJAM, PENANG.

Tel/fax: 04-539 1191 / 04-530 7445

Fax: 04-530 7445

Open: Tue – Sat: 8.30am – 6.00pm

Closed: Sun, Mon & Public Holidays.

Penang FHDA

Integrated Package of Essential Services (IPES) including for young people

1. Counselling:

Sex, sexuality and relationship counselling relating to pregnancy, fertility, abuse and health.

2. Contraception:

Counselling and provision of contraceptives including emergency contraception, implants and long acting reversible contraception and referrals for permanent methods.

3. Safe abortion care:

Pre and post abortion counselling, contraception education and referrals.

4. STIs/RTIs:

STI treatment, counselling and laboratory tests.

5. HIV:

Pre and post test counselling and HIV tests, risk assessment, treatment adherence, psychosocial support and referrals.

6. Gynaecology:

Pap smear, breast examination, HPV vaccination and referral.

7. Prenatal care:

Confirmation of pregnancy, prenatal care and referral for obstetric care.

8. Gender-based violence (GBV):

GBV referral to Women's Centre for Change legal protection and onward OSCC clinical services.

The above is an adapted summary from the IPPF comprehensive sexual and reproductive health service framework for member associations.

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All those who have helped Penang FHDA in one way or another.

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For enquiry, please contact:
Mr. Andrew Gooi {+6012-4621752}